

JULY 2022 15<sup>th</sup> Issue



# Ranaviruwā





# *The Sri Lanka Army Volunteer Force Administration Complex Re-established in a New Building*

The Sri Lanka Army Volunteer Force (SLAVF) Headquarters complex at Salawa, Kosgama was declared open by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army who graced the event as the Chief Guest on 12 July 2022 in a dignified ceremony. The administrative building complex in the premises was accordingly vested in the troops.

The Chief Guest was warmly welcomed to the premises by Major General D G S Senarath Yapa RWP RSP ndu Commandant, the Sri Lanka Army Volunteer Force in a red carpet extending a warm welcome to the Army Commander with a formal Guard Turnout. A colourfully-dressed parade composed of Sri Lanka Light Infantry troops then saluted the Chief Guest.

After unveiling a symbolic plaque amid blessings of 'Seth Pirith' chanting, the Chief Guest cut a ribbon and warmed the new office complex following the auspicious hours. Then after, he visited all sections in the well-equipped modern building complex and commending the acceleration of the project appreciating Commandant and all ranks, the Sri Lanka Army Volunteer Force.

The re-establishment of the new Sri Lanka Army Volunteer Force administrative complex took place after several years having functioned from the nearby Logistic Command Headquarters compound, coincides with the 'Army Way Forward Strategy-2020-2025' and cost about Rs 75 million. Troops of the Sri Lanka Engineers, Corps of Engineer Services and all other support regiments contributed their assistance to make the project a reality. Also, the well-equipped new storied building is consisted of high architectural design and it was brought to completion in close consultation with civil consultants and experts.

Senior Officers, including the Chief of Staff, Deputy Chief of Staff, Director General General Staff, Adjutant General, Quarter Master General, Master General Ordnance, Director General Infantry, Commander, Security Forces (West), Commander, Army Logistic Command, Officers and Other Ranks serving the Sri Lanka Army Volunteer Force were associated with the opening ceremony.







## Modern Gymnasium for Officers at Army Headquarters Declared Opened

Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army declared open newly-designed and well-equipped gymnasium at the Army Headquarters on 01 July 2022 for the Officers serving the Army Headquarters during a simple ceremony.

The new gymnasium is completely equipped with training benches, dumbbell sets, treadmills, barbell sets, ellipticals, rowing machines, balance trainers, etc and has been designed to match with most modern standards that could invariably assist Officers to maintain their sound physique and all-time fitness.

Major General C D Weerasooriya RWP RSP ndu Deputy Chief of Staff, Brigadier K A W N H Bandaranayaka USP Director Sports, together with few Senior Officers attended the event.





## ***Army Commander Made his Maiden Visit to the Security Forces (West)***

Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army made his first visit to the Security Force Headquarters (West) at Panagoda and addressed the troops, attached to the Security Force Headquarters (West) on 2 July 2022 including the troops of 14 and 61 Infantry Divisions.

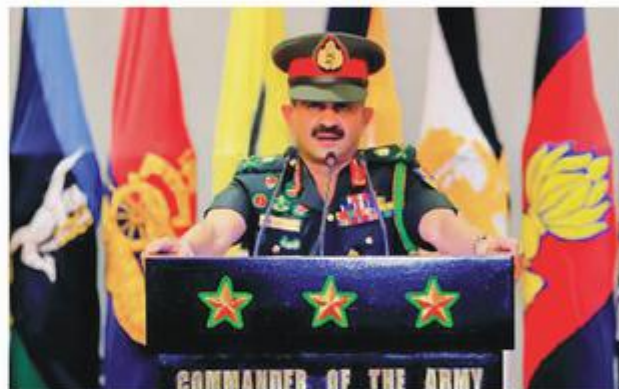
Addressing the gathering, Commander of the Army explained the vision of the Army in future and educated the gathering on current issues and tense social developments with special reference to the role and tasks of the Army, maintenance of relations with the Police and other supportive elements, present security engagements, civil-military co-operation, decision-making, practical approaches and possibilities for resolution through dialogue, assistance to affected general public due to the current crisis, maintenance of goodwill and restraint, correct perception of public pulses and feelings, maintenance of Army dignity and discipline and adoption of diplomacy at all levels, etc.

Generals Officer Commanding of 14 and 16 Infantry Divisions, Brigade Commanders of all Infantry Brigades under Security Force Headquarters (West), Commanding Officers, and troops representing all the Regiments in the cantonment participated in the event.





## ***Troops of Army Headquarters were Educated to Keep Abreast of Ground Realities***



In a move to keep all troops serving Army Headquarters made aware on the abreast of current ground realities, Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army educated the troops to adopt proper approaches to resolve issues and strengthen public relations, during his address on 01 July 2022. During the session, all ranks were educated on the importance of above-mentioned concerns.

During the comprehensive address, Commander of the Army educated the troops on the role and tasks of the Army, its security engagements, maintenance of relations with the sister services and public during the crisis situation while securing the goodwill understanding the public pulses and feelings while preserving the dignity and discipline.

Senior Officers including the Deputy Chief of Staff, Principal Staff Officers, Directors, Officers and Other Ranks attend the venue.

---

## ***Commander of the Army Spoke to the Troops of 53 and 58 Infantry Divisions***



Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army addressed the remaining sections of the 53 and 58 Infantry Divisions under command to the 1 Corps, Sri Lanka Army, after inviting them on 6 July 2022 to the Sri Lanka Army Headquarters. During the address, Commander of the Army explained current developments in the country and how the Army troops should respond to developing challenges.

Senior Officers including Major General A K G K U Gnanaratna ndc psc Commander 1 Corps Sri Lanka Army together with the Officers, Other Ranks attended the event.



## Copra Processed by Army Troops Offered to Sri Dalada Maligawa for Illuminations in the Annual Perahera

A stock of 15 tons of copra that can be used for illuminations of the Sri Dalada Perahera handed over to the chieftain (Diyawadana Nilame) of the Sri Dalada Maligawa (Temple of Tooth) during a simple ceremony, graced by Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 29 July 2022 for the 9th consecutive year.

Troops of the Vijayabahu Infantry Regiment (VIR) Regimental Centre at Boyagane, Kurunegala, situated in a grove of coconut trees have been instrumental in preparing those dried coconut stocks for this exclusive religious requirement every year, adhering to age-old traditions of ancient royalties who had reportedly continued to provide the parading torch bearers with Copra to lighten up the entire procession.

Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army, together with Mrs Janaki Liyanage President, Army Seva Vanitha Unit graced the event at the invitation of Major General S U M N Manage WWV RWP RSP psc Colonel of Regiment, Vijayabahu Infantry Regiment and Director General General Staff. The first tray of copra symbolically offered to the lay custodian of the temple, Mr Pradeep Nilanga Dela Bandara, Diyawadana Nilame after performance of religious observances amid customary Theva (daily service) rituals.

Major General S U M N Manage WWV RWP RSP psc Colonel of the Regiment, Vijayabahu Infantry Regiment and Director General General Staff, Major General R A D P Ranawaka RWP RSP USP ndc Quarter Master General, Major General D M K D B Pussella RWP RSP Commander, Security Forces (West), Major General S P A I M B Samarakoon Hdmc Lsc Army Logistic Commander, Senior Officers and Other Ranks were associated with the programme.



