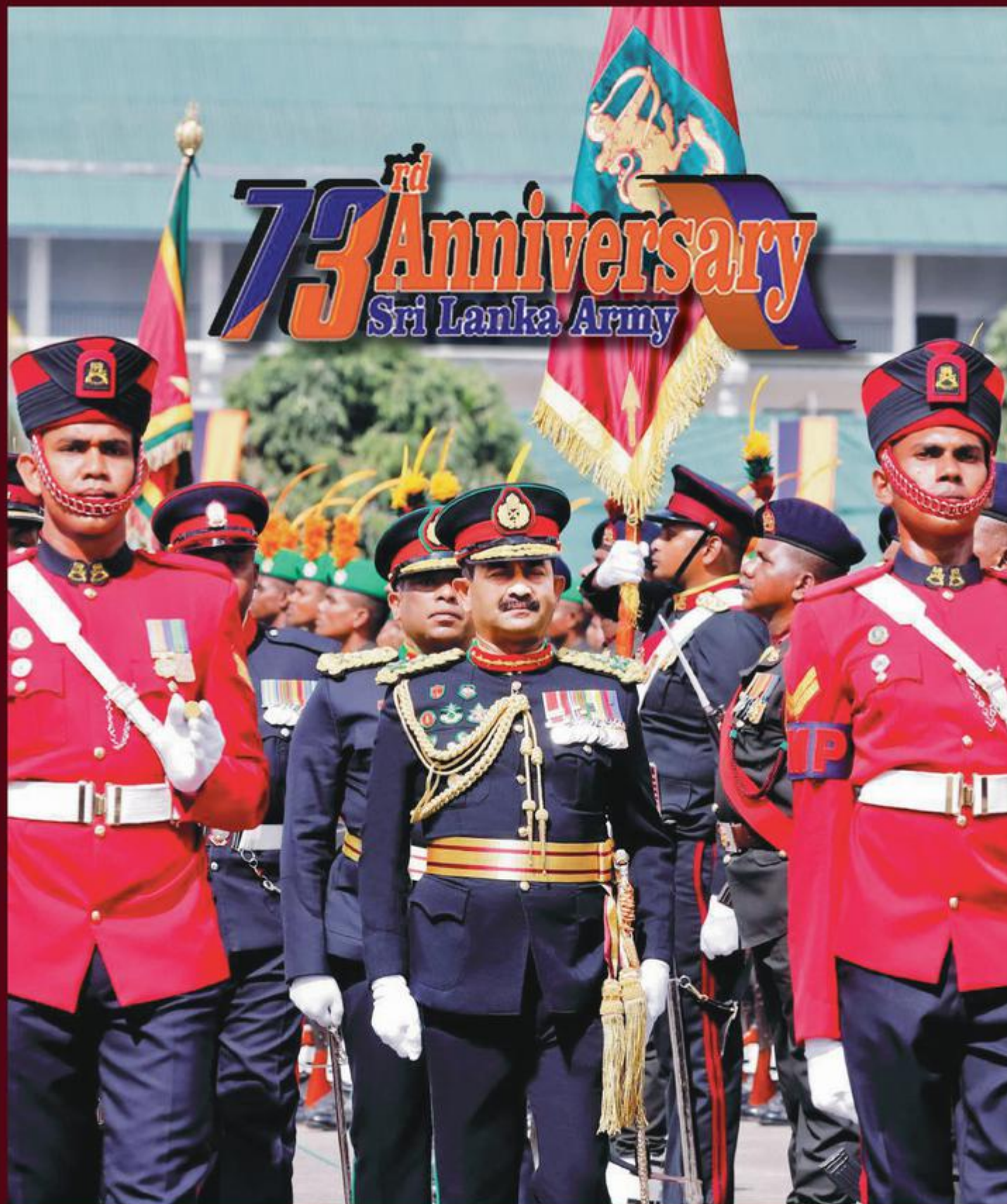




OCTOBER 2022 18th Issue

Ranaviruwā



Maiden Copies of Keystone Doctrines Released



The maiden copies of the Army Keystone Doctrines and twelve General Staff Publications, compiled by the Directorate of Research Concept and Doctrine at the Army Headquarters were presented to General GDH Kamal Gunaratne (Rtd) WWV RWP RSP USP ndc psc MPhil Secretary to the Ministry of Defence as a segment of the 73rd Army Anniversary on 11 October 2022.

General GDH Kamal Gunaratne (Rtd) WWV RWP RSP USP ndc psc MPhil Secretary to the Ministry of Defence graced the event as the Chief Guest, and accepted the first copies of those publications from Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army during a brief ceremony held at the Army Headquarters. E-copies of the publications of the Army Keystone Doctrines were also simultaneously launched by the Chief Guest. Major General TJ Kodituwakku RWP RSP ndu Chief of Staff and several Senior Officers participated in the charming ceremony.





The customary all-night 'Pirith' chanting- the final religious segment of the 73rd Army Anniversary and Army Day (10 October) was held on 7 October 2022 at the Sri Jayawardenepura Army Headquarters with the participation of prominent Buddhist monks.

The final segment of a series of multi religious arrangements that invoked spiritual blessings on the country's most sought service provider-the Army was attended by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army as the Chief Guest at the invitation of the Army Buddhist Association.



Army Buddhist Association organised all-night 'Pirith' chanting, was led by Venerable Aluthnuwara Anuruddha Nayake Thero Chief Incumbent, Kotte Raja Maha Viharaya together with Venerable Eethalawetunuwewe Gnanathilaka Thero Chief Incumbent at Mirisawetiya and Chancellor of Rajarata University. Venerable Uduwe Dhammaloka Thero Incumbent, Alan Methiniyaramaya, Polhengoda, Venerable Walahahengunuwewe Dhammarathana Thero Chief Incumbent, Mihintale Rajamaha Vihara and several other leading Buddhist monks participated in the religious event.



73rd Army Day Celebrated with Colourful Pageantry

The Sri Lanka Army which led a sustained crusade against ruthless terrorism and brought durable peace to the Nation, celebrated its 73rd Anniversary on Monday (10 October) with grandeur at Panagoda.

Lieutenant General H L V M Vikum Liyanage RWP RSP ndu Commander of the Army added dignity and prominence to the commemoration as the Chief Guest amid the fluttering Army Flag and multi-coloured flags of all regiments and formations providing a dramatic backdrop for the formal spectacle in the premises.

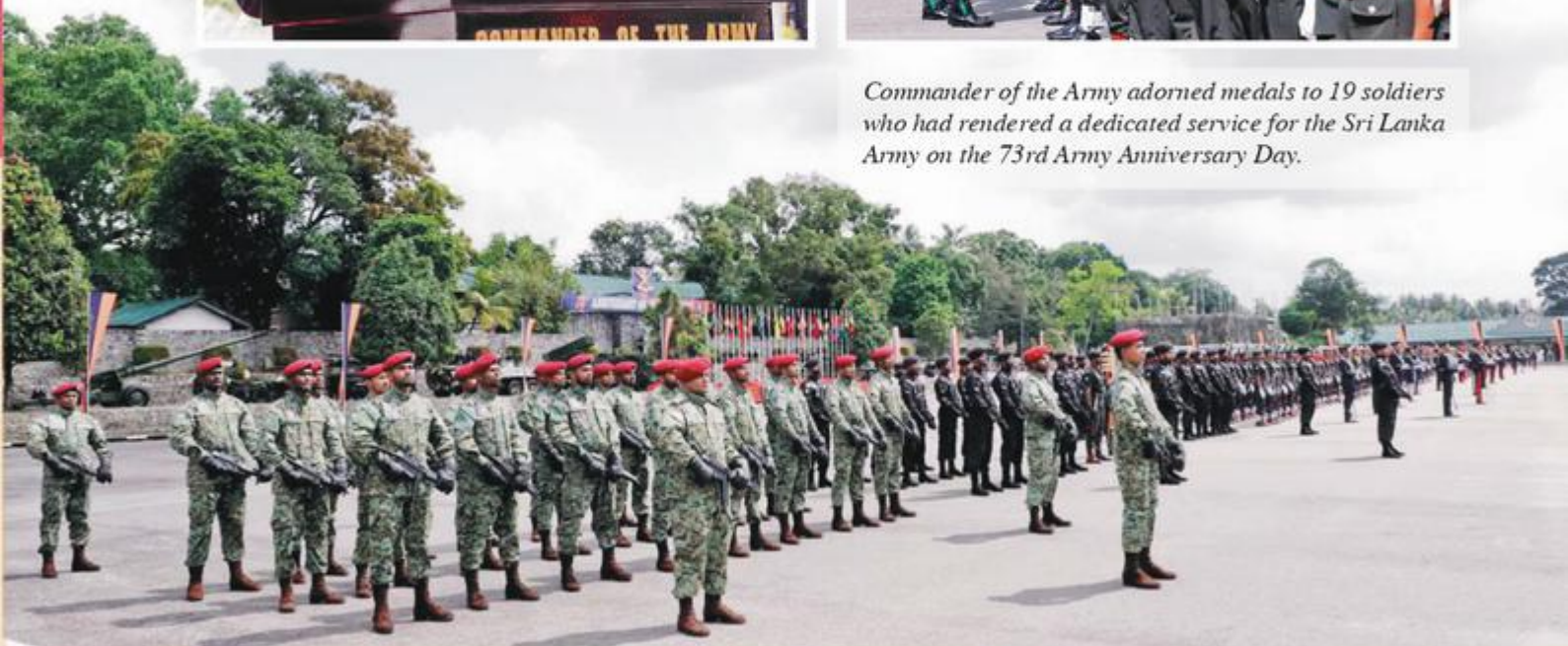
Army Day parade was commanded by Major General SUMN Manage WWV RWP RSP psc Director General General Staff, together with Brigadier GWA Senevirathna USP psc Director Research Concept and Doctrine, Second-in- Command with the consist of 77 Officers and 652 Other Ranks of all 25 regiments with colours squads. The Chief Guest, afterwards pinned newly introduced Army Commander's Commendation Badge on 19 selected Army personnel who have made the organisation proud. The laureates were distinct achievers of bravery with the capacity to overcome any threat which challenges the national security.



The glittering event was attended by Mrs Janaki Liyanage President, Army Seva Vanitha Unit, Major General TJ Kodithuwakku RWP RSP ndu Chief of Staff, Major General DGS Senarath Yapa RWP RSP ndu and Major General MGWWWMCB Wickramasinghe RWP RSP ndu psc Adjutant General, Principal Staff Officers, Security Force Commanders, Officers and Other Ranks.



Commander of the Army adorned medals to 19 soldiers who had rendered a dedicated service for the Sri Lanka Army on the 73rd Army Anniversary Day.





Army Commander introduced “Commendation Badge” for the first time in the Sri Lanka Army History

With the termination of 30 year prolonged war of the country, the Sri Lanka Army began to expand its primary combat role, under diverse spheres including public security in various aspects in everyday life. However, there has been no tangible means and methods to recognise and reward the individuals, who have made an exceptional contribution to enhance the operational and administrative efficiency and effectiveness of the Sri Lanka Army, performing beyond the entrusted duties, tasks and responsibilities as a member of the Sri Lanka Army and those who ensured the social security safeguarding the lives in an individual act of bravery performed voluntarily with no regard of own life in a task/occasion of non-operational nature.

Driven by his sincerest interests to address this timely requirement, and fulfilling his quest to absorb the essence of the standards of worldwide military traditions into the Sri Lanka Army, the Commander



Sri Lanka Army Commendation Badge



of the Army Lieutenant General H L V M Liyanage RWP RSP ndu introduced the "Commendation Badge" for the first time in Sri Lanka history after 73 years.

Accordingly, the Commendation Badge is awarded to the members of the Sri Lanka Army in appreciation of the exceptional services/victories and talents or skills. A member of the Sri Lanka Army qualifies to receive the Commendation Badge and the certificate, for his/her direct contribution of national or Army level to enhance

the reputation of the country by evoking pride, efficiency and respect of the Sri Lanka Army. The Commander of the Army holds the solemn authority to adorn the Commendation Badge which will be awarded annually in line with the Army Day.

The Commendation Badge shall be awarded for a maximum of five times and each star under the Army Crest indicates the number of times the badge has been awarded. Priority will be given to the receivers of this medal at the selection tests and

"This Commander's Commendation Badge is awarded for the members of the Sri Lanka Army who had rendered a dedicative service beyond the assigned duties, tasks and responsibilities and those who exceptionally contributed to ensure the social security safeguarding the life or lives of a person or personnel through the individual acts of bravery performed voluntarily with no regard to his own life in a non-operational nature as a proud member of the Sri Lanka Army for the wellbeing of the organisation".

welfare matters.

Accordingly, 21 members of the Sri Lanka Army who rendered a dedicated service for the wellbeing of the organisation received this Commendation Badge on 10 October 2022 in line with the 73rd Army Day held at Sri Lanka Light Infantry Regiment premises, Panagoda. Adjutant General's Branch worked in liaison with the Directorate of Personnel Administration in order to turn this commendable concept of the Commander of the Army a reality.