## Commander Assured Support for Smooth Conduct of National Defence College Affairs



Major General Amal Karunasekara (Rtd) Commandant, National Defence College (NDC) paid courtesies to Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army during a visit to the Army Headquarters on 1 July 2022. During the brief event, Commandant, National Defence College briefed the Commander of the Army on the progress of the recently-established National Defence College as the premier institute that promotes strategic thinking for the Senior Officers of the Tri-Services, Police and Public Service including how it provides holistic knowledge with the perspective of developing highly qualified strategic decision-makers in the realm of national security, statecraft, diplomacy and public policy to ensure national security and national development of Sri Lanka.

Commander of the Army assured all possible assistance to the growth of the National Defence College. At the end of the interaction, the Commander of the Army awarded a memento to the Commandant, National Defence College.



## Glimpse of Courtesy Meetings of Commander of the Army



His Excellency Major General (Rtd) Umar Farooq Burki, Hilal-i-Imtiaz the High Commissioner of the Islamic Republic of Pakistan to Sri Lanka, paid a courtesy call on Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 7 July 2022 at the Army Headquarters.

Friendly and sound relations that exist between both nations over many years as well as ongoing exchange programmes, related particularly to participation of Armed Forces in varied training programmes and other pertinent exchange modules of bilateral importance were recalled during cordial discussions. The cordial meet culminated with exchange of mementos.

Captain Ian Cain Defence Adviser for the High Commission of Australia called on Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army at the Army Headquarters on 4 July 2022.

During the warm interactions, both of them discussed general matters, related to defence cooperation between members of the Sri Lanka Army and Armed Forces of Australia. During the discussion Commander of the Army thanked the envoy for his own initiatives in the sphere of military training and the general support rendered by the Armed Forces in Australia.

At the end of the cordial meeting, a special memento was awarded to the Australian envoy by the Commander of the Army symbolising the goodwill among nations.



Lieutenant Colonel Anthony C Nelson of the US Army, the recently-appointed Defence Attaché in the USA Embassy in Colombo extended courtesies to Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army on 27 July 2022 at the Army Headquarters.

During the friendly interactive, the cooperation and understanding that prevail between armed forces of both countries were recalled. The different exchange programmes and other general matters of concern were also discussed during the friendly interactions. At the end of the cordial meeting, mementos were exchanged between the two parties.





## ***'Seva Vanitha Budget Centre' Declared Open for the Benificiries***

Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army at the invitation of Mrs Janaki Liyanage President, Army Seva Vanitha Unit (ASVU) declared open the recently-expanded and upgraded 'Seva Vanitha Budget Centre' complex in a simple inaugural ceremony expanding the scope of welfare for Army personnel, resident in Manning Town married quarters premises in Narahenpita on 28 July 2022.

The 'Seva Vanitha Budget Centre' complex was renovated with the manpower assistance extended by the Corps of Engineer Services (CES) under the close supervision of Mrs Janaki Liyanage the President Army Seva Vanitha Unit with the intention to upgrade the welfare of the Officers and Other Ranks.

The new 'Seva Vanitha Budget Centre' consists of a mini supermarket, bakery, juice bar, beauty salon, barbershop for males and a tailor shop. The completely-renovated storied building has been equipped with a mini banquet hall that can be used for social gatherings, functions.

During the simple ceremony Commander of the Army had friendly interactions with the troops of Corps of Engineer Services appreciating their commendable assistance to make the project a reality within a short period of time.





## ***Combined Sri Lanka Army Volunteer Force Sports Meet, Inter Regiment Para Athletic Championship and Novices Sports Meet Inaugurated***

The combined Sri Lanka Army Volunteer Force (SLAVF) sports meet, 23rd Inter Regiment Army Para Athletic Championship and the Inter Regiment Novices Sports Meet inaugurated on 27 July 2022 at Diyagama Mahinda Rajapakse stadium in an attempt to economise on the conduct of those events separately. Major General T J Kodithuwakku RWP RSP Chief of Staff and Colonel of the Regiment, Sri Lanka Light Infantry graced as the Chief Guest for the inaugural ceremony of the year's mega event, competed by hundreds of Army sportsmen/women and athletes.

The Chief Guest was warmly welcomed by Major General D G S Senerath Yapa RWP RSP ndu Commandant Sri Lanka Army Volunteer Force who also the Chairman, Army Athletic Committee, Army Para Athletic Committee and Chairman, Sky Diving Committee, Brigadier M A R Gunasekara RSP Commandant, 'Senehasa' Educational and Information Centre and Vice Chairman, Army Para Athletic Committee and Chairman, Army Handball Committee, together with a representative group of differently abled Army personnel.

Representing all three tournaments, Brigadier M A R Gunasekara RSP Vice Chairman, Army Para Athletic Committee and Chairman, Army Handball Committee, conducted the welcome note. This is the annual event that many multi-talented athletes, competitors and the future of the Sri Lanka sports meet. Also this is the most energetic event that exhibits the vibrant skills of the young sportsmen and women serving the Sri Lanka Army. This year's combined event was competed by 700 plus sportsmen and women.



## ***St Aloysius' College Recalled to Memory and Lauded to Chief of Staff***

Old Boys' Association of Galle St Aloysius' College, together with Principal, held a felicitation ceremony for Major General T J Kodithuwakku RWP RSP Chief of Staff of the Army and a collective of Tri Service veterans, at the college premises in a dignified ceremony, on 01 July 2022 in appreciation of the untold hardships and sacrifices they have made for the defence of the motherland throughout their military career for more than three decades. The programme was organised by Old Boys' Association (Colombo Branch) of St Aloysius' College-Galle, former principals and teachers.





## ***Sri Lanka Army Volunteer Force's New Main Entrance Declared Opened***



Newly built main entrance of the Sri Lanka Army Volunteer Force (SLAVF) Headquarters was declared open during a simple ceremony held on 21 July 2022. Major General T J Kodituwakku RWP RSP ndu Chief of Staff, Sri Lanka Army graced the event at the invitation of Major General D G S Senarath Yapa RWP RSP ndu Commandant, Sri Lanka Army Volunteer Force.

A gathering of Senior Officers, including Major General C D Weerasuriya RWP RSP ndu Deputy Chief of Staff of the Sri Lanka Army, Major General S P A I M B Samarakoon Hdmc Lsc Commander, Headquarters Logistics Command, Major General M K Jayawardena RSP USP ndu Chief Field Engineer and Officers of Sri Lanka Army Volunteer Force attended the inaugural occasion. The entrance was made an eye-catching attraction of Sri Lanka Army Volunteer Force identity, by the troops of 10 Corps of Engineer Services (CES).

## ***Mechanized Infantry Regiment New Guard Room at the Entrance Declared Open***

The newly-erected guard room at the entrance to the Mechanized Infantry Regiment (MIR) Headquarters at Dambuluhalmillewa was declared opened by Major General C D Weerasoriya RWP RSP ndu Colonel of the Regiment, Mechanized Infantry Regiment and Deputy Chief of Staff on 30 July 2022. Engineering and technical expertise for the construction was provided by troops of Mechanized Infantry Regiment and financial assistance was provided by Regimental funds of Mechanized Infantry Regiment. The Centre Commandant, Senior Officers, Officers and Other Ranks joined the occasion.



## ***Deputy Chief of Staff Inspected Tyre Retreading Section at Dombagoda Factory***

Major General C D Weerasooriya RWP RSP ndu Deputy Chief of Staff made a formal visit to the Sri Lanka Army Ordnance Factory at Dombagoda where tyres are retreaded and inspected its other functional aspects on 6 July 2022.

During the visit, the Deputy Chief of Staff inspected the tyre retreading section and received a first-hand account of its technical process. He also commended the workforce in the factory and underlined the need to maintain good standards in the production process. This was his first visit after he took over the new office. Brigadier G K I Vithanachchi ato Director Ordnance Services together with the Centre Commandant Brigadier G A Munasinghe RSP ato.





## ***Security Forces (Jaffna) Gifted Bicycles to Students and Dry Rations to the Deserving Families***

Schooling children of low-income families in the Jaffna peninsula received twenty two bicycles, value of Rs 500,000.00 and a stock of 50 dry ration packs, each valued at Rs 5000.00 on 26 June 2022. Major General W M G C S B Wijayasundara RSP USP ndu Commander, Security Forces (Jaffna) attended the event as the Chief Guest. The programme was come into a reality with the coordination of General Officer Commanding, 52 Infantry Division.

The generous sponsorship was extended by Mr Rajikaran Shanmugarathnam a Canada-based philanthropist. Major General K V S Fernando RWP RSP ndu General Officer Commanding 52 Infantry Division, Brigade Commanders, Divisional Secretariat Officials, and Other Ranks were attended the event. The event, was implemented to enhance and strengthen trust, goodwill and confidence of the general public towards the Army.



## ***New Jaffna Commander Undertook Formal Visits to its Under-Command Divisions, Brigades and Units***



Major General W M G C S B Wijayasundara RSP USP ndu the Commander Security Forces (Jaffna) made his first formal field visit to 51, 52 and 55 Infantry Divisions during 08, 09 and 11 July 2022. During the visits, the Commander, Security Forces (Jaffna) addressed the troops and emphasised the importance of soldier's sheer commitment, dedication, and work hard to achieve the desired goals of the Nation. Further, he highlighted the importance of alertness to security, discipline, balance between work and personal life. In line with the visits, he inspected the under-command Infantry Brigades, Units, and the Battalion Training Schools. General Officer Commanding, Brigade Commanders, Commanding Officers, Senior Officers, and Other Ranks were associated with the event.



## Commander Security Forces (Wanni) Visited 21, 54 and 56 Infantry Divisions



Major General C D Ranasinghe RWP RSP the Commander Security Forces (Wanni) made a formal visit to 21, 54, 56 Infantry Divisions on 30 June and 01, 02 July 2022. During the visit, he addressed the troops and highlighted the current situation of the country and responsibilities of military personnel. Further, he elaborated that maintaining the discipline, with responsibility to ensure the dignity of Sri Lanka Army, maintaining the balance between the army life and personal life and to discharge duties with responsibility to uplift the "Green Agriculture" programme are significantly important.



Then after, he visited Madhu Church, Vidathalathivu, Iluppaikkadavai and Vankalai. Generals Officer Commanding of 21, 54 and 56 Infantry Divisions, Commanders of Infantry Brigades, all Commanding Officers of the Infantry Battalions, Officers and Other Ranks attended the event.

## Troops of Security Forces (Wanni) Provided 500 Free Meal Packets to People in Petrol Queue

A programme of distributing 500 free lunch packets to the public who were waiting to obtain fuel around Poonewa fuel station took place by the generous troops of the Security Force Headquarters (Wanni) following the guidelines of Major General C D Ranasinghe RWP RSP Commander, Security Forces (Wanni) on 7 July 2022. The programme was coordinated by the Colonel (Admin and Quartering) at the Security Force Headquarters (Wanni) in order to lessen the hardships of the people

Logistic Staff Officer 1, Security Force Headquarters (Wanni) together with Other Ranks joined the distribution of those meal packets.



## Dry Ration Distribution for 10 Deserving Families

Dry ration parcels were distributed among the deserving families resided in Kanagarayankulam area with the generous assistance of 16 Sri Lanka Sinha Regiment and 17(V) Vijayabahu Infantry Regiment on 9 July 2022. Dry ration parcels were accordingly distributed among 30 deserving families under the supervision of Brigadier P P G Kulathilaka Commander, 561 Infantry Brigade and the financial generosity for the task was extend by the troops of 561 Infantry Brigade.



## *Two Families in Kantale Received New Houses*



Two more new houses erected by the Sri Lanka Army for homeless families in Kantale area were vested in the beneficiaries during simple ceremonies held on 8 July 2022 by Major General G R R P Jayawardena RWP RSP ndu Commander, Security Forces (East) on 8 July 2022.

The first house which was vested in Mrs G Thakshila Subhashini was completed under the supervision of Lieutenant Colonel B P C Wanniarachchi Commanding Officer 5 (V) Sri Lanka Artillery with the intention to promote the good will and civil military cooperation. The financial grants for the houses were extended by National Housing Development Authority. Stocks of household equipment were also gifted to the beneficiaries by the troops of 5 (V) Sri Lanka Artillery during the event. The second house was built for Mrs W M Niluka Priyangani whose both sons are suffering from Leukemia.

The Commander Security Forces (East) together with General Officer Commanding, 22 Infantry Division, Commander, 222 Infantry Brigade, Civil Affairs Officer, Commanding Officer, 5 (V) Sri Lanka Artillery and the Regional Manager of the National Housing Development Authority in Trincomalee were also attended the warming ceremonies of houses.

## *Commander, Security Forces (East) Inspected Under-command Formations*



Major General G R R P Jayawardena RSP ndu the Commander, Security Forces (East) recently made his formal official visit to the Forward Maintenance Area (East), and its under command establishments, including 3 Corps of Engineer Services, 3 Sri Lanka Army Ordnance Corps, 3 Sri Lanka Electrical and Mechanical Engineers and the Army Hospital at Minneriya and addressed the troops after assuming the duties as the Commander, Security Forces (East) on 19 July 2022. During the address Commander, Security Forces (East) made a comprehensive briefing on the role and tasks and operational readiness highlighting the requirement of the optimum performance during this critical situation of the country.





## *A Distribution Programme of School Accessories at Dehiattakandiya*



A programme of distributing school accessories and educational instruments among 315 students of low-income families studying at Mawanagama Maha Vidyalaya in Dehiattakandiya took place under the patronage of 532 Infantry Brigade on 16 July 2022. The financial assistance to make the charity event a reality was extended by the 'Yuthukama' charity organisation and several philanthropists in the area at the request of the Commander, 532 Infantry Brigade. Under the programme, each student received the books, pens, pencils, stationery etc. The project cost Rs 472,500.00 for those philanthropists and the 'Yuthukama' organisation. Commander, 1 Corps, Major General A K G K U Gnanaratne ndc psc graced the event as the Chief Guest for distribution. Commander, 532 Brigade, Zonal Education Director, parents of students of Mawathagama School in Dehiaththakandiya and civilians participated in the event.