73rd Anniversary
Sri Lanka Army

Army Anniversary Dinner at Panagoda



The Anniversary Dinner was held at Panagoda Army cantonment under the patronage of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army with a representative gathering of soldiers belonging to all regiments on 10 October 2022.

The fellowship dinner, introduced at the time of the 60th Army Anniversary after the victory over terrorism in 2009, is customarily held ever since making a mass transit platform to all ranks in the Army, where they are able to meet one another in a friendly milieu once a year to exchange of pleasantries.





73rd Army Anniversary Remembered Precious Sacrifices of Fallen War Heroes



In line with the 73 years of victorious existence, Sri Lanka Army refreshed the memories of invaluable sacrifices of War Heroes in a solemn, dignified commemorative ceremony held on 6 October 2022 at Battaramulla War Heroes' Monument (Ranaviru Smarayakaya). Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army graced the event as the Chief Guest of this formal commemorative event on 73rd Army Anniversary Day (10 October 2022).

This prominent gesture of gratitude is held every year to immortalise cherished memories of fallen War Heroes of the Sri Lanka Army, after the successful eradication of terrorism from Sri Lanka 13 years ago. Senior Officers including Major General DGS Senarath Yapa RWP RSP ndu Commandant, Sri Lanka Army Volunteer Force, Security Forces Commanders, Principal Staff Officers, relatives of fallen War Heroes and Other Ranks paid their tribute during the event.

US Ambassador Paid Courtesy Call on Army Commander

Her Excellency Julie J. Chung the Ambassador of the United States of America in Sri Lanka, paid a courtesy call on Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 27 October 2022 at the Army Headquarters, Sri Jayewardenepura.

The cordial meet focused on the bilateral training cooperation, demining and EOD assistance, fulfillment of Sri Lanka Army's cyber security and communication capabilities etc. Lieutenant Colonel Anthony C. Nelson, Defense Attaché of the US Embassy in Sri Lanka, and an official in the US Embassy were also present during the courtesy visit.



Chief of Defence Staff Visited Security Force Headquarters (Jaffna)

General Shavendra Silva WWV RWP RSP VSV USP ndc psc Mphil Chief of Defence Staff (CDS) visited Security Force Headquarters (Jaffna) on 14 October 2022. Major General WMGCSB Wijayasundara RSP USP ndu Commander, Security Forces (Jaffna) warmly welcomed the Chief of Defence Staff to the Security Force Headquarters (Jaffna) premises following the military formalities.

Afterwards, the Chief of Defence Staff addressed Officers and Other Ranks of Security Force Headquarters (Jaffna) and expressed his gratitude towards the troops who patronised a variety of nation-building tasks, launched by the Army in the most recent past and appreciated their untiring contribution given in the discharge of duties vested in, to the best satisfaction of all. He also commended the tireless efforts, taken by the troops in the control of COVID-19 pandemic by winning the hearts and minds of the public.

All Generals Officer Commanding, Brigade Commanders, Commanding Officers, Officers and Other Ranks were associated with the arrangement.



New Multi-Facility Complex of 2 Sri Lanka Corps of Military Police Declared Open



Fulfilling a long standing requirement of 2 Sri Lanka Corps of Military Police (SLCMP) Headquarters at Girithale, new two-storied Multi-Facility building complex, erected in the premises was declared open by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 13 October 2022. The Multi-Facility complex, sponsored jointly by both AIA Insurance Company Ltd and National Savings Bank (NSB) was coordinated by Lieutenant Commander (Rtd) DMS Jayawardena Executive Officer, Welfare Section of Tri forces. SLCMP members provided their manpower, engineering and technical skills for the construction of the entire complex which equipped with an administrative wing, gymnasium, multifunctional hall, cook house and a salon.

The dream of having a new multi-facility complex came into reality due to collective efforts of former Commanding Officers and Major NPEN Nerangama present Commanding Officer of 2 Sri Lanka Corps of Military Police. Senior Officers including Major General GRRN Jayawardhane RWP RSP ndu Commander, Security Forces (East), Major General MWTC Mettananda USP Commander, Forward Maintenance Area (East), Brigadier ACA De Zoysa USP Hdmc Lsc Commander, Forward Maintenance Area (North), Brigadier BLR Bamunusinghe Provost Marshal Army Headquarters, and Senior Officers of Sri Lanka Corps of Military Police, Officers and Other Ranks attended the event.

ARFRO Members Met Army Commander at Army Headquarters



The executive committee members of the Association of Retired Flag Rank Officers (ARFRO) met Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 27 October 2022. Major General MGWWWMCB Wickramasinghe RWP RSP ndu psc Adjutant General, together with Brigadier KAU Kodithuwakku RWP USP psc IG Director, Personnel Administration welcomed the ARFRO members. The ARFRO members had received a rare opportunity to visit few sections of Sri Lanka Army Headquarters during their visit.



Keterians Celebrated 39th the Anniversary Day More Determined to Forge Ahead

The Sri Lanka Army's one of the most prestigious and battle-hardened entities, the Gajaba Regiment (GR) which was initiated by Late Major General Vijaya Wimalaratne in 1983, marked its 39th Anniversary on 14 October 2022 refreshing the memories and connectivity with one another as one bonded family of infantrymen who have joined the saga of unmatched bravery and heroism.

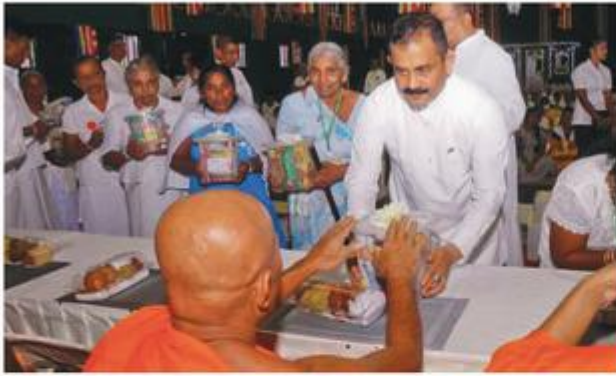
Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army as a proud product of the family of 'Keterians', who is also the Colonel of the Regiment, graced the event as the Chief Guest to commemorate the 39th Anniversary making milestone of the prestigious Regiment amid the military formalities. During the event, Commander of the Army paid his tribute to the founding father, late Major General Vijaya Wimalaratne by placing a floral wreath at his statue.

Addressing the valorous troops of Gajaba Regiment, he summed up all milestones of the Keterians, and the commitments of Gajaba Regiment forefathers to the motherland. Further, he also paid his highest respect to the sacrifices of fallen War Heroes and wished speedy recovery to wounded who are under recuperation.

The event associated with the dignity was also attended by Mrs Janaki Liyanage the President, Army Seva Vanitha Unit, Council members of Gajaba Regiment, veterans, Senior Officers, wounded War Heroes and Other Ranks.

175 Officers and 4075 Other Ranks of the Gajaba Regiment who performed an indelible task during the war to usher peace before May 2009 laid their lives for defence of the motherland and 180 Officers and 4030 had become differently abled whose sacrifices are admired by all Sri Lankans.





All night Pirith chanting and alms-giving were held in line with the 39th Anniversary of Gajaba Regiment

Fallen Gajaba War Heroes Revered in line with the Anniversary Day



The Gajaba Regiment (GR) Regimental Headquarters at Saliyapura, revered invaluable memories of War Heroes on 13 October 2022 during a solemn commemorative ceremony, graced by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army and Colonel of the Regiment, Gajaba Regiment in line with the 39th Anniversary Day of Gajaba Regiment. Mrs. Manel Mangalika Wimalarathna the spouse of the founding father of the Gajaba Regiment, late Major General Vijaya Wimalarathna attended the anniversary celebrations together with Mrs Janaki Liyanage the President, Sri Lanka Army Seva Vanitha Unit.



Logistic Command Headquarters Moved into New Office Complex



The new office complex erected at Sri Lanka Army's Logistic Command Headquarters, Kosgama was declared open by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army who graced the event as the Chief Guest on 07 October 2022.

Commander of the Army who graced the event at the invitation of Major General SPAIMB Samarakoon Hdmc Lsc Commander, Army Logistic Command was warmly welcomed offering him a formal Guard Turnout. After warming the new complex to the beneficiaries, the Chief Guest commended the Logistic Commander and All Ranks for their dedicated work.

Major General DGS Senarath Yapa RWP RSP ndu Commandant, Sri Lanka Army Volunteer Force, Major General WBSM Abeysekara RSP USP Director General Financial Management Branch, Senior Officers, Officers and Other Ranks participated in the opening ceremony.



Bangladesh DSCSC Delegates Visited Army Headquarters



As part of their curriculum, a delegation of undergraduates studying at the Bangladesh Defence Services Command and Staff College (DSCSC), made a courtesy visit to the Army Headquarters on Monday 3 October 2022. The 43-member delegation, headed by Group Captain Md Al Amm Khan, afwc, psc, ADWC was warmly welcomed to the Army Headquarters and held a friendly discussion with Major General TJ Kodithuwakku RWP RSP ndu Chief of Staff.

During the friendly interactions, Chief of Staff gratefully acknowledged the cooperation that prevails between both Sri Lankan and Bangladesh Armed Forces for so many years and underlined the need to further foster bonds of working relations, understanding and exchange of training modules.



Two Special Forces Regiment Batches Passed out at Special Forces Training School

The Special Forces Regiment (SF), one of the Sri Lanka's top special operations forces which has the capacity to perform any unconventional or unorthodox covert missions, inducted one more elite batch of 19 highly-trained Officers and 595 Other Ranks upon completion of their intensive nine-month long Training Courses No- 52 and 53 on 29 October 2022 during a thrilling ceremony at the Special Forces Training School (SFTS) at Maduruoya.

The eventful passing out parade (POP) assumed greater significance with the participation of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army as the Chief Guest amid the warm welcome of Major General DGS Senerathiyapa RWP RSP ndu Commandant Sri Lanka Army Volunteer Force and Colonel of the Regiment, Special Forces together with Colonel DS Horawalavithana WWV RWP RSP Commandant, Special Forces Training School offering him a Guard Turnout.

The proceedings of the ceremony set off as a helicopter hovering over brought down Special Forces insignias and badges to be pinned on the undergraduates. The Commander of the Army pinned the Special Forces badges to the graduates. Major General DGS Senerathiyapa RWP RSP ndu, Major General WTWG Ihalage RWP RSP psc, Major General JPC Piris RWP RSP ndc, Major General HDWKN Eriyagama RWP RSP, and Major General RMM Ranasingha WWV RWP RSP also joined the event.

Special Band display, Sky Divers display of skills, Taekwondo show, Special Forces skills display, Combat Riders display plus Urban Fighters Direct Action Display, fighting in Built-up Areas and Unarmed Combat Fighting took the center stage adding colour and variety afterwards as entertaining features for the proceedings.

Mrs Janaki Liyanage President Army Seva Vanitha Unit, a gathering of Senior Officers, including the Chief of Staff, Deputy Chief of Staff, Security Forces Commanders, Directors, Senior Officers, invitees, parents and well-wishers were present at the location.



Commander of the Army Extended Greetings for Newly Promoted Major Generals



To coincide with the 73rd Army Anniversary, five Senior Brigadiers elevated to the rank of Major General and had the rare privilege to receive their symbol of authority from Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on the 73rd Army Day (10 October 2022).

Accordingly, Major General S Kasthurimudali RSP psc of Gemunu Watch, Commandant, Army Training School - Maduru Oya, Major General JARSK Jayasekara USP psc of Sri Lanka Electrical and Mechanical Engineers, Director, Electrical and Mechanical Engineers, Major General SJ Priyadarshana RWP RSP USP of Mechanized Infantry Regiment, General Officer Commanding, 66 Infantry Division, Major General JMRNK Jayamanna RWP of Gemunu Watch, General Officer Commanding, 14 Infantry Division and Major General RAJN Ranasinghe RSP USP of Sri Lanka Artillery attached to Artillery Regimental Centre received their symbolic swords from the Commander of the Army. The Commander of the Army congratulated newly promoted Major Generals, and extended best wishes for their future endeavours.

Army Headquarters Introduced Mobile Apps for Efficiency and Thrift



The Sri Lanka Army's Directorate of Information Technology (DIT) launched four Army mobile applications (ICT systems) on 17 October 2022 at the Directorate of Operations under the patronage of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army.

With the intention of reducing the use of paper and increasing the efficiency of the Army administration, the Directorate of Information Technology on the directions of the Commander of the Army designed those four mobile web applications, namely the Army Portal, Fuel Management System, Procurement Process Management System and the App Portal for Army Headquarters for smooth and effective function of the Army. This is another important step in the Sri Lanka Army's efforts towards maintaining its



posture as a resource efficient organisation, and to be a strength to the government's endeavour to recover from the current economic crisis.

All these applications were designed by IT experts in the Directorate of Information Technology of the Army under the supervision of Major General HMLD Herath RSP USP psc Chief Signal Officer and Brigadier GLSW Liyanage USP psc Director, Directorate of Information Technology.