## *1 Corps Contributed to the Food Security Programme*

As per the directions of Lieutenant General H L V M Liyanage RWP RSP ndu the Commander of the Army with the close supervision of Major General A K G K U Gnanaratne ndc psc Commander, 1 Corps, troops of the Headquarters 1 Corps Sri Lanka Army joined with the Army's Green Agriculture and Food Security Project by cultivating Green Gram on 6 July 2022 at the Headquarters 1 Corps Sri Lanka Army in Iranamadu.



Apart from Green Gram, this project was comprised with different varieties of vegetables such as Ladies Fingers, Green Chilli, Brinjal, Capsicum, Banana and Pumpkin initially, covering the area of 8 acres. However, the programme will be further extended up to 20 acres in future adding more varieties in addition to 23 acres of mango cultivation which have been planted already. The purpose of this cultivation project was to support the mechanism of the government's cultivation drive by providing vegetables and fruits at a reasonable price to the military personnel and the civil community. Senior Staff Officers, Officers, and Other Ranks of the Headquarters 1 Corps Sri Lanka Army joined the event.





## ***59 Infantry Division Supplied Essentials to Pregnant Women in Mullaitivu***



Troops of 59 Infantry Division organised a distribution programme targeting economically underprivileged families in the area on 14 July 2022. 10 expecting mothers were benefited under the programme and each received basin, a mosquito net, baby soap and cloth, required for infants under the programme. Also, a night dansal (free eatery stall) was held for the needy residents in the area. The financial assistance for the task was extended by Old Boys Association of Royal College, Colombo, University of Sri Jayawardenapura and Global friendship who appreciated the humanity for this community project.

The distribution programme was graced by Major General W A S S Wanasingha RSP USP ndu Commander, Security Forces (Mullaitivu) at the invitation of Major General G D Sooriyabandara USP General Officer Commanding, 59 Infantry Division.

## ***Badminton Training for Students and Teachers in Kilinochchi***



In order to popularise the game of badminton among school children in Kilinochchi area, troops of 57 Infantry Division conducted a badminton training programme at the Kilinochchi Stadium under the guidance of the General Officer Commanding, 57 Infantry Division on 28 June 2022. Major General W A S S Wanasingha RSP USP ndu Commander, Security Forces (Mullaitivu) graced the event as the Chief Guest. 77 students and 15 teachers covering 6 schools in the Kilinochchi area participated in this training session and Mr Krishantha Godahewa and Lieutenant A P C Godahewa conducted training sessions.

At the end of the training sessions, all participants received certificates from Commander, 571 Infantry Brigade. Brigadier J P C Peris RWP RSP ndc General Officer Commanding, 57 Infantry Division, Brigade Commanders of 571, 572 and 573 Infantry Brigades, Senior Officers, Officers, and Other Ranks participated in the event.



## ***Commander Security Forces (West) Hosted a Security Coordinating Conference***



Major General D M K D B Pussella RWP RSP Commander Security Force (West) and the Overall Operation Commander (OOC) for the Western Province and Puttalam District, presided a Security and Operations Coordination Conference to discuss some salient points pertaining to the security of Western Province. The event was held in liaison with the Sri Lanka Police and Special Task Force with the participation of Generals Officer Commanding and Brigade Commanders of the Security Forces (West) on 22 June 2022. During the conference, many significant aspects such as briefing on boundaries and troops deployment under Security Forces (West) Area of Responsibility, present intelligence situation, deployment of military and Police for contingencies, legal provisions related to emergency, curfew and maintaining essential services, special projects organised by military and Police for providing assistance for civilians were discussed. Several Staff Officers of Security Force Headquarters (West) also participated in the conference.

## ***12 Infantry Division Donated Medical Accessories to Hambantota Hospital***



In order to uplift the health facilities of the people in Hambantota, a stock of medical equipment which was donated by the Lankan serving in United Arab Emirates was handed over to Dr Suranga Basnayake District Director, Hambantota Hospital at the 12 Infantry Division Headquarters on 12 July 2022. The event was organised under the direction of Major General A H L G Amarapala RWP RSP ndc psc General Officer Commanding, 12 Infantry Division. Several Officers and Other Ranks witnessed the event.

## ***General Officer Commanding 52 Infantry Division Visited Under- command Formations***



Major General K P S A Fernando RWP RSP ndu General Officer Commanding, 52 Infantry Division visited 12 Gemunu Watch and 7 Vijayabahu Infantry Regiment under command to 523 Infantry Brigade on 23 June 2022. He addressed the troops of 12 Gemunu Watch and 7 Vijayabahu Infantry Regiment and inquired about the administration requirements of the 523 Infantry Brigade.



## ***Troops of Security Force (Central) Made Consecutive Dry Ration Distributions***

Another dry ration packs and essential items distribution programme to facilitate 200 deserving families residing in the Area of Responsible, was held on 12 June 2022, at the Community Centre Badalkumbura. The event was organised following the directives and guidance of Major General M K S Silva RWP RSP ndu Commander Security Forces (Central). The donations for the dry ration packs distribution was made by Mr Anuk residing in United States. Troops of 7 Battalion, Sri Lanka Signal Corps coordinated the programme. Security Forces (Central) extend their assistance to uplift the living standards of civil community in the area and a consecutive dry ration distribution was held in order to benefit the deserving families in Central Province and Uva Province. Commander Security Forces (Central), Officer In-charge Badalkumbura Police Station, Grama Sewa Officer Badalkumbura, Senior Army Officers, Troops and Residents attended at the event.



## ***Deserving Families Received Milk Powder Packs***



A programme to distribute milk powder packets to 200 low-income families belong to all nationalities residing in Uva Province was held on 28 June 2022 at Nissanka National School. Mr Nimal Gamage Managing Director of Fonterra Brands Lanka made sponsorship for the dairy nutrition packs which were distributed among needy families undergoing economic hardships. Major General M K S Silva RWP RSP ndu Commander Security Forces (Central) graced the event as the Chief Guest and event was coordinated by 7 Sri Lanka Signal Corps. Commander Security Forces (Central), Senior Army Officers, Officer in-Charge Badalkumbura Police Station, Health Sector Officers, Principal of Nissanka National School, beneficiaries and troops participated in the event.

## ***Discussions were Held to Award NVQ Certificates to Army Tradesmen***

A special discussion to explore the possibilities to provide the National Vocational Qualification (NVQ) certificate of the National Apprenticeship and Industrial Training Authority (NAITA) to Army tradesmen was held on 22 June 2022 at the Army Logistic Command, Kosgama. As the initial step of the programme, a special discussion was held by Major General S P A I M B Samarakoon Hdmc Lsc Commander, Army Logistics Command, together with Commandants at island-wide Army trade schools with National Apprenticeship and Industrial Training Authority (NAITA) with the intention to benefit the Army personnel employed in different trades. Mr Tharanga Nilam Gamlath



Chairman, National Apprenticeship, and Industrial Training Authority (NAITA) and few Officers joined the discussions.



## ***School Accessories and Water Filters Gifted to Schools in Mullaitivu***



School accessories were gifted for 37 students in Thilluwar Primary School in Malayapuram Grama Seva Division and two water filters were donated for the Shanmugarathnam Primary School in Mankulam under the patronage of Brigadier S W R Prasanna RWP RSP USP Commander, 573 Infantry Brigade on 16 July 2022 at the Thilluwar Primary School. The financial generosity for the event was extended by Mr R A Roshan Maduranga and Mr Akila Prabath. Brigadier K G C M H Gamlath RSP USP Commander, 571 Infantry Brigades, Officers and Other Ranks joined the distribution programme.

## ***SLAGSC Troops Provided Incentives to Pregnant Wives of Soldiers***

The Sri Lanka Army General Service Corps Headquarters launched a special project to distribute a special lunch and baby gifts for the pregnant wives of Army personnel serving in the Sri Lanka Army General Service Corps on 15 July 2022, with the objective of providing welfare support to the Sri Lanka Army General Service Corps' families. During the programme umbrellas were also donated. The sponsorship for the charity event was provided by the Commanding Officers of the Sri Lanka Army General Service Corps.

The project was arranged under the guidance of Lieutenant Colonel R S Meegamaarachchi Commanding Officer, 1 Sri Lanka Army General Service Corps and Colonel W T A S Perera Centre Commandant 1 Sri Lanka Army General Service Corps, Officers and Other Ranks participated in the event.





## *A Workshop on Procurement, Stock Control and Other Financial Affairs*



With the purview to enhance the practical knowledge on Procurement, Stock Control, Internal Audit and other Financial Affairs a workshop was organised at the Army Headquarters on 22 June 2022. The programme was implemented under the instruction of Director General Financial Management under the supervision of the Director Internal Audit following the conceptual layout Lieutenant Colonel H L V M Liyanage RSP USP ndu Commander, Sri Lanka Army. Mr Anura Lokugamage (Rtd) Senior Instructor of Sri Lanka Institute of Development Administration, N R A M Dharmasiri (Rtd) Deputy Auditor National Audit Office provided the human resource assistance for the programme. 2947 Officers and Other Ranks serving Directorates, Security Force Headquarters, Infantry Brigades and Regiments participated in the programme.

## *Sri Lanka Army Vocational Training Centre Educated Retirees on Tradesmanship*



A special workshop for Other Ranks of the Army, who are expected to retire shortly after serving 22 years in 2023 and 2024, was held from 20 to 25 June 2022 at the Sri Lanka Army Vocational Training Centre (SLAVTC) at Kalaoya with the objective of educating them on possibilities for employment after the retirement. Accordingly, 600 Other Ranks were educated on the vocational tradesmanship before the retirement by the Sri Lanka Army Vocational Training Centre under the two programmes scheduled per year. The first phase of the programme was held from 20 June 2022 to 25 June 2022 with the participation of 209 Other Ranks representing all the Regiments. Brigadier A M S Premawansa RWP RSP Commandant, Sri Lanka Army Vocational Training Centre addressed the participants.





## Army Seva Vanitha Unit Marked Its 38th Anniversary

Army Seva Vanitha Unit marked its 38th Anniversary launching several welfare projects for its members following the conceptual layout of Mrs Janaki Liyanage President, Army Seva Vanitha Unit on 12 July 2022. Accordingly, financial support was awarded to purchase plots of land to erect houses, completion of partly-built houses and washrooms, construction of new houses, erection of new toilets and bathrooms and provision of medical assistance to physically-handicapped War Heroes and family members of fallen and injured War Heroes, serving Army personnel and civil staffers at the Army Headquarters.

18 Other Ranks and two civil servants were qualified for the financial incentives covering all Regiments in the Sri Lanka Army and 25 civil servants were selected representing all branches, directorates and institutions for dry ration distribution.

During the same ceremony, the widow of Sapper Premadasa M K G who lost his life in an accident was awarded Rs 1,000,000.00 (1 million) from the 'Api Wenuwen Api' fund under the directions of General G D H K Gunaratne (Rtd) WWV RWP RSP USP ndc psc Mphil Secretary, Ministry of Defence. In addition, Rs 350,000.00 was handed over to the widow by the President, Army Seva Vanitha Unit for the same project. Mrs Shiromala Kodithuwakku Vice President and members of the Army Seva Vanitha Unit graced the event.





## ***Nuns at Monastery Offered Alms In line with the 38th Anniversary of Army Seva Vanitha Unit***



In line with the 38th Anniversary, Army Seva Vanitha Unit offered alms and essentials to resident nuns at Padukka "Maathika Maatha" monastery of Buddhist nuns after inviting them to the Panagoda Sri Bodhirajaaramaya (Army Temple) on Esala Full Moon Poya day (13 July 2022).

Mrs Janaki Liyanage President, Army Seva Vanitha Unit gifted a 01 rice cooker, worth about Rs 40,000.00, 3 liter electric kettle and a consignment of essential dry rations, valued at Rs 22, 000.00 for the use of resident nuns in the monastery. A 'Dansala' was held at the end of the programme for devotees attending religious rites in the same temple at Panagoda.



## ***Generous Aid for the Deceased Non-Commissioned Officer's Family***

Several welfare projects were launched by the Army Seva Vanitha Unit for the benefit of the members of the Ranaviru families who had deceased, handicapped, missing-in-action while in service. Taking another leap forward, Mrs Janaki Liyanage President of Army Seva Vanitha Unit on 12 July 2022 visited the house of a spouse of a Corporal S/Q107780 Fernando W H W and donated Rs 100,000.00 on 12 July 2022 for her medical requirements.



Visiting the sick wife of the above Non-commissioned Officer, resided at Vataraka, Panaluwa President of Army Seva Vanitha Unit gifted a washing machine, a hot water flask, mosquito nets, and a dry ration pack worth of Rs. 8000.00 as incentives.

Colonel Coordinating Army Seva Vanitha Unit, several Senior Officers and members of the Army Seva Vanitha Unit took part in the charity event.





## Army Seva Vanitha Unit President Inspected Paper Recycling Project at Paangolla



Mrs Janaki Liyanage President, Army Seva Vanitha Unit of the Sri Lanka Army made an inspection tour to the Paper Recycling Project in Paangolla after assuming the duties of the new appointment as the President, Army Seva Vanitha Unit on 3 July 2022.

The efficiency and the quality of the Paper Recycling Project was briefed to the President, Army Seva Vanitha Unit by the Officer Commanding of the Paper Recycling Project. President, Army Seva Vanitha Unit closely inspected it and instructed the areas to be further developed in the project. The Colonel Coordination of the Sri Lanka Army Seva Vanitha Unit, members of the Army Seva Vanitha Unit were also present at the occasion.

## SLASC Yoghurt Project Given Further Boost by Army Seva Vanitha Unit



A programme of donating the new equipment worth of Rs. 3,545,709.12 for the development of 'Ranaviru Yoghurt' projects which was initiated under the supervision of the Army Seva Vanitha Unit was held at Sunflower Village camp premises in Mulleriyawa under the patronage of Mrs Janaki Liyanage President, Army Seva Vanitha Unit on 28 July 2022.

The equipment and accessories that were purchased to donate for 'Ranaviru Yoghurt' projects were symbolically handed over to the 3, 4, 5 and 8 Sri Lanka Army Service Corps by the President, Army Seva Vanitha Unit. In addition, President, Army Seva Vanitha Unit made a cash donation worth of Rs 1.6 million for the same project implemented at



the 4 Sri Lanka Army Service Corps for the construction of a new building in Hingurakgoda. Mrs Thushari Wanigasekara Chairperson, Sri Lanka Army Service Corps and members of the Army Seva Vanitha Unit attended the occasion.