Major General TJ Kodituwakku RWP RSP ndu Chief of Staff, Commandant, Major General DGS Senarath Yapa RWP RSP ndu Sri Lanka Army Volunteer Force, and a gathering of Senior Officers participated in the Mobile App launching programme.

1 Corps Headquarters Celebrated their Maiden Anniversary



The exceptionally-skilled 1 Corps of the Sri Lanka Army that unified special operations forces of reserve strike divisions, elements of other Arms, marked its first Anniversary on 21 October 2022 at a formal ceremony, held at 1 Corps Headquarters premises Kilinochchi. Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army graced the event as the Chief Guest amid the military formalities at the invitation of Major General AKGKU Gnanaratne ndc psc Commander, 1 Corps of Sri Lanka Army.

In line with the Anniversary the Chief Guest awarded scholarships to 53 deserving students in Kilinochchi area. Accordingly, 53 deserving students in Kilinochchi area were benefited. Each scholarship recipient received Rs. 2000.00 every month for a period of one year as a stimulant for committed continuation of their higher studies.

Also, the Commander of the Army awarded certificates to students who performed well in the 1 Corps-managed 'Glory of Kilinochchi' Arts Competition which coincided with the Anniversary arrangements. The 1 Corps, aiming to further improve the artistic skills of the young students in Kilinochchi implemented the competition with the participation of 225 entries from 66 schools for this competition. The winners were awarded with cash incentives and certificates.

The one-year old 1 Corps, consists of the troops of the 53 Infantry Division, 58 Infantry Division, Commando Brigade, Special Forces Brigade and a few other Arms entities, serves as an active military reserve formation, available to address unforeseen situations or exploit sudden opportunities and maintain their military skills and readiness while operating on an on-call basis from the main military force.

This was the first time in the military history that this combined type of highest tactical fighting formation, 1 Corps with Reserve Strike Forces (RSF) and Special Operations Forces (SOF) as a force multiplier came into being under one command in the face of contemporary security dynamics, natural disasters, man-made catastrophes, epidemics, terrorist threats or any other national emergencies.

Sri Lanka Light Infantry War Heroes Remembered in Solemn Ceremony at Panagoda



South Asia's biggest War Heroes' Monument at Panagoda Sri Lanka Light Infantry (SLLI) Regimental Headquarters compound which is dedicated to the unmatched sacrifice, valour, commitment and determination of 3,744 Sri Lanka Light Infantry Regiment Officers and Other Ranks turned solemn on 25 October 2022.

The annual commemoration that saluted the supreme tribute of the brave sons of motherland who sacrificed their lives to bring the sustained peace at present, assumed greater significance with the participation of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army as the Chief Guest at the invitation of Major General TJ Kodituwakku RWP RSP ndu Colonel of the Regiment, Sri Lanka Light Infantry Regiment and Chief of Staff.

Mrs Janaki Liyange President, Army Seva Vanitha Unit and Mrs Shiromala Kodithuwakku Vice President, Army Seva Vanitha Unit also participated in the event together with the spouses and children of Fallen War Heroes, veterans, Officers, Other Ranks and invitees participated in the War Heroes' commemoration.



State-of-the-Art Library at Army Headquarters Declared Open



This new library premises is now open for all Officers, Other Ranks and Civil Staff on week days and provides the number of services including Wi-Fi facility, digital copies and more..



The Sri Lanka Army Headquarters embodying the core philosophy of learning and sharing of knowledge and expertise supplemented it with a long-felt need of an open-source new Library, equipped with modern advances in technological and software library management during a special ceremony, held on 17 October 2022 at the Army Headquarters.

Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army graced the event as the Chief Guest amid the warm welcome of Major General SUMN Manage WWV RWP RSP psc Director General General Staff, and Brigadier DKSK Dolage USP psc Director of Training, upon arrival at the venue.

The state-of-the-art library which was initiated upon the conceptual layout of present Commander of the Army, consists of more than 9000 volumes and reference materials. The facility set up in less than 40 days in consultation with the National Library Board of Sri Lanka which was instrumental in introducing the world-renowned 'Koha' Library Management System with barcoding and electronic categorising.

At the same occasion, Mr Udara Wijayasundara, General Manager, MAS Slimtex, impressed with the Army's initiative, gifted a large set of books to the Army library of international standards. His gesture of goodwill was appreciated by the Commander of the Army by awarding a special memento. Mr Nanda Dharmarathna, Chairman, National Library & Documentation Services Board whose meticulous and expert guidance resulted in the digitalisation of the entire functions of the library, introducing 'Koha' Library Management System, was highly appreciated by the Chief Guest by presenting a special memento.

Army Seva Vanitha Unit Distributed Dry Rations to Army Civil Employees

A group of 50 civil employees serving the Army Commander's Secretariat, Directorate of Management and Maintenance, Administration and Ceremonial Battalion, Army Seva Vanitha Unit (ASVU) and the Officers' Mess received free relief dry ration packs during a brief ceremony, held at the Army Seva Vanitha Unit office premises on 31 October 2022.

The generous task was sponsored by Colombo Stock Exchange (CSE) in response to a request, made by Mrs Janaki Liyanage President, Army Seva Vanitha Unit. The distribution ceremony was held with the participation of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army as the Chief



Guest. Mr Rajeeva Bandaranayake Chief Executive Officer of Colombo Stock Exchange, Colonel Coordinator of Army Seva Vanitha Unit attended the ceremony.

Commander Commends Outgoing Army Headquarters Regimental Sergeant Major



Warrant Officer-I RGMSS Jayaweera USP retiring Regimental Sergeant Major (RSM) at the Army Headquarters, met Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 28 October 2022 and received appreciation and commendation for his exemplary service to the Army.

Commander of the Army during the brief meeting with the outgoing Regimental Sergeant Major appreciated his dedicated service to the Army Headquarters Brigade as well as to the Army and wished him good luck for his future endeavours by presenting an appreciative memento to him.



Ex-Servicemen Pinned Poppy Flower on Army Commander

In parallel with the Poppy Day (November 11) that recollects memories of all fallen War Heroes in the wars, representatives of the Sri Lanka Ex-Servicemen's Association (SLESA) pinned a Poppy flower on Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 19 October 2022 at the Commander's office.

Major General (Rtd) EMM Ambanpola USP Vice President, Ex-Servicemen's Association, pinned the poppy flower on the Commander of the Army, symbolising the commencement of Anniversary. Lieutenant Colonel (Rtd) AK Siyambalapitiya psc lsc Secretary, Ex-Servicemen's Association, Major (Rtd) PKCS Kankanamge USP Treasurer, Ex-Servicemen's Association along with several other members of the Poppy Committee joined the occasion.



The Poppy Day is commemorated every year on 11 November 2022 across the world including all commonwealth member states since the end of the World War-I to honour the sacrifices of members of the Armed Forces who laid their lives in the line of duty.

New Counsellor (Defence) for Jakarta Met Commander of the Army

Captain (G) AAC Karunasena RSP USP psc of Sri Lanka Navy as the newly-appointed Counsellor (Defence) to the Sri Lanka's Embassy in Jakarta, Indonesia, on 27 October 2022 paid a courtesy call on Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army at the Army Headquarters in Sri Jayawardenepura.

The Army Commander extending his best wishes to Captain (G) AAC Karunasena RSP USP psc underlined the importance of the appointment and the roles that could be played as a diplomat for the best interests of the country.



Inter Regiment Drill Championship of Sri Lanka Engineers

The Inter Regiment Drill Competition 2022 of Sri Lanka Engineers (SLE) was held from 7 to 9 September 2022 at the Sri Lanka Engineers Regimental Headquarters at Panagoda.

Drill platoons from 13 Engineer Regiments participated in the competition where Major General WMGCSB Wijayasundara RSP USP ndu Colonel Commandant of the Corps of Sri Lanka Engineers and Commander, Security Forces (Jaffna) graced the awarding ceremony as the Chief Guest.

5 Field Engineers Regiment Drill platoon secured the 1st place while the 16 Workshop Engineers Regiment and 14 CBR (Chemical Biological Radiological and Nuclear) Regiment clinched the 2nd and the 3rd places respectively. The Best Platoon Commander was Captain WARKA Wickramasingha of 16 Workshop Regiment and the Best Drill instructor recognition was awarded to the Staff Sergeant Sumanadasa JM of 9 Field Engineers Regiment.

Senior Officers, Officers, Commanding Officers, Regimental Sargent Majors and Other Ranks of Corps of Sri Lanka Engineers took part in the awarding ceremony.



New Zealand's High Commissioner Visited Security Force Headquarters (Jaffna)



His Excellency Michael Appleton High Commissioner of New Zealand for Sri Lanka, made a courtesy visit to the Security Force Headquarters (Jaffna) on 3 October 2022 during a tour to the peninsula and had interaction and friendly discussion with Major General WMGCSB Wijayasundara RSP USP ndu Commander, Security Forces (Jaffna).

The High Commissioner of New Zealand appreciated the Security Forces (Jaffna) for their sheer commitment and dedication in promoting peace, democracy, security and justice among all the civilians in the peninsula.

Commander, Security Forces (Wanni) Visited under command Formations



Major General CD Ranasinghe RWP RSP Commander, Security Forces (Wanni) made a formal visit to 5 (V) Gajaba Regiment on 16 October 2022.

During his visit, Commander, Security Forces (Wanni) inspected the administrative proceedings and welfare of the soldiers serving in the formation and appreciated their sheer commitment for the recent projects launched by Security Forces (Wanni).

As per the directions of CD Ranasinghe RWP RSP Commander, Security Forces (Wanni), Special Reserve Platoon Course was held for the troops serving at Security Force Headquarters (Wanni) from 22 August 2022 to 03 October 2022 at the Battalion Training School, Pompaimadu.

The troops serving in Security Force Headquarters (Wanni) were educated on the knowledge on alert security operations and firing skill, handling GPS, Martial Arts, Self Defence Methods, Unarmed Combat, VIP Protection, Introduction of Explosives and Demolitions, Handling Weapons, Search and Rescue Operations, Firing, Rules of Engagements, Social Operation Procedures, and Internal Security.

The closing remarks of the course was delivered by the Commander, Security Forces (Wanni). General Officer Commanding, 56 Infantry Division, Senior Officers and Officers participated in the closing remarks.

Reserve Platoon Course at Security Force Headquarters (Wanni) Successfully Concluded





Troops Facilitated Planting of 'Sri Maha Bodhi' Offshoot in Monastery

At the request of the monks at Kawudagala 'Aaranya Senasanaya' ancient monastery temple at Welikanda, the Security Force Headquarters (East) facilitated the planting of an offshoot of the Anuradhapura Jaya Sri Maha Bodhiya after it was taken to the premises in a colourful pageant on 15 October 2022.

Major General GRRP Jayawardena RWP RSP ndu the Commander, Security Forces (East), responding to the request of Venerable Devagala Pragnaseehalankara Thero, organised the arrangements to conduct of the pageant with the participation of monks, troops and devotees in the area. The religious event was held with the participation of Officers, Other Ranks and devotees of the area.

5 Sri Lanka Army Women's Corps Treated Children with Gift Parcels

Dry ration packets distributed after offering a delicious lunch to the Children at 'Ozanam' Centre for Children with Special Needs at Sathurkondan, Batticaloa by woman soldiers of the 5 (Volunteer) Sri Lanka Army Women's Corps (SLAWC) at Welikanda on 09 October 2022. The charity event was held under the coordination of Security Force Headquarters (East).

Major General GRRP Jayawardena RWP RSP ndu Commander, Security Forces (East) graced the event as the Chief Guest and joined to gift the dry rations for the parents of children with Special Needs. Members of the 5 (Volunteer) Sri Lanka Army Women's Corps and 4 Gemunu Watch troops organised the distribution. The financial generosity of Rs 60,000.00 for the noble task was extended by troops of 5 (Volunteer) Sri Lanka Army Women's Corps. Parents of those 24 children received dry ration relief packs, sponsored by the Army.

Commander, 231 Infantry Brigade, Civil Coordinating Officer Security Forces (East) Civil Coordinating Officer 231 Infantry Brigade, Commanding Officers and several Officers and Other ranks took part in the project.





Security Forces (Mullaitivu) Installed a Water Purification Plant at Karipaddamurippu



Fulfilling a long standing requirement of Karipaddamurippu area, a water purification plant was installed in the area following a conceptual layout of Commander, Security Forces (Mullaitivu) and warmed to the public on 01 October 2022. The project was initiated in last year, with the financial generosity extended by Sri Lanka Sathya Sai International Organization. Troops of 23 Vijayabahu Infantry Regiment had extended their manpower and technical expertise for the task. Rs 1.5 million was spent for the project. Major General WASS Wanasinghe Commandner, Security Forces (Mullaitivu) and Mr V Manoharan-the President of Sri Lanka Sathya Sai International Organization graced the warming ceremony of the water purification plant. 500 individuals benefited from the project. School accessories were also distributed at the same event for the children in the area.



5 (V) Mechanized Infantry Regiment Troops Built a New House for a Deserving Family

Troops of the 5 (V) Mechanized Infantry Regiment of the 661 Brigade under command to 66 Infantry Division of the Security Force Headquarters (Mullaitivu) laid the foundation stone for a new house for Mr A Anojan in Sellipuram, Mullattivu area under the patronage of Major General WASS Wanasinghe RSP USP ndu Commander, Security Forces (Mullaitivu) on 4 October 2022. Brigadier S J Priyadarshana RWP RSP USP General Officer Commanding, 66 Infantry Division, Commanders of 661,662 and 663 Infantry Brigades, Commanding Officer of 5 (V) Mechanized Infantry Regiment attended the event.





Series of Programmes in line with the World Children's Day at Madiwela



In line with the World Children's Day, troops of 142 Infantry Brigade Headquarters, 15 Drone Regiment Sri Lanka Artillery, 7 Gemunu Watch and 14 Vijayabahu Infantry Regiment together launched a series of programmes at "SURASA" Special Need School at Madiwela on 01 October 2022.



Major General DMKDB Pussalla RWP RSP Commander, Security Forces (West) together with spouse graced the event. Further, General Officer Commanding, 14 Infantry Division, Officers, and School staff also joined the event. An art competition, musical chair event, balloon blow competition, fancy dress parade and concert were also held during the event.

The troops also provided the lunch for the students. Marking the end of the event, the Chief Guest awarded the certificates for the winners.



Dengue Prevention Programme at Security Forces (West)



Troops serving under 14 and 61 Infantry Divisions of Security Forces (West) launched a dengue prevention programme from 03 to 05 October 2022 covering five districts, including 17 MOH areas belonging to Security Forces (West) Area of Responsibility.

This programme was assisted under the direction of the Directorate of Operations and with the close Supervision of the Commander Security Forces (West) and General Officer Commanding 14 and 61 Infantry Divisions.



The 73rd Army Day Celebrations at Security Force Headquarters (Central) was held on 10th October 2022 with the participation of Senior Officers, Officers, Other Ranks and Civil Staff serving at the Headquarters following the instructions of Major General MKS Silva RWP RSP ndu Commander, Security Forces (Central). The ceremony commenced with hoisting of the Army Flag. Brigadier General Staff, Brigadier (Admin and Quartering), Senior Staff Officers, Officers and Other Ranks attended the event.



Multifaceted Projects Launched in line with the World Children's Day

With the intention to build the goodwill and cooperation between civil societies and military, number of events were held in parallel with the Worlds Children's Day, with the participation of students of H/Hathporuwa Primary School, Hathporuwa on 1 October 2022. Book distribution and a Cylipso Musical were held to entertain the students. In line with the same event, lunch was provided for all students of the school. The charity event was held under the supervision of Commander, 122 Infantry Brigade and under the guidance of Commander, 12 Infantry Division. Troops of 23 Gajaba Regiment, 3 Sri Lanka National Guard, and civilians in the area attended the event. Brigadier KMN Kulasekara RWP RSP psc also graced the event.





Another Children's Day programme organised by 4 Sri Lanka Light Infantry troops at Kiralagolla, Dambulla distributed essential school accessories, inclusive of school books and lunch for the students at Good Shepherd's Convent in Matale on 1 October 2022. Further, the troops entertained those children by providing calypso music. The charity event was held under the supervision of 111 Infantry Brigade.

Troops of 23 Vijayabahu Infantry Regiment offered lunch for the students of Government Tamil Mix School, Samankulam in Samankulam Grama Niladhari Division on 30 September 2022 in line with the World Children's Day.

The charity event was organised by the troops of 23 Vijayabahu Infantry Regiment following the mediation of Colonel HMJS Bandaranayaka RSP Commanding Officer, 23 Vijayabahu Infantry Regiment following the supervision of Colonel GDSM Alwis RWP RSP Commander, 642 Infantry Brigade.



Meanwhile, troops of 17 (V) Gajaba Regiment of 642 Infantry Brigade under command to 64 Infantry Division, engaged in another community-oriented programme and donated school books and sports accessories to the needy children at Periyaeththimadu Government Tamil Mixed School on 30 September 2022. At the end of the donation programme, troops provided refreshments, tea and delicious lunch to the students, their teachers and parents. Major SISS Silva Commanding Officer, Officers and Other Ranks of the 17 (V) Gajaba Regiment joined the event.



Troops of 8 Sri Lanka Artillery organised a Shramadana Campaign on account of the Children's Day and cleaned the Periyasaambalan 'Jana' Pre-School premises in Thaddiyamalai Grama Seva Division in order to prevent any outbreak of dengue in the area.

Troops of 8 Sri Lanka Artillery launched the event under the supervision of Major NTN Jayawardhana RSP USP Commanding Officer, 8 Sri Lanka Artillery. Teachers and parents, together with troops completed the project on the World Children's Day (1 October 2022).





Troops of 51 Infantry Division held a celebration in line with the World Children's Day at Kanan-South Girls' College on 01 October 2022. The celebration filled with leisure games, dances, concerts and musical shows to entertain the children. The event was held under the supervision of Major General KAA Udayakumara RSP USP USAWC psc General Officer Commanding 51 Infantry Division. Officers including Commanding Officers of under command units of 51 Infantry Division and Other Ranks participated in the event.



A series of programmes in connection with the World Children's Day were held by Security Forces (Central) on 30 September 2022 under the supervision of the Commander, Security Forces (Central). A distribution of stationary school items was also held for the children of Viru Kekulu pre-school along with a concert consisting of various entertainment items such as singing and dancing in order to bring out the talents of the children.

Furthermore, T shirts were donated to 18 children of Sri Sangabodhi Childrens Home with generous sponsorship by "Gayan Textiles Bandarawela" which was followed by a treat of pizzas sponsored by the Pizza Hut, Bandarawela.

These events were graced by Major General MKS Silva RWP RSP ndu Commander, Security Forces (Central) along with his spouse Mrs Saritha Lankathilaka. Officers and Other Ranks participated in the event.

Security Forces (Central) Celebrated World Children's Day – 2022





Live Firing Exercise at Kalpitiya

A group of 146 Officers and Other Ranks of all battalions of the Mechanized Infantry Regiment (MIR) who participated in the live firing training sessions at Kalpitiya Field Firing Range for 4 days passed out on 30 September 2022 during a simple ceremony.

Mechanized Infantry Training Centre (MITC) at Periyathampanai, Vavuniya organised the live firing sessions for the second time after absence of about 7 years and enabled participants in the Young Officers' Course (2022), Tank Commanders' Course, Course Attendees in the Armoured Personnel Carriers (APC) and Gun Operator Course to receive a full exposure, prior to being deployed for United Nations Peacekeeping Operations in Mali. They participated in live firing training sessions with the help of two BMP MK II armoured vehicles, two T 89 VPI armoured vehicles, one WMZ 551B armoured vehicle, 30 mm canon guns, 12.7 mm Anti Air Craft Missiles (AAMG type QJC 88) and 7.62 mm PKT weapons.

The training programme was launched on the instructions of Brigadier BPGK Balasooriya RSP psc Commander, Mechanized Infantry Brigade under the supervision of Commandant of Mechanized Infantry Training Centre, and Major Jeevan Ranasinghe Chief Instructor at Mechanized Infantry Training Centre coordinated the training programme. This was the first instance those 146 participants took part in a live firing.

Army Training School Students Visited Kandegama Dananjaya Raja Maha Vihara



Course attendees at the Army Training School (ATS) in Maduru Oya Counter Insurgency Jungle Warfare Course and few other courses undertook an expedition to the Kandegama Dananjaya Raja Maha Vihara on 2 October 2022, with a view to exploring the temple's contribution to the annals of Buddhist scriptures including its relevance to the mountain range which has been recognised as of a treasure during the reign of kings. 116 Officers including foreign students, 7 instructors and over 100 Other Ranks joined the expedition as a contribution to the modules that have been made compulsory in the 'Sri Lanka Army Way Forward Strategy - 2020 - 2025'.

Army Seva Vanitha Unit (ASVU) Felicitated Ex-President



A felicitation Dinner Night was organised at Hilton Hotel on 02 October 2022 by Mrs Janaki Liyanage President, Army Seva Vanitha Unit to appreciate Ms. Nelson Ex- President of Army Seva Vanitha Unit, for the invaluable service and dedication rendered for the wellbeing of the unit during her tenure.

The colourful event was enchanted by beautiful music and dancing events and following the keynote speech, a video documentary was played showcasing the series of welfare projects that were carried out during the office of the Ex-President. In line with the same event, a token of appreciation was presented to Ms. Nelson Ex-President of Army Seva Vanitha Unit by Mrs Janaki Liyanage present President, Army Seva Vanitha Unit.

The chairpersons of all regimental Seva Vanitha Branches, executive committee members and Officers and Army Seva Vanitha Unit members attended the event.



Army Seva Vanitha Unit Provided Lunch for Elders

In line with the 73rd Army Anniversary, the Army Seva Vanitha Unit (ASVU) visited the Elders' Home at Borella and offered the elders a healthy lunch with the participation of Mrs Janaki Liyanage President, Army Seva Vanitha Unit on 3 October 2022.

Towards the end of lunch, the residents in the Elders' Home were entertained with calypso music and given gift packs, inclusive of essentials. President, Army Seva Vanitha Unit donated a stock of sanitary, cleaning materials, household items and other requirements of the Elders' Home.



Army Seva Vanitha Unit Gifted Essentials to Pregnant Women



In line with the 73rd Anniversary, the Army Seva Vanitha Unit (ASVU) gifted 100 gift parcels to pregnant spouses of Army personnel and civil staff during a ceremony at the Colombo Army Hospital on 4 October 2022.

Mrs Janaki Liyanage President, Army Seva Vanitha Unit attended the charity event as the Chief Guest, together with a group of senior members of Army Seva Vanitha Unit and distributed 100 gift parcels. Each gift parcel contained essentials for babies, soap, powder, infants' clothes, sanitary ware and other accessories, needed for both mothers and infants.

Afterwards, President, Army Seva Vanitha Unit together with the members of Army Seva Vanitha Unit visited the Ward No-4 where pregnant women are treated and distributed gift packs among pregnant women and staff serving the ward. Senior Seva Vanitha members, Colonel Coordination also took part in the charity programme.



Army Seva Vanitha Unit Extended Generosity to Meth Sevana Elders' Home



The Army Seva Vanitha Unit (ASVU) considering the humanitarian needs of the 150 women at the government's Meth Sevana Elders' Home gifted a stock of essentials on 17 October 2022 in consultation with respective authorities at the Elders' Home.

Mrs Janaki Liyanage President, Army Seva Vanitha Unit attended the occasion as the Chief Guest, together with Colonel Nalindra Mahavithana, Colonel Coordination at Army Seva Vanitha Unit and gave away those essentials to Ms Sewwandi Hettiaarachchi Director, Social Services in the Western Province. Senior members of the Army Seva Vanitha Unit, Officers and several Other Ranks participated in the project.

Army Seva Vanitha Unit Organised Series of Charity Events in line with Army Anniversary Day



In parallel with the Army Anniversary Day, Army Seva Vanitha Unit (ASVU) launched series of charity events. As one phase of this charity events, Mrs Janaki Liyanage President, Army Seva Vanitha Unit distributed essentials for the students of soldiers who are serving at Army Seva Vanitha Unit. Further, she distributed dry ration packs to both soldiers and civil staff serving at the Directorate of Management and Maintenance, Army Headquarters on 10 October

2022. The charity event was held to provide a relief to the economically under privileged families serving in the Army Headquarters.



Mrs Janaki Liyanage President Army Seva Vanitha Unit graced the event as the Chief Guest. Colonel Coordination, Army Seva Vanitha Unit, Officers and Other Ranks were present during the charity events.

Sri Lanka Signal Corps Seva Vanitha Branch Donated School Accessories for Students



1500 students of Other Ranks and Civil Staff serving at Sri Lanka Signal Corps received school accessories and stationeries in a mammoth welfare project launched by the Sri Lanka Signal Corps Seva Vanitha Branch, on 8 October 2022 at the Sri Lanka Signal Corps Regimental Centre at Panagoda. Mrs Janaki Liyanage the President Army Seva Vanitha Unit graced the event as the Chief Guest at the invitation of Mrs Ganga Herath an Executive Member in the Sri Lanka Signal Corps Seva Vanitha Branch. Considering constraints and health concerns, 52 students of those families including three Grade 5 scholarship achievers received the gifts from the event. The charity event was implemented under the guidance of the President, Sri Lanka Signal Corps Seva Vanitha Branch.

The Sri Lanka Armoured Corps Seva Vanitha Branch Provided Scholarships to Schools Children



The Sri Lanka Armoured Corps Seva Vanitha Branch organised a simple ceremony to offer scholarships to selected school-going children of soldiers to encourage and stimulate those students for their studies. The ceremony headed by Dr (Mrs) Harshini Bothota Chairperson, Sri Lanka Armoured Corps Seva Vanitha Branch was held at the Regimental Centre auditorium on 01 October 2022 to coincide with World Children's Day. The members of Armoured Ladies Club sponsored seven scholarships, and as per the criteria, each recipient received a cheque of Rs 36,000.00, and Rs 60,000.00 for their education, respectively.