## *Seva Vanitha President Jointly Provided Essentials to a Girls' Home*



A programme to donate essential study materials, stationeries, to the Sputnik Girls' Home in Kurunegala was held on 3 July 2022 following the conceptual layout of the Mrs Janaki Liyanage President, Army Seva Vanitha Unit. Colonel N Mahavithana KSP Colonel (Coordinating) Army Seva Vanitha Unit, Colonel H A Kerthinatha RSP psc Centre Commandant, Sri Lanka National Guard, Deputy Centre Commandant, Officers and members of the Army Seva Vanitha Unit graced the occasion.

## *Sri Lanka Engineers Seva Vanitha Branch*



Mrs Mallika Wijayasundara assumed office as the 15th Chairperson of the Corps of Sri Lanka Engineers Seva Vanitha Branch during a simple ceremony, held at the Corps of Sri Lanka Engineers Headquarters on 02 July 2022. Senior members, members of Sri Lanka Engineers Seva Vanitha Branch graced the event.



## ***Sri Lanka Signal Corps Seva Vanitha Branch***



Mrs Sashika Herath new Chairperson of Seva Vanitha Branch of Sri Lanka Signal Corps took over duties on 12 June 2022 during a simple ceremony at the Sri Lanka Signal Corps Regimental Headquarters. Subsequently, the monthly meeting for the month of June 2022 was also held at the Officers' Mess with the participation of 40 members of the Sri Lanka Signal Corps Seva Vanitha Branch. Major General H M L D Herath RSP USP psc the Chief Signal Officer and Colonel Commandant of the Sri Lanka Signal Corps, Officers and Other Ranks participated in the event.

## ***Sri Lanka Sinha Regiment Seva Vanitha Branch***



Monthly committee meeting of Sri Lanka Sinha Regiment Seva Vanitha Branch was held with the participation of the Sri Lanka Sinha Regiment Seva Vanitha Branch members on 25 June 2022. Members of the Sri Lanka Sinha Regiment Seva Vanitha Branch also engaged in a visit to "Ape Lamai" orphanage for children with special skills at Ambepussa. During their visit, they donated dry rations, sanitary items and packs of stationeries to the residents of "Ape Lamai" orphanage. A musical team of Calypso entertained them all. Sri Lanka Sinha Regiment Seva Vanitha Branch members participated in the charity event.

## ***Military Intelligence Corps Seva Vanitha Branch***



The monthly alms-giving programme of the Military Intelligence Corps Seva Vanitha Branch was held at "Warusawithana Elders Home" at Polwatta in Ambalangoda on 30 July 2022. Accordingly, 18 adults inclusive of males and females received all three meals for the day with the Military Intelligence Corps Seva Vanitha Branch sponsorship. A few senior Seva Vanitha ladies of Military Intelligence Corps Seva Vanitha Branch joined the occasion.



## *Vijayabahu Infantry Regiment Seva Vanitha Branch*



Mrs Asha Athauda, Senior member of Vijayabahu Infantry Regiment Seva Vanitha Branch, and also the Chief Supervising Officer for Pallekale 'Viru Kekulu Preschool' made her maiden official visit to the "Viru Kekulu Pre-School" in order to evaluate administration matters and educational progress of the pre-school on 16 June 2022 together with Major General P S K Sanjeeewa RWP RSP USP General Officer Commanding, 11 Infantry Division. Officers and Other Ranks participated in the event.

## *Special Forces Regiment Seva Vanitha Branch*



The Annual General Meeting of the Special Forces Seva Vanitha Branch got underway at the Regimental Centre of Sri Lanka Sinha Regiment under the patronage of Mrs Nayani Samanthi Senerath the Chairperson, Special Forces Regiment Seva Vanitha Branch on 26 June 2022. The new office bearers were also appointed during the Annual General Meeting for the next consecutive year and the Chairperson emphasised the importance of addressing the welfare requirements of fallen, handicapped and serving War Heroes and civil servants' families. During the meeting the members discussed the programmes to be implemented to uplift the education of the children of those families. Special Forces Regiment Seva Vanitha Branch members, Officers and Other Ranks participated in the event.

## *Commando Regiment Seva Vanitha Branch*



Blood Donation programme was organised by Commando Regiment Seva Vanitha Branch at Commando Regimental Centre on 26 July 2022 with the assistance of Colombo North Teaching Hospital in order to recover the urgent requirement of blood to the Colombo North Teaching Hospital. Major General A K G K U Gnanaratne ndc psc Commander, 1 Corps also the Colonel of the Regiment of Commando Regiment, and Brigadier B M S K K Dharmawardena RWP RSP USP Centre Commandant, Commando Regimental Centre graced the event. Total 116 blood donors consisting with Officers, Other Ranks and civil staff donated their blood during the programme. Officers and few members of Commando Seva Vanitha Branch participated in the event.



## Corps of Engineer Services Seva Vanitha Branch



Strengthening its welfare scope further for the benefit of the Corps of Engineer Services' families, the Corps of Engineer Services Seva Vanitha Branch made financial support for ailing child of Sapper Weerasinghe W M C of 8 (V) Corps of Engineer Services, affected with down syndrome. In line with the same event, a sick child of Lance Corporal Ruwan Kumara H M received financial incentives and school accessories. The charity event was held during a simple arrangement at Panagoda Corps of Engineer Services Regimental Headquarters. Several Officers and Other Ranks witnessed the event.

## Sri Lanka Army Service Corps Seva Vanitha Branch



Under the guidance of Mrs Thushari Wanigasekara the President, Sri Lanka Army Service Corps Seva Vanitha Branch provided mid-day meals and essential gift parcels to 18 pregnant mothers on 18 June 2022 at the ceremonial occasion held at Regimental Centre, Sri Lanka Army Service Corps, Panagoda. In line with the same event, an alms-giving for 10 nuns was held with the participation of members of the Sri Lanka Army Service Corps Seva Vanitha Branch on the same day.

## Sri Lanka Electrical and Mechanical Engineers Seva Vanitha Branch

Members of the Sri Lanka Electrical and Mechanical Engineers Seva Vanitha Branch organised a special Bodhi Pooja to invoke blessings for the serving and wounded Sri Lanka Electrical and Mechanical Engineers members and transferred merits to fallen War Heroes of Sri Lanka Electrical and Mechanical Engineers, at the Sri Lanka Electrical and Mechanical Engineers base workshop, Katubedda. Venerable Gonadeniye Suamanrathana Thero Chief Incumbent at Akuressa - Amalagoda Gangaramaya performed the religious rites. To coincide with this event, 25 special dry ration packs were also distributed for 25 civil servants of the Sri Lanka Electrical and Mechanical Engineers. Milk powder requirement of S/M 100679 Lance Corporal Narathne B G C who has 4 month old twins were also fulfilled. The charity event took place under the patronage of Mrs Nanadani Samarakoon Chairperson Sri Lanka Electrical and Mechanical Engineers Seva Vanitha



Branch. Major General S P A I M B Samarakoon Hdmc Commander, Army Logistic Command and Colonel Commandant of the Sri Lanka Electrical and Mechanical Engineers together with few Officers, and Other Ranks, members of Sri Lanka Electrical and Mechanical Engineers Seva Vanitha attended the events.