Sri Lanka Artillery Seva Vanitha Branch Provided Dry Ration Packs to Deserving Families



Considering the gravity of the present economic hardships of the public, the Sri Lanka Artillery Seva Vanitha Branch organised a donation of dry ration packs to deserving families for the civil staff serving at Regimental Headquarters at Panagoda on 01 August 2022.

The donation programme was conducted on the guidelines given by Mrs Chama Wanasinghe Chairperson, Sri Lanka Artillery Seva Vanitha Branch. Buddhist Association of Royal College, Colombo extended their generosity for the task. Senior Members of the Sri Lanka Artillery Seva Vanitha Branch, Senior Officers and Other Ranks participated in the event.

Sri Lanka Engineers Seva Vanitha Branch Provided Gift Parcels to Children at "Mavupiyasewana" Child Development Center at Mattegoda



The Sri Lanka Engineers Seva Vanitha Branch donated a stock of dry ration packs and gifts including stationary items to the orphaned children at "Mavupiyasewana" Child Development Centre at Mattegoda on 6 October 2022. Those children were also served with a delicious lunch. Mrs Mallika Wijayasundara Chairperson, Sri Lanka Engineers Seva Vanitha Branch and members participated in the event. The donations were sponsored by Mr. Nuwan Sanjeewa, Mr. Dhanuka Wijesekara and Captain Lahiru Rathnayaka. The Commanding Officer and Other Ranks of 1 Field Engineer Regiment arranged the event.



Members of SLLI Seva Vanitha Branch Visited 'Mihindu Seth Medura'

Mrs Shiromala Kodhithuwakku Chairperson, Sri Lanka Light Infantry Seva Vanitha Branch visited the 'Mihindu Seth Medura' in Attidiya on 21 October 2022 and inquired the well-being of

wounded War Heroes, still under rehabilitation and recuperation. During the visit, a valuable first aid kit was presented to each of those War Heroes. Senior members of Sri Lanka Light Infantry Seva Vanitha Branch and several officers also joined the project.



Children of Sri Lanka Sinha Regiment Families Awarded with Gift Parcels



To coincide with the World Children's Day, Mrs Omila Jayawardane Chairperson of the Sri Lanka Sinha Regiment (SLSR) Seva Vanitha Branch and members gave away gift parcels to children of Sri Lanka Sinha Regiment families on 15 October 2022 during a ceremony, held at the Regimental Centre, Sri Lanka Sinha Regiment in Ambepussa. With the intention of entertaining the children, this special event consisted of fun-making events and several competitive features, in which the achievers were awarded. The Centre Commandant of the Sri Lanka Sinha Regiment, Senior Officers, members of the Sri Lanka Sinha Regiment Seva Vanitha Branch and parents of the children attended the occasion.

Vijayabahu Infantry Regiment Seva Vanitha Branch Entertained Adults and Children



The Vijayabahu Infantry Regiment Seva Vanitha Branch members visited the Maliyadewa Orphanage and the Elders' Home and treated them with a delicious lunch and give away some gift parcels. Mrs Kumudu Manage Chairperson, Vijayabahu Infantry Regiment Seva Vanitha Branch graced the event as the Chief Guest together with Colonel of the Regiment Vijayabahu Infantry Regiment. The charity event was organised, in line with the World Children's day and World Elders Day. Few senior Officers and Other Ranks took part in the programme. All those children and adults were entertained with calypso music, provided by troops of Vijayabahu Infantry Regiment on the same occasion.

Mechanized Infantry Regiment Seva Vanitha Branch Gifted a New House



The Mechanized Infantry Regiment Seva Vanitha Branch at Dambuluhlammillawewa, launched a project to build new houses for deserving Other Ranks serving at Mechanized Infantry Regiment and one completed house under the project was warmed for a deserving Corporal Silva NSL of 1 Mechanized Infantry Regiment on 2 October 2022 at Kosgoda, Ambalangoda.

Mrs Danusha Weerasuriya, Chairperson, the Mechanized Infantry Regiment Seva Vanitha Branch warmed the house to the beneficiary during a simple ceremony. Mrs Swarnamali Ekanayaka Secretary, Mechanized Infantry Regiment Seva Vanitha Branch, Officers and Other Ranks attended the event.

Military Intelligence Corps Seva Vanitha Branch Held its Monthly Treat for Elders



The Military Intelligence Corps Seva Vanitha Branch conducted its monthly offer of meals to elders at Warusavithana Elders' Home in Ambalangoda on 30 October 2022. The project offered breakfast, lunch and dinner to 18 adults, resident in this home for the elders. Mrs Manori Sally Chairperson, Military Intelligence Corps Seva Vanitha Branch, together with members of the Military Intelligence Corps Seva Vanitha Branch participated in the event.

Corps of Engineer Services Seva Vanitha Branch Offered Gift Parcels to 'Abhimansala-3' War Heroes



The Corps of Engineer Services Seva Vanitha Branch undertook a visit to the 'Abhimansala-3', wellness resort in Kamburupitiya with the objective of inquiring into the well-being of War Heroes under rehabilitation and recuperation on 15 October 2022. Mrs Deepika Prashanthi Chandrasena Chairperson, Mrs Vajira Edirisinghe Vice Chairperson Corps of Engineer Services Seva Vanitha Branch together with members gifted a stock of essentials to the War Heroes including new cushions, pillows, appliances, essentials and mattresses as well as gift packs for those wounded War Heroes.

Sri Lanka Army Service Corps Seva Vanitha Branch held "Diriya Athwela"- Welfare Programme



"Diriya Athwela"- a social welfare programme was held at Conference Hall, Sri Lanka Army Service Corps on 17 September 2022 following the conceptual layout of Mrs Thushari Wanigasekara Chairperson, Sri Lanka Army Service Corps Seva Vanitha Branch. The event was organised by 6 Sri Lanka Army Service Corps for the first time. At the event, dry ration distribution was also held for selected Other Ranks and Civil Staff members. Also, the certificate of NVQ course awarded to the soldiers who had successfully followed the NVQ certificate course during the event before the motivational lecture of Mrs Chandima Rodrigo Director, Ministry of Skills Development and Vocational Training. Advisor Centre Commandant, Sri Lanka Army Service Corps Officers, and Other Ranks participated in the event.

Sri Lanka Electrical and Mechanical Engineers Seva Vanitha Branch Supported Children with Special Needs



Members of the Sri Lanka Electrical and Mechanical Engineers Seva Vanitha Branch donated a stock of medical equipment, exercise machines, school accessories and shoes for the kids with special needs in families of the soldiers of 1 Sri Lanka Electrical and Mechanical Engineers on 17 October 2022. The stock, worth more than Rs 300,000.00 was distributed to the beneficiaries in the presence of Mrs Nandani Samarakoon Chairperson, Sri Lanka Electrical and Mechanical Engineers Seva Vanitha Branch. Major General SPAIMB Samarakoon Hdmc Lsc Army Logistic Commander, Colonel of the Regiment, Sri Lanka Electrical and Mechanical Engineers, few Officers attended the occasion.

Sri Lanka Army General Service Corps Seva Vanitha Branch Held a Children's Day Project



On account of the Children's Day, the Sri Lanka Army General Service Corps Seva Vanitha Branch distributed 100 packs of essential school items and accessories among the school going children of Sri Lanka Army General Service Corps soldiers on 2 October 2022 at the Regimental Centre of Sri Lanka Army General Service Corps in Panagoda. Mrs Ruvina Mettananda, Chairperson, Sri Lanka Army General Service Corps Seva Vanitha Branch together with Major General MWTC Mettananda USP the Colonel Commandant of the Regiment, Sri Lanka Army General Service Corps joined the distribution.



SLAWC Seva Vanitha Branch Offered Lunch to Children at Loris Children's Development Centre



To coincide with the World's Children's Day, the Sri Lanka Army Women's Corps Seva Vanitha Branch offered a delicious lunch to the children at Loris Children's Development Centre at Sri Dhamma Mawatha, Colombo - 10 on 29 September 2022. Mrs Apsara Dilhani Ranawaka Chairperson, Sri Lanka Army Women's Corps Seva Vanitha Branch organised the event and 24 children of the orphanage benefitted from the programme.

‘Ranaviruwa’ Chief Editor Educated Troops on ‘Military Literature’ at SLAVF



Lieutenant Colonel EAA Sujith Chaminda the Chief Editor of ‘Ranaviruwa’ magazine of the Directorate of Psychological Operations conducted an educative lecture on ‘Military Literature’ at the Sri Lanka Army Volunteer Force (SLAVF) in connection with their customary training day on 12 September 2022.

The lecturer outlined unmatched and numerous sacrifices of true sons of the motherland during the operations, at a time where battlefield memories are fastly fading. He is also an author who has compiled impressive pieces of works based on the Sri Lankan War that added a military literature to the Sri Lanka Army.

During the session, two pieces of his recently-authored works were presented to the Commandant, Deputy Commandant of the Sri Lanka Army Volunteer Force.

Addressing the gathering, the Commandant, Sri Lanka Army Volunteer Force praised his endeavor on addressing untold episodes of the battle which remain hidden over thirty years and also for the benefit of future generations. He spelt out the true bravery of soldiers as true warriors during the war as it reached its climax by early 2009.

A large gathering of Senior Officers including Major General MKTR Silva KSV and All Ranks around 300 attended the lecture.

‘Military Literature’ at Girls’ High School- Kandy



Another thought-provoking lecture on war literature that recalled the heroic acts of bravery of fallen War Heroes was taken place at Girls’ High School, Kandy under the patronage of Major General PSK Sanjeewa RWP RSP USP General Officer Commanding, 11 Infantry Division on 14 October 2022. The lecture was conducted by Lieutenant Colonel EAA Sujith Chaminda the Chief Editor of ‘Ranaviruwa’ magazine of the Directorate of Psychological Operations. The Officers, Other Ranks, principal together with the students of the school, participated in the lecture.

Logistic Workshop on 'Contemporary Case Studies' Culminated in Kankesanthurai

The inauguration of the Logistic Workshop on 'Contemporary Case Studies'- Phase 1 for Quarter Masters, Assistant Log Officers, Majors (Admin and Quartering), Battalion Second-in-Commands and Commanding Officers took place under the supervision of Brigadier ACA De Zoysa Commander, Forward Maintenance Area (North) at Army Camp, Kankesanthurai.

This workshop consists of 3 phases that cover the streams of capital works, marching in and out procedures, ration and fuel issue procedures, basic ordinance procedures and board of surveys, maintenance of equipment and vehicles and maintain of military discipline.

A series of lectures were conducted by Commanding Officers and Second-In-Command of the 5 Battalion Corps of Engineer Services Regiment, 5 Battalion Sri Lanka Army Service Corps, 5 Battalion Sri Lanka Army Ordnance Corps, 4 Battalion Sri Lanka Army Medical Corps, 4 Battalion Sri Lanka Electrical and Mechanical Engineers, 4 Battalion Sri Lanka Corps of Military Police and Army Base Hospital. 16 Officers from Formations/Battalion Headquarters attended the workshop.



Series of Lectures Conducted at 3(V) Gemunu Watch



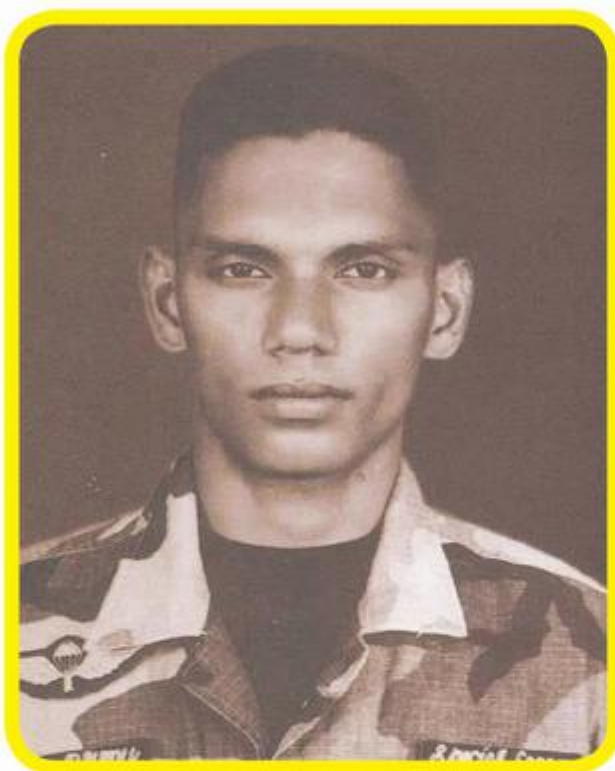
A series of lectures were conducted at 3(V) Gemunu Watch with the coordination of Bureau of Commissioner General of Rehabilitation and National Dangerous Drugs Control Board on 6 October 2022.

The programme was held under the supervision of Commander, 613 Infantry Brigade. The key areas of rehabilitation, island wide centres for rehabilitation, family counselling in relation with drugs and the legal acceptance and social impacts of the drug were covered during the lectures.

Mechanized Training School Culminated Unit Recruit Course



The first Unit Recruit Course, conducted at Periyakadu Mechanized Infantry Regiment (MIR) Training School culminated on 21 October 2022 in compliance with the Mechanized Infantry Regiment's annual training programme. The course began on 01 September was followed by 110 recruits during which they were exposed to the role and tasks of the Mechanized Infantry Regiment. At the invitation of Commandant, Mechanized Infantry Regiment Training School, Commander, Mechanized Infantry Regiment Brigade joined the winding-up ceremony and awarded certificates to the recruits as the Chief Guest. Chief Instructor, Instructors, Senior Officers, Officers and Other Ranks joined the awarding ceremony.



S/462696

***S/ 462696 Sgt Chandrasiri
Bandara DMS PWV RWP***

Special Force Regiment

**“I shall
never give
up this
battle till the
end”**

Mr Gunapala and Mrs Katherine were blessed with 7 children amid the number of financial difficulties but the children were never a burden to them. Chandrasiri Bandara was born in the same family, as the 6th child, in the year 1977 at Government Hospital, Bibila. The young parents named their sixth child as Disanayaka Mudiyanseelage Sugath Chandrasiri Bandara.

The young boy was sent to Vegama Primary School in Monaragala in 1982. His talents began to grow with his age in time making him a famous in and out from the school. He

preferred to outdoor activities than typical indoor studies with books. His oratory, singing and dancing skills made him an outstanding character more known to all in the village.

He was a leading sportsman in the school playground and a good studious child inside the classroom. His growing enthusiasm to volleyball took most of his time and ended up appointing him as the Captain of the school volleyball team. He was fortunate enough to achieve number of victories to the school as a Captain of the school volleyball team despite the poor infrastructure as a rural school in Bibila. Due to his enormous talents exhibited in various fields, the school principal and teachers awarded him a prefectship in appreciation of his efforts and talents as a gifted child.

Also, he played a key role in the section of community welfare in his village. School classroom, playground and village were not anymore a new place to him. It was the time where terrorism was growing in the north spreading violence taking the lives of innocent civilians. The young warrior was not able to bear the threat anymore as a legitimate son of the Nation. His thoughts always bothered him to undertake the responsibility of the nation eradicating the terrorism from the grounds.

The experience he had gained from school prefectship, and village community development projects had given a significant inspiration of him to join the Security Forces. Making his dream a reality, he joined the Sri Lanka Police in 1996 as an amateur policeman. After the training he was appointed as a Police Constable to the nearest a police station - Bibila and served nearly a year in the Police Station- Bibila.

Being a Police Constable has not given him a complete satisfaction. This nation gradually developed and led him to search new avenues to join the Sri Lanka Army to serve the Nation being a member of warriors. The escalating number of atrocities of terrorist had speeded his motivation further. Amidst the criticism of the parents and relatives, Police Constable resigned from the Sri Lanka Police and joined the Sri Lanka Army on 15 June 1997.

As a recruit, he also completed 03 months recruit training course at Special Forces Training School under Recruit Course No-1. With the completion of the first stage of the Sri Lanka Army, he was ready to welcome second stage of his career. Knowing the capacity of



Entered into married life

Private Chandrasiri Bandara, Instructors of the Special Forces Training School sent him to the Special Forces Training Course No-22. Successfully completing the course, 12 Officers and 578 Other Ranks passed out on 08 March 1998 including Private Chandrasiri Bandara. After he was enrolled to B Squadron.

Meeting young Miss Mallika was happened during this time. Her simple look took his heart at first sight blooming good hopes of assured future. She was also happy to meet a brave warrior. The acquaintance of each other finally brought them under one roof under the blessing of their parents on 13 April 2001. After a simple ceremony of wedlock, the newly wedded pair moved to Private Chandrasiri Bandara's house to start their new life. The couple was soon blessed with a girl on 05 May 2005 making Private Chandrasiri Bandara a father. The happy couple named their first child as Sashikala Sithumini- the enormous gift of the family.

Being a father of a daughter gave him responsibilities, unlike never before. His thoughts to make his daughter's future bright was always embedded into his heart though he was in duty. This notion compelled him to provide a good education to her. While in the duty he took a leave to admit his daughter

to Girls' High School, Mount Lavinia. This was a significant milestone of his life. After entering the only child to the school, Private Chandrasiri, returned the camp on 27 January 2009.

As a result of the training Private Chandrasiri was able to give his maximum contribution for all the operations conducted by Special Forces Regiment in the battle areas. "Operation Jaya Sikuru", "Operation Ranagosa", "Operation Agnikeela" were some of the military operations where Private Chandana had participated in. The experiences he gained from these operations made him a skillful group member of small ambush team during the time. Meanwhile, he completed the Course of Explosives in 2002 at Dombagoda. Non-commissioned Leadership Training, Junior Instructor Course, Instructor Gunners, Basic Parachute Course were some of the examples where Corporal Chandrasiri exhibited his capabilities more than a soldier. Major Thushara Mahalekam Commanding Officer of B Squadron realised the talents of this warrior and appointed him as the Instructor of Special Forces School.

However, Corporal Chandrasiri had grown much preference for the battlefield than an Instructor of the Special Forces School. Soon after the completion of the service as the Instructor of Special Forces School, he met Major Indika Liyanage Brigade Commander and made him aware on his aspirations requesting to include him to the B Squadron.

It was the time where brave Sri Lankan warriors were engaged in the fearsome battle in the Northern areas. At the time B Squadron was taking part for training near Madu area. Terrorist had broken the forward defence of government forces Nandikadal and entered the government ruled area. The battle gradually turned to its fearsome face with this incident, and number of brave sons of the nation sacrificed their lives at the battle. The senior Commanding Officers understood that it was a time to take an immediate action before the camps in the area fell into serious threat. Accordingly, the B Squadron trainings were temporally suspended and re-engaged them in the battle to hold up the area. Both parties fought day and nights and the entrance of black tigers made the battle more fearsome leading number of casualties for the government troops. Suicidal attack of terrorists, carrying explosives in bullet proof

“

Initially, he recruited to the Sri Lanka

Police. But he had deep enthusiasm to join the Army. He had an earnest urge to end the terrible war.

But we, as parents never wished to send our son to the Army. He died there preventing massive destruction.

Today my son is gone! But he had left a country for us to live!”



vehicle was barely prevented by government forces with their strict reconnaissance and information gathering. The battle had prevailed between both parties over two days amidst the heavy weapon attacks of terrorists.

Taking the lead, the Special Forces members bravely protected the defence. At the time, the attacks were directly executed by the terrorists' leadership. Knowing that it was the last battle, and the battle was in decisive movement, the Special Forces members kept their morale up not to give up at any cost.

A dreadful night slowly fell over, marking another fearsome night for all. The Special Force members fought with the terrorist with their maximum capacity with the firm determination to end the brutal war. "The Special Forces has come. It was hard to fight with them. So do something to withdraw." The Special Forces members heard terrorists begging their leadership with the fallen tears.

It was 03 February 2009. The whole country was lined up to celebrate the 61th Independence Day with the good hopes of peace hidden in the corner of their hearts. At the meantime, the fearsome battle gradually reached its climax. The terrorists had tried to push the government forces attacking the casualty vehicles carrying the wounded soldiers. The ruthless order of the terrorist leadership to under control the area in any way possible leading a suicidal attacks was passed down. The Special Forces members

realised the upcoming dangers and therefore, preparing for it was mandatory at the time.

It was the time where B Squadron was engaging in a battle with terrorists at Pudukudurippu – Mulliyaweli which made number of Officers and soldiers casualties. The Infantry troops also joined with the Special Forces Squadrons as they realised that fighting as small units has no gain in such a critical situation. At the time, four members team including Sergeant Chandrasiri Bandara was sent to the frontline to counter the escalating enemy threat. The team battled for more than four days while terrorist tried to break the forward defence line of the government forces. It was 3 pm of the time. Sergeant Chandrasiri Bandara observed a strange heavy vehicle fastly reaching in Pudukudurippu-Mulliyaweli road targeting government defence line. Lance Corporal Thushara-a member of Sergeant Chandrasiri Bandara's team was ready at the time to counter the explosive vehicle with the RPG to encounter the vehicle. However, Sergeant Chandrasiri Bandara sniffed a reaching danger with the movement of lonely heavy vehicle towards the forward defence line in an unusual manner at the hour ! He knew that the only way the terrorist to enter inside was the forward defence line. Lance Corporal Thushara was attempting to take the accurate target of the moving object. Sergeant Chandrasiri Bandara saw the repercussions of advancing vehicle and quickly jumped before the Lance Corporal Thushara and took the RPG weapon on his hand. Unfortunately,

the weapon did not follow the command of his master until few minutes passed, but continuous attempt made the RPG worked. The explosive was at the verge when the RPG released the grande from the rocket. However, Sergeant Chandrasiri Bandara was not lucky as his RPG grenade. The vehicle exploded creating a thick fog in the early hours taking the solemn life of Sergeant Chandrasiri Bandara.

His incomparable contribution to prevent the enemy threat had been appreciated by many of his comrades including Major Indika Liyange the Commanding Officer of B Squadron. Recalling the memories, he noted that it was proud to say that Sergeant Chandrasiri Bandara was an exemplary Special Forces member.

Following the tragic demise of warrior, Sergeant Chandrasiri Bandara was posthumously awarded Parama Weera Vibhushanaya for his individual acts of gallantry and conspicuous bravery of the most exceptional order in the face of the enemy on 15 July 2013 by His Excellency Mahinda Rajapaksha President of the Democratic and Socialist Republic of Sri Lanka and Commander in Chief of Armed Forces at the 65th Independence Anniversary. Mrs Mangalika Kumari Ranshinghe beloved soul mate of the valorous War Hero accepted the award.

Extracted From
"Uththamachara" Published
by Sri Lanka Army
Headquarters



Troops of 58 Infantry Division Headquarters Venerated Sacred Relics



In response to a request of the Chief Incumbent at Dangahawela Sri Dharmaraja Viharaya, troops serving the 58 Infantry Division Headquarters complex in Puttalam joined the veneration of sacred relics during an exposition, taking in a procession across the Headquarters premises on 18 October 2022 coincided with the annual 'Katina Pinkama' of the temple. Major General WTWG Ihalage RWP RSP psc General Officer Commanding, 58 Infantry Division, together with the Officers and Other Ranks of 58 Infantry Division paid the respect to sacred skeletal remains of the Buddha when the process reached the main entrance to the 58 Infantry Division Headquarters. A gathering of civilians, resident also paid their respect to sacred relics, together with the troops.



Me and My Arjuna (Bliss of marriage life)



By
Captain J G M R P Kumarihami SLAGSC
Joint Service Language Training Institute
Mawathura

After the departure of Krishna and Sathyabhama, I went straight to the bedroom. I felt my cheeks still burning. As I dismissed the servants, Arjuna entered.

"This is Yuddhishthira's bedroom. You know I'm with him."

"I know that very well. No need to repeat."

"Then why are you here? You know you aren't allowed to enter."

His gaze was too much to bear. I looked away and tried to light the oil lamp near the bed. I felt his lips brushing against my ears as he put his arms around me.

"You were very close to Krishna, weren't you? I saw how he looked at you." He kissed my neck without letting me answer.

"Flirting and laughing. You too enjoyed it a lot right?" I felt his lips on my cheeks and shoulders.

"Arjuna let me go. If Yuddhishthira's found out you were here, you will be exiled for a year. You know the rule, don't you?" I pleaded.

"I don't care about bloody rules. What did you discuss with Krishna?"

"We were just talking. That's all. He is my best friend you know."

"No, he was flirting with you and I saw it." He did not loosen his hands and went on kissing me.

"Listen, I and Krishna share only a friendship. I trust him a lot. That's all. It's you I need and you know that. All these years I yearned only for you." I turned and kissed his forehead.

"I too cannot forget the year I spent with you. I was trying to resist so far. But today I lost it all. So don't ever do it again Panchali. It hurts a lot."

"No I won't. So sorry." I kissed him again as he took me back into his arms.

Often Yudhisthira and I engaged in playing dice games when we were alone. It was our way of conversing about the household affairs rather than entertaining the game. Mostly we argued on the ways of managing the house and the family. Although the dice games did not bring much happiness to me, I engaged attentively for Yuddhisthira's sake.

It was Arjuna who was in my mind day and night. I yearned for his company more than any of my other husbands. Nevertheless, it was Yudhisthira's year according to the rule. While we were playing with the dice as usual, he revealed some new tidings to me.

"Panchali, You know I was waiting to ask for your opinion about this."

"What is it? Go ahead and tell me."

"Actually, I have received an offer from the Kuru clan. They intend to give us a land."

"A land? For what?"

"To live of course."

"We are more than satisfied here."

"True. But this time I hope to build a permanent castle there with a palace. Finally we will be able to have our own kingdom. We have lived like cast outs so far. Didn't we? So I think this is the best time to go back Panchali. What do you think?"

"Seems like you have already decided about that. What did mother say?"

"I didn't ask from her yet. But she will agree to go back."

"Alright then. Let's do as you wish."

"Good. I will send my reply to them tomorrow."