## ***Sri Lanka Army Ordnance Seva Vanitha Branch***



The Sri Lanka Army Ordnance Corps Seva Vanitha Branch donated a stock of essential school stationery items and cosmetics to 28 children at Galanigama 'Dharmachakra' Children's home on 13 June 2022 on account of the Poson Poya day. The Sri Lanka Army Ordnance Seva Vanitha Branch ladies and several troops decorated the orphanage with lanterns and other ornaments facilitating those children to enjoy Poson spirits. The event was held at the patronage of Mrs Deepika Chinthamani Weerathunga the Chairperson of Sri Lanka Army Ordnance Seva Vanitha Branch. The charity work was highly appreciated by the administration of Galanigama 'Dharmachakra' Children's home.

## ***Sri Lanka Army Medical Corps Seva Vanitha Branch***



Venerable Polpithimookalane Pagnnasiri Thero, a renowned Dhamma preacher on account of Vesak Day delivered a Dhamma sermon at the Colombo Army Hospital premises, following a request by Medical Specialist Dr. Nilmini Fernando the Chairperson, Sri Lanka Army Medical Corps Seva Vanitha Branch. Brigadier P A C Fernando USP the Colonel Commandant of the Sri Lanka Army Medical Corps, Medical Specialist Dr. Nilmini Fernando the Chairperson, Sri Lanka Army Medical Corps Seva Vanitha Branch, Brigadier T M Hettiarachchi RSP the Centre Commandant of the Sri Lanka Army Medical Corps, Senior Officers and Other Ranks of the Sri Lanka Army Medical Corps participated in the sermon session.

## ***Sri Lanka Corps of Military Police Seva Vanitha Branch***



Blood donation programme was organised by the Sri Lanka Corps of Military Police Seva Vanitha Branch, in order to fulfil the blood shortage available at the National Blood Transfusion Service and the National Blood Bank at the Sri Lanka Corps of Military Police Regimental Headquarters premises at Polhengoda on 6 July 2022. The 7 Sri Lanka Corps of Military Police contributed their generous assistance for the programme and the event was held with the participation of Mrs Inoka Illangakoon the Chairperson, Sri Lanka Corps of Military Police Seva Vanitha Branch, Officers and Other Ranks who voluntarily offered blood for the event.



## ***Sri Lanka Army General Service Corps Seva Vanitha Branch***



On account of the Poson Poya day (14 June 2022), Sri Lanka Army General Service Corps Seva Vanitha Branch held a gram 'Dansela' for the devotees, attending the Bodhiraajaramaya Temple (Army Temple) in Panagoda. The project was organised on a suggestion made by Mrs Eranga Hewawasam the Chairperson, Sri Lanka Army General Service Corps Seva Vanitha Branch. Members of the Sri Lanka Army General Service Corps Seva Vanitha Branch joined the occasion and distributed free gram diet and flowers to the devotees.

## ***Sri Lanka Army Corps of Agriculture and Livestock Seva Vanitha Branch***



Generous ladies of the Sri Lanka Army Corps of Agriculture and Livestock Seva Vanitha Branch engaged in a visit to St' Vincent Orphanage in Maggona together with its members on account of the Poson Poya Day and distributed dry rations and saplings. The programme was implemented following the conceptual layout of Mrs Shanthi Abesekara the Chairperson, Sri Lanka Army Corps of Agriculture and Livestock Seva Vanitha Branch. The charity event was organised by Major General W B S M Abesekara RSP USP Colonel Commandant Sri Lanka Army Corps of Agriculture and Livestock and Director of Directorate of Financial Management.

## ***Sri Lanka National Guard Seva Vanitha Branch***

Troops of the Sri Lanka National Guard in collaboration with the Sri Lanka National Guard Seva Vanitha Branch laid the foundation stone for the construction of a new house to the family members of a fallen Senior Non Commissioned Officer S/10Q 01135 Sergeant Kumaradasa of 10 Sri Lanka National Guard in Kuda Kalattewa on 16 June 2022.

This project was inaugurated following the instructions of the Commander of the Army Lieutenant General H L V M Liyanage RWP RSP ndu who is also the Colonel of the Regiment, Sri Lanka National Guard. The foundation stone was laid by Colonel N H J M Nawarathna Deputy Centre Commandant, Sri Lanka



National Guard. Few Officers and Sri Lanka National Guard Seva Vanitha members attended the occasion.





**O/64314 Lieutenant Colonel J A L  
Jayasinghe PWV WWV RWP  
SPECIAL FORCE**

Seethawaka Kingdom was an ancient kingdom which had never gave up surrendering the enemies. This tiny ancient kingdom was also the home of King Rajasinghe II who had repeatedly marked the victory over number of battles against the Portuguese invaders. Such warrior was recently born in the Kingdom of Seethawaka to save the Nation again on 29 April 1976.

Lalith Jayasinghe was born at Bambaragala in Dikwella to Mr J A Jayasinghe and Mrs D G Sumanawathie. He had a younger brother and a younger sister. Young Jayasinghe entered to President's School in Awissawella in 1982 for studies. When he was gradually aging, he began to exhibit his hidden talents in various fields not only in the field of education but also in the sports and art. He scored the highest marks in every extra-curricular activity defeating the other candidates

## Legend of the Incomparable Bravery at **Oddusudan**

of the school. Also, he had illustrated his leadership skills in various aspects. He was famous for the Cricket and Rugby as a skilled player and scored several victories in the field of sports including zonal and provincial levels. Therefore, he was a n outstanding student of any event including essay writing, singing competitions, drama and public speaking contests.

Meanwhile, he got through the GCE (O/L) examination with flying colours giving him the access to the Lumbini College in Colombo. He was among the genius students of the school. Following his footsteps, his brother was also a bright student at Thurston School in Colombo. Lalith Jayasinghe's younger sister meanwhile excelled in all areas when she was studying in Lumbini Girl's School in Colombo. Proving his excellence in academia, Lalith Jayasinghe passed GCE (A/L) examination earning best results. But he worried of the country's future as a member of younger generation. However, his desire was temporally withhold with his age for some time. When the right time came gradually, he let his parents to know of his desired wish.

Parents were not interested to send their elder son to the Sri Lanka Army. Therefore, they encouraged him for higher studies. But the courageous and determined young Lalith begged his parents asking assistance to support his dream. However, due to the continuous urge of their son, beloved parents had permitted him to follow his dream.



Young Lalith Jayasinghe entered to the Military Academy in Diyatalawa on 21 January 1997. Due to the academic excellence he was fortunate to win a rare opportunity to complete his Cadet Course at National Defence College in Bangladesh. On 20 May 1997, young Lalith Jayasinghe bade farewell to Sri Lanka and left to Bangladesh.

With the successful completion of the foreign Cadet Course in Bangladesh, he returned to Sri Lanka on 06 June 1998. His beloved parents were also attended to witness the passing-out parade held at the Sri Lanka Military Academy and that made his parents very proud. Young Lalith Jayasinghe was commissioned as Second Lieutenant by the highest authority of the state - His Excellency the President during the event. Soon after the commissioning, he received an opportunity to select the desired Regiment or Unit. Accordingly, Second Lieutenant Lalith Jayasinghe selected the Gemunu Watch and started his military career. However, in the meantime there had been a selection test for Sri Lanka Army Special Force and Second Lieutenant Lalith Jayasinghe was selected for the regiment. As a result he was sent to complete the Special Force Training Course No. 24.