With this agreement between Kuru and Pandava clans, we became the rulers of the new kingdom of Indraprastha. But the journey was not an easy one. The land which they offered was totally covered with snakes and almost a barren one. However with our own determined effort we turned it to a heavenly abode which was even suitable for the Lord Indra to live. This was not much appreciated by our In Laws in Kuru clan since their initial plan of making us Pandavas suffer was a failure. They have never imagined and couldn't bear the glory of our new kingdom. According to my own judgement they have always wanted a war to massacre the Pandava clan who were the legitimate rulers.

Civil Affairs Coordinating Course No-21 Successfully Concluded



The Officers' Civil Affairs Coordinating Course- No 21 of the Army Directorate of Psychological Operations successfully concluded on 20 October 2022 at the Corps of Engineer Services (CES) Headquarters at Panagoda.

Brigadier TN Majeed RSP USP Director, Directorate of Psychological Operations attended the awarding ceremony as the Chief Guest. As per the Army annual training programme, the Course began on 03 October and proceeded with 24 Officers.

During the course, student officers acquired knowledge about the Culture, History, Economy of the country and social conditions of various Districts in Sri Lanka, the role and tasks of Sri Lanka Police, the use of emotional intelligence and cults, negotiating skills, communication skills, etc.



*By Captain Nisal Rukshan SLSR
Directorate of Media
Army Headquarters*

Sri Lankan Blue Helmets Joined Hands with International Children Day in South Sudan

Sri Lanka Army extending its intimacy towards the children in the country carried out a series of events for the World Children's day commemoration with the blessings of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army.

Similarly, Sri Lanka Army troops deployed in overseas assignments with unconditional positive regard for the children organised special children's day programmes extending their humanistic approach for all layers of the society. The 8th contingent of the Sri Lanka Army Medical Corps (SLAMC), United Nations Peace-Keeping Mission in South Sudan (UNMISS) serving the Level-2 SRIMED Hospital, conducted a school accessories distribution programme to the children at the Internally-Displaced People camp in Bor.

During this special children's day programme, kids of the IDP centre received books and writing materials from the Sri Lanka Army frequently called as "Blue Helmet Peacekeepers" with motherly and fatherly care.

The programme was led by Lieutenant Colonel NM Niflar Commanding Officer SRIMED Level 2 Hospital in South Sudan, with the assistance of the Civil-Military Coordination Section of, United Nations Peace-Keeping Mission in South Sudan (UNMISS).

Sri Lanka Army Peacekeepers are in on and off foreign missions, including the United Nations Multidimensional Integrated Stabilization Mission in Mali (MINUSMA), the United Nations



Mission in the Republic of South Sudan (UNMISS), the United Nations Interim Force in Lebanon (UNIFIL), United Nations Stabilization Mission in Haiti (MINUSTAH), United Nations Interim Security Force for Abyei (UNISFA), United Nations Mission for the Referendum in Western Sahara (MINURSO), United Nations Multidimensional Integrated Stabilization Mission in the Central African Republic (MINUSCA) and United Nations Organization Stabilization Mission in the Democratic Republic of the Congo (MONUSCO).

Except above missions, more Army personnel are on international assignments as Military Observers and Staff Officers.

All those missions are strengthening the country's national economy and foreign reserves. To date, Sri Lanka Army blue helmets contributed 285 Million USD to the National Economy as unsung heroes.

GUIDE TO SECURE SOLDIERS' HEALTH EVERYDAY



Every month is challenging for a soldier with the dynamic challenges they encounter from the morning exercise to office and from battle ground to playground. The quick adjustments are inheritance of the military life with assured physical fitness. Finding time for health is challenging. But if you care of these facts you may develop a healthy life with zero medicine.

Get up Early



Getting up early with the rise of sun is often known as the key to success. Getting up early is a mandatory habit of a soldier since training period. Eventually this good habit bid farewell when you mature in life. To keep your life afresh and increase productivity, proper blood circulation you should get up early between 5-6 am.

Exercise



Whether you're a soldier or civilian you need exercise. The more you become matured the more you need exercise to keep your body refresh and assure the proper blood circulation. There is certain limit of exercises required for your age. Keep fit with proper workout at least every other week.

Personal Hygiene



Personal hygiene is very important for military life. Sweat is a challenge for every soldier who is in duty. Therefore, a tendency to open for virus contact or other diseases is high as they are the forefront in any operation. The soldiers often known as- first to go- last to come have always live with risk to be a victim of any epidemic. Therefore, good habits of personal hygiene such as washing hands after urination will save you from many risks.

Good Nutrition



This is very important element for all. Soldier needs a lot of energy as they engage in various types of tasks indoors and outdoors day and night. You need carbohydrate to sustain your endurance. So you need a good energy source for better fitness. So try fresh fruits and nuts.

Fit Kit



Soldier's kit is not only his uniform but the pack, boots badge and underwear what he/she wears. Quality working kit assures best performances as it is your closest kith. It carries your shoes, socks and also your water and rations. Clean and tidy clothing, proper badges, cleaned dress and cleaned packs are also included in the fit kit.

Proper Hydration



Water is important for proper blood circulation. As a soldier who is engaging in various types of tasks, you need good amount of water every day. If its hot sunny day and you are in training, you need water more than 2L. So make sure at least to meet 2L per day.

Ventilation



Proper ventilation is required for a soldier as his duties are not as usual. He must keep his attention, morale and attitude with the will to fight in same level to achieve his targets whether in playground or battle ground. Thus ventilation or fresh air assures your longevity. Avoid smoking friends; enjoy a breathing exercise in green environment at least once a week.



*By Captain Lakmali Kudaligama SLAGSC
Directorate of Psychological Operations
Army Headquarters*

SPORTS

We lead the sports too...

Army Boxers Clinched in Intermediate Boxing Championship-2022



The championship in the overall male category and the runner-up slot in the overall female category in the Intermediate Boxing Championship 2022 won by Army men and woman boxers. Accordingly, Army men and women boxers clinched a total of 11 Gold medals, 09 Silver medals and 12 Bronze medals. Army male boxers emerged as champions while females were rated as runners-up. In addition, the Army Boxers received the Best Male Boxer title and the Best Female Loser title went to Army woman boxers.

The event was held at Colombo Royal College Boxing ring from 5 to 8 October 2022 with the participation of leading boxing competitors from all corners of the island, including Navy and Air Force boxers. The Sri Lanka Boxing Association organised the event.

Army Carom Players Shined in Malaysia Championship



The Sri Lanka Army team (male) competing against players of 18 countries won the runner-up title in the 8th World carom Championship, held in Malaysia from 3 to 7 October 2022.

Lance Corporal Fernando WSM of the Vijayabhahu Infantry Regiment was the runner-up in the finals with the Indian competitors.

Similarly, Lance Corporal Gabriel RD of the Sri Lanka Army Women's Corps won the 3rd place in the women's category defeating her counterpart from Bangladesh.

23 Infantry Division's Inter Battalion Basketball Tournament Held in Kallady



The Inter Battalion Basketball tournament- 2022 of the 23 Infantry Division was held during 29 -30 October 2022 in the Sivananda College Basketball Court at Kallady following the guidelines of Major General GRRP Jayawardena RWP RSP ndu Commander, Security Forces (East).

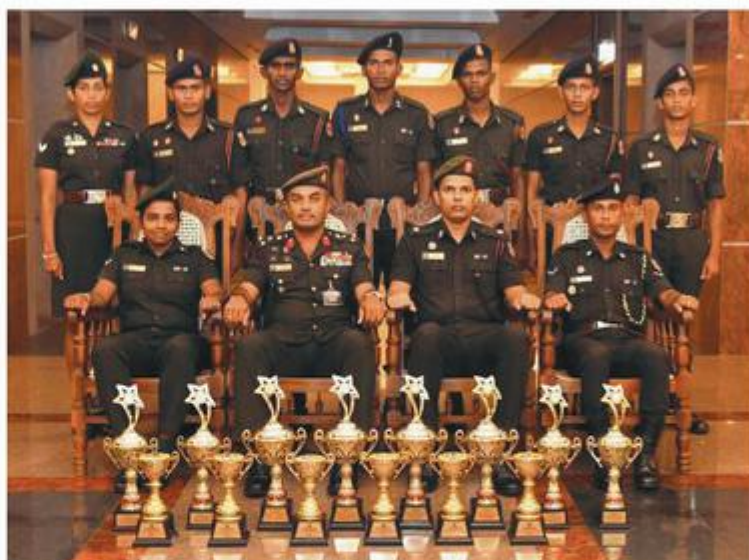
Basketball players in 4 Gemunu Watch, 12 Gemunu Watch, 11 (Volunteer) Sri Lanka Sinha Regiment and 12 Sri Lanka National Guard under command to the 23 Infantry Division vied in the tournament. The 11 (Volunteer) Sri Lanka Sinha Regiment players won the Championship by defeating the players in the 12 Sri Lanka National Guard.

General Officer Commanding, 23 Infantry Division attended the awarding ceremony as the Chief Guest, together with the Commander, 231 Infantry Brigade. Officers and Other Ranks of under command Battalions witnessed the finals and the awarding ceremony.

Army Sepak Takraw Players Won Four Championships

Army competitors grabbed 4 championships at the 16th National Sepak Takraw Championship, held under 6 event categories at the Kandy Municipal Council ground from 22 to 23 October 2022.

Male Hoops, Male Regu, Female Hoop and Female Double championships were accordingly won by the Army female (A team) and the Army male (A team) won the title of runners-up. Army Female (B team) similarly won the Hoop, Regu and Double runners-up slots respectively. Out of all 6 categories, Army Players snatched 4 championships during the tournament.



Signalman Sandaruwan HTR was the Best Hoop Player (Male), Lance Corporal Gampathirana S was Best Hoop Player (Female), Lance Corporal Silva JDP was the Best Hitter (Male), Private Jayampathi WGOS was the Best Hitter (Female) and Lance Corporal Karunaratne KDNP was the Best Feeder (Female) and Private Madushani N was the Best Tekong Player (Female) of the tournament.

The team participated in the competition under the instructions of Brigadier Upul Kodithuwakku, Chairman, Army Sepak Takraw Committee.

Army Golfers Competed in Diyatalawa



The Inter Regiment Golf Tournament - 2022, organised by Sri Lanka Army Golf Club was held from 16 to 17 September 2022 at Colonial Built Golf Court in Diyatalawa with the participation of 67 players representing 12 Regiments of the Army.

Major General Jagath Kodithuwakku, Chief of Staff attended the awarding ceremony as the Chief Guest at the invitation of Major General Lasantha Rodrigo Chairman, Sri Lanka Army Golf Club.

The championship of men's category was won by Sri Lanka Sinha Regiment (SLSR) golfers while the runner-up place went to golfers of the Gemunu Watch (GW). In the women's category, Sri Lanka Army Women's Corps and Sri Lanka Engineers (SLE) teams secured the championship and the runner-up slot respectively. Senior officers, Officers and Other Ranks participated in the awarding ceremony.

Army Road Race – 2022 was Held with 147 Participants



The annual 'Army Road Race - 2022', was held under the patronage of Major General TJ Kodithuwakku RWP RSP ndu Chief of Staff on 02 September 2022 with 147 participants of 15 Regiments of the Army.

The Sri Lanka Army Athletic Committee, chaired by Major General DHS Senerath Yapa RWP RSP ndu Commandant, Sri Lanka Army Volunteer Force (SLAVF) was instrumental in arranging the event. 15 women sprinters participated in the event this time. The marathon covered via Diyatha Uyana, Battaramulla, Malabe, Athurugiriya, Habarakada, along the High Level road up to the Panagoda Army cantonment and ended near the Army Gymnasium at Panagoda. The Chief of Staff awarded medals and trophies to achievers in the road race, together with the Secretary Army Athletic Committee.

Army Swimmers Won Overall National Championship after 16 Years



The Sri Lanka Army swimmers made a victory to claim the Championship in the Sri Lanka Aquatic Sports Union (SLASU)-organised National and Junior National Aquatic Swimming Championships-2022 held for four days (from 4 to 7 October 2022) at Sugathadasa Stadium swimming pool complex.

Sri Lanka Army swimmers proving nothing is impossible, impressively won the overall Men's National Championship with 322 points after an absence of 16 years breaking the 5-year reign of Killer Whale Aquatics team with a lead of 18 points. Sri Lanka Army secured the Championship with 15 swimmers under the guidance of Coach Major Roshan Peiris. Killer Whale Aquatics entered the final day with 26 points ahead of the Sri Lanka Army but Army swimmers showed how tables could be turned.

Army swimmers altogether won 17 Gold medals, 5 Silver medals, and 2 Bronze medals in each category. 316 swimmers representing 64 swimming teams participated in the tournament. Major General SUMN Manage WWV RWP RSP psc Chairman, Sri Lanka Army Aquatic Sports Committee and Director General General Staff inspired the army swimmers and provided much-needed assistance and guidance by way of coaching those team players. The trophies and certificates were awarded on 7 October 2022 at the Sugathadasa Stadium during a ceremony.

Inter Regiment Table Tennis Tournament 2022



The Army Inter Regiment Table Tennis Tournament 2022 was conducted at the Army Indoor Stadium Panagoda from 26 to 28 September 2022. The event was organised by the Sri Lanka Army Table Tennis Committee. More than 90 players representing 16 teams from 12 Regiments competed in the tournament.

The Championship was won by the Gajaba Regiment (GR) pushing Sri Lanka Signal Corps (SLSC) players Runner-up in Men's category. Sri Lanka Signal Corps women was declared the championship in the women's category. Sri Lanka Army Women's Corps team secured the Runners-up slot.

Signalman Priyankara WRM of Sri Lanka Signal Corps was adjudged the Best Player of the Tournament in Men's category and Signalwoman Rodrigo TN of Sri Lanka Signal Corps was the Best Player of the Tournament in the Women's category. The awarding ceremony was held on 28 September 2022 at Army Indoor Stadium Panagoda. Major General Chaminda Lamahewa, Director General Infantry graced the awarding ceremony as the Chief Guest with the participation of the Chief Signal Officer, and many other invitees alongside.

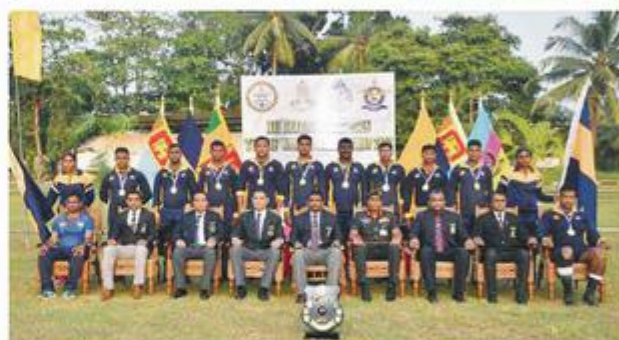
Army Power Lifters Won Overall Championship in National Powerlifting Competition



The Sri Lanka Army Powerlifters in the National Powerlifting Competition-2022, held at Taj Samudra Hotel, Colombo on 29 October 2022 won the overall Championship clinching 4 Gold, 3 Silver Medals and 01 Bronze Medal.

Warrant Officer II, Pradeep SKS was adjudged the Best Powerlifter in the competition, vied by participants from island-wide Sports Clubs. This tournament, organised by the Sri Lanka Powerlifting Federation covered Women's category in 47, 52, 57, 63, 72, 84 kgs and above 84 kg weight categories while Men's weight category included 59, 66, 74, 83, 93, 105, 120 kgs and above 120 kg.

Army Players Won Tug of War Championships in Defence Service Games



The Tug of War Championship event in the 12th Defence Service Games (DSG) took place at the Sri Lanka Air Force Base Katunayake from 26 to 28 October 2022.

During this championship, Army male competitors in 640 kg weight class secured the championship 2 - 0 against players in the Sri Lanka Navy during the finals. Similarly, Army female players in 560 kg weight class beating Navy counterparts emerged champions 2 - 0 in the championship, competed by Army, Navy and Air Force female teams.

Sri Lanka Sinha Regiment Held a Cricket Tournament at Puthukuduirruppu



The finals of the Inter Battalion Soft Ball Cricket tournament of the Sri Lanka Sinha Regiment (SLSR) was held on 27 October 2022 at 3 (V) Vijayabahu Infantry Regiment cricket ground in Puthukuduirruppu.

17 teams representing different Battalions in the Sri Lanka Sinha Regiment participated in the tournament for the purpose of selecting best cricketers to the Sri Lanka Sinha Regiment cricket team.

3 (V) Sri Lanka Sinha Regiment team was able to win the championship while 6 Sri Lanka Sinha Regiment team clinched the runner-up slot.

General Officer Commanding, 68 Infantry Division witnessed the finals and attended the awarding ceremony as the Chief Guest. Senior Officers including Center Commandant, Sri Lanka Sinha Regiment and Other Ranks participated in the event.

7 Volleyball Teams in Jaffna Joined Inter-Grama Niladhari Division Volleyball Tournament



1 Mechanized Infantry Regiment troops of the 552 Infantry Brigade organised an Inter-Grama Niladhari Division Volleyball Tournament from 15 to 16 October 2022 with players of seven Grama Niladhari Divisions.

Kovilvayal Grama Niladhari Division team and Iyakkachchi Grama Niladhari Division team were selected for the finals. However, players in the Kovilvayal Grama Niladhari Division team after a close neck-to-neck competition emerged as Champions in the Inter- Grama Niladhari Division Volleyball Tournament and carried away the Championship. The Iyakkachchi Grama Niladhari Division team clinched the runners-up slot in the tournament.

The Inter-Grama Niladhari Division Volleyball Tournament was held under the conceptual guidance given by the General Officer Commanding, 55 Infantry Division, to foster civil-military relations in the Jaffna peninsula.

Commanding Officer, 1 Mechanized Infantry Regiment, graced the finals as the Chief Guest. Senior Officers, Officers, Other Ranks and civilians also took part in the awarding ceremony.

Kalaimathi Sports Club Won Major General Ravi Ratnasingham Challenge Trophy - 2022



The Inter Club Soccer Tournament, organised by the 551 Infantry Brigade of the 55 Infantry Division under command to the Security Force Headquarters (Jaffna), with eight civil clubs got underway from 12 to 22 October 2022 under the close supervision of Major General Prasanna Gunaratne, General Officer Commanding, 55 Infantry Division in accordance with guidelines given by, Commander, Security Forces (Jaffna).

The tournament was staged in line with the 'Major General Ravi Ratnasingham Challenge Trophy - 2022'. The soccer players in the Jaffna-based Kalaimathi Sports Club grabbed Major General Ravi Ratnasingham Challenge Trophy - 2022 and was awarded a cash gift of Rs 100,000.00. In the closely-fought final encounter, players in the Sivananthan Sports club clinched the runner-up slot and carried the 'Vish Nadarajah Trophy' plus a gift of Rs 50,000 in cash. Both winners and runners-up teams were awarded certificates and medals while other participating teams were also awarded Rs 10,000 each plus certificates.

Commander, Security Forces (Jaffna) graced the event as the Chief Guest and witnessed the final encounter of the tournament on 25 October 2022 at the Collin's Grounds, Nelliady. Commander 551 Infantry Brigade coordinated the event and the tournament was sponsored jointly by Major General (Rtd) Ravi Ratnasingham and Mr Vish Nadarajah.

Divisional Secretaries, Commander, Forward Maintenance Area (North), General Officers Commanding of 55 and 51 Infantry Divisions, Senior Officers, 551, 552 and 553 Brigade Commanders, Commanding Officers, and a gathering of civil invitees witnessed the finals and joined the awarding ceremony.

Ranaviruwa Extends Heartiest Wishes for the Newly Appointed Officers



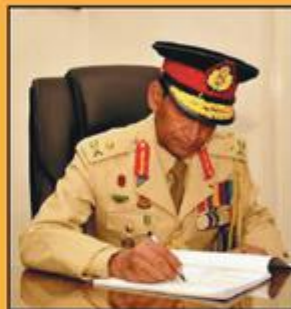
**Major General
M K Jayawardena RSP USP
ndu**
assumed the duties as the
Colonel Commandant,
Sri Lanka Army Women's
Corps
on 13 October 2022



**Major General
S W M Fernando WWV
RWP RSP USP ndc psc**
assumed the duties
as the General Officer
Commanding,
51 Infantry Division
on 07 October 2022



**Major General
A H L G Amarapala RWP
RSP ndc psc**
assumed the duties
as the General Officer
Commanding,
Engineer Division,
Corps of Sri Lanka
Engineers
on 12 October 2022



**Major General
S B Amunugama RWP RSP
ndu**
assumed the duties
as the General Officer
Commanding,
22 Infantry Division
on 05 October 2022



**Major General
G M N Perera RWP RSP
USP**
assumed the duties
as the General Officer
Commanding,
12 Infantry Division
on 08 October 2022



**Major General
R M M Ranasinghe WWV
RWP RSP**
assumed the duties
as the General Officer
Commanding,
59 Infantry Division
on 06 October 2022



**Major General
S W B Welagedara RSP
USP**
assumed the duties
as General Officer
Commanding,
24 Infantry Division
on 03 October 2022



**Brigadier
I H M R K Herath USP psc**
assumed the duties as
the Media Spokesperson
of Sri Lanka Army and
Director
Directorate of Media
on 06 October 2022



**Brigadier
K W S Perera RWP**
assumed the duties as the
Brigadier General Staff
Security Force
Headquarters
(Mullaitivu)
on 18 October 2022



**Brigadier
K V N P Premaratne RSP
USP psc**
assumed the duties as
the Brigadier General
Staff, Security Force
Headquarters (West)
on 06 October 2022



**Brigadier
D K Aludeniya RWP**
assumed the duties as
the Commandant,
Senehasa Education
Resource and
Information Centre
on 16 October 2022



**Brigadier
M L A de Silva RSP USP psc**
assumed the duties as
the Commander,
213 Infantry Brigade
on 28 September 2022



**Colonel
S R M L P Samaranayake
USP**
assumed the duties
as the Deputy
Commandant,
Ranaviru Resource
Centre
on 30 May 2022



**Colonel
D K R Perera**
assumed the duties as
Commander,
Headquarters Battalion,
Sri Lanka Army
Headquarters
on 17 October 2022



**Major
KKSP Kumara RSP**
assumed the duties as
Commanding Officer,
1 Sri Lanka National
Guard
on 20 October 2022



**Major
I G R Dhammika**
assumed the duties as
Commanding Officer,
10 Sri Lanka National
Guard
on 19 October 2022

Ranaviruwa Extends Heartiest Wishes for the Newly Appointed Senior Non-Commissioned Officers



**S/ 105864
WOI WPDR Weerasinghe (SLAC)**
assumed the duties as Battalion
Sergeant Major
Sri Lanka Army Headquarters
on 21 October 2022



**S/ 702055
WOI MARN Sirinaga (1SLAGSC)**
assumed the duties as Chief Clerk,
Regional Account Office (Palali)
1 Sri Lanka Army General Service
Corps
on 26 October 2022



**S/ 106234
WOII Ranasinghe RSL (3SLAC)**
assumed the duties as Chief Clerk,
Admin and Quartering Branch
Security Force Headquarters (Jaffna)
on 26 October 2022

Troops of 65 Infantry Division Gifted Medicine to the Hospital



Troops of 65 Infantry Division of the 1 Corps in response to a request of the Consultant Surgeon of the Surgical Ward at Anuradhapura Base Hospital supplied a stock of essential medicines on 25 October 2022. The stock was donated to the hospital aiming to assist the OPD consultations and those who undergo surgery. Major General P Edirisinghe General Officer Commanding, 65 Infantry Division handed over to the Consultant Surgeon. Mr Isuru Wijewardane Chairman, QUALQEM (Pvt) Ltd in Nawala sponsored the stock of medicines at the request of the Army. Civil Affairs Officer, 65 Infantry Division coordinated and organised the event.

Prefects & Grade 5 Students Underwent 'Leadership' Training



A full day training workshop on 'Leadership' was conducted for 60 school prefects and Grade 5 students on 29 October 2022 at Meegoda Dharmaraja Vidyalaya grounds by trainers of 10 Sri Lanka Signal Corps at the request of the Principal and staff of the school.

The programme was held under the guidance of the Commanding Officer, with the participation of Officers, and Non-Commissioned Officers of the 10 Sri Lanka Signal Corps. The Workshop included physical exercises, lectures, discussions, and other group training activities.

RANAVIRUWA



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TN Majeed RSP USP Isc



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Captain
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PUBLICATION

Directorate of Psychological Operations
Sri Lanka Army



Mobile Kiosk for Vegetables Launched Near Army Headquarters



The Corps of Agriculture and Livestock, together with the Directorate of Agriculture and Livestock launched a Mobile Agricultural Products Shop where Army-produced vegetables and dairy products are sold to All Ranks at a concessionary price on a suggestion, made by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 11 October 2022. To be in line with the 73rd Army Anniversary, the mobile shop, parked near the vehicle park at the Army Headquarters at Pelawatte, Battaramulla and will continue to remain open on every Tuesday and Friday from 3.00 pm to 6.00 pm.

Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army at the invitation of Major General WBSM Abeysekara RSP USP Colonel Commandant of Sri Lanka Army Corps of Agriculture and Livestock, graced the inaugural occasion as the Chief Guest and symbolically bought a few varieties of vegetables and other products.

Major General T J Kodithuwakku RWP RSP ndu Chief of Staff, Major General WBSM Abeysekara RSP USP Colonel Commandant of Sri Lanka Army Corps of Agriculture and Livestock, Brigadier AK Rajapaksha RSP Director, Directorate of Agriculture and Livestock, Senior Officers, Officers and Other Ranks took part in the inaugural event.



*The heroic
memories.....*

The Trenches of Battlefield

A trench is a type of excavation in the battleground that is generally created as a natural defence for the troops. However, these trenches carry millions of untold stories of gallantries as much as the sand. The brevey acts of our war heroes shall remain forever the same.