Special Force Training was one of the hardest courses that he had ever completed. But the course was never a hinder for the determined personality. He faced all the invisible challenges with the persistence and patient. Second Lieutenant Lalith Jayasinghe completed his training with 11 Officers and 1000 Other Ranks. With the completion of the training he joined the "M" Squadron and initiated his career as a member of Special Force. His skills then guided him to join the Long Range Patrol Course No. 6. With the intention to complete the course he entered to Special Force Training at Maduruoya and successfully completed his training from 10 July - 16 November 2000. He excelled the course with the merit pass opening the gate to the Special Force Long Range Patrols conducted by Special Forces.

The Long Range Patrols had rendered a commendable service to eliminate the enemy from the terrain. The random small group operations had surprised the enemy unexpectedly. Due to the versatility, he was able to participate in Agnikela, Kinihiraya Operations led by the Sri Lanka Army at the time. However, the series of terror attacks had made a clear threat to the Sri Lanka Army. It was important to identify the strategy of the enemy at the time. This difficult task was undertaken by the brave warrior.

The brave team got ready for the operation. They started the journey from Kalmadu area. Their target was a route of terrorist leader located away from 60 Km in Akkairayankulam - the heart of the terrorist's dominance. This was often known as the "One way wicket" due to the risk of the operation.

The target of the Lieutenant Lalith Jayasinghe's team was Thangemaran, a second-in-command

of the LTTE Sea Tigers. At the time, Lieutenant Lalith Jayasinghe's team was ready placing the explosives with the intention to threaten the enemy. The plan worked well. A short while later, the team heard a loud explosion signifying the success of their plan. However, after difficult 18 days Lieutenant Jayasinghe's team reached to their camp with cheer in the face.

The next target of Lieutenant Lalith Jayasinghe's team was Waikasalingam Sothalingam - head of the LTTE Air Brigade. Lieutenant Lalith Jayasinghe's team planned an access strategically to hunt the target spending 20 days awake. A team of 6 members started their operation from forward defence in Athawatunu Wewa, Welioya. The team reached Pudukudirippu main road passing a long way. During the walk, Lieutenant Lalith Jayasinghe realised it was a route used by the terrorists. Knowing the advantage of the situation, he planned an immediate attack targeting the terrorist leader. But his target did not appear. At the meantime, the vehicle parade passing the route was caught their attention. Within few minutes the vehicle parade was destroyed giving no chance marking the success of the operational plan. This incident shook the internal operations of the enemy.

The military leadership thereafter decided to form a special squadron, for the long range patrols. Accordingly, 3 Special Forces members were appointed under command to Captain Lalith Jayasinghe. The team was able to do a considerable damage to the enemy. The ambush attacks were able to reap desirable results within short period of time. At the meantime, Captain Lalith Jayasinghe was able to lead another attack targeting the enemies located in Oddusudan - Mankulam road. They reached to the place passing 45 Km. Also, they hid in the A34 road which was leading to Mankulam from Oddusudan and waited till their target appears. Marking the success of the second stage, the enemy vehicle was blasted darkening the whole area.

As a result of organising successful attacks against the enemy, Captain Lalith Jayasinghe was able to win the confidence of his team due to his iconic personality features such as strategic approach, friendliness, attire, addressing style and the experiences gained as a matured Officer. This helped him to design and execute the plans, with the support of the fellow members. The team members had a deep trust that their leader would never let to fall the members into the enemy hands. Captain Lalith Jayasinghe was able to win the firm trust of his members and with the confidence, the team penetrated into the thick woods over 20 days as they planned their operation through Mahakudachchiya and reached to Oddusudan - Nedunkarni within 04 days.

Until 8 days passed, the team was not able to capture the target of their operation. Returning with the empty handed was not the way of Captain Lalith Jayasinghe. Therefore, the team decided to





*"At the time, Major Lalith Jayasinghe was fighting in the front line to save his team members from the enemies. A random bullet flew through the right leg of the warrior leaving no opportunity where it comes from. The sudden attack had the courage to weaken the warrior but not the intention. He fell on the ground losing the imbalance with the injured leg but he did not let the weapon to leave him. Meanwhile with the broken leg and pain he fired at the enemy and ordered Second Lieutenant Sameera Herath to withdraw immediately. Following the order of his leader, Second Lieutenant Sameera Herath covered his team members and insisted to dress the wound bleeding. Splashing a friendly smile at the beloved young Officer, Major Lalith Jayasinghe continued the firing while safeguarding all the members of his team as an ideal leader. But few bullets released from the enemy took the life of the warrior"*

wait few more hours. At 1340hrs a black coloured vehicle splashed before them. The order was issued for the operation by the leader. The target was successfully achieved making their day.

The young leader's outstanding capacity to complete the given task was highlighted with the successful completion operation. The enemy attempted to identify the leadership of this master mind but the careful arrangement and enclosed procedures had never leaked the information to a third party. The maturity of the members of the Special Forces was a foundation for the reason. Meantime, the enemy had planned to arrange a week to celebrate their success. It was 20 November 2008. At the time the enemy had declared a week to exhibit the success stories in their mission of achieving self-rule state. While they were planning their success stories the troops also penetrated secretly in to the Oddusudan enemy ground. Major Jayasinghe was very active in night than the day time as he knew it was the best time to achieve his target.

The team had rations for 08 days. But the explosives, water, and the weight of the belongings were not fairly light. At the time the weather was also hindering the operation to be executed. It was the period of the year where the North was enjoying the rainy season. Major Jayasinghe turned this to his opportunity. The Mankulam-Oddusudan road was the main supply route for the enemy and therefore, it was the target of the Major Lalith Jayasinghe.

At the time Major Jayasinghe and his team was inspecting the region together with his ambush team and reached to their target observing the enemy treat. It took nearly 06 days to complete the task. The team was much silent and was able to prevent the enemy observation successfully. Every operation that Major Lalith Jayasinghe had launched usually achieved the desired target due to this quality that he followed. The random breeze relieved the tiredness of Major Lalith Jayasinghe's team at the dark hour. However, their skillful strategies had saved them always. After taking some challenging time, they reached to the destination. The most challengeable thing was not attacking the enemy but the withdrawal. Also, the team had known that the enemy would definitely be shocked after the attack. The enemy would attempt to find the Special Force members who installing check point at every junction.

Also, he had known that the enemies would definitely order the innocent civilians to gather the information on the troops and report to them. This was not an unprecedented experience for a versatile military Officer. Also as a determined Officer he would not return without completing the task. However, the random rain had not strength to weaken his plan. However, the bad weather caused him flu. Meanwhile, Major Lalith Jayasinghe's leg ulcers gradually developing damaging tissue. But he was determined on his mission. He never shared these difficulties thinking that it would





*"My husband had led absolutely a simple life. His sudden departure made me aware that he was shouldering an incomparable responsibility on behalf of the nation. I am proud to be a wife to such a warrior. That feeling helps me to recover from the pain of losing him"*

discourage the persistence of his team. The team was actively attempting to reach the target, he realised that the team was in the right path. That gave him a solace.

The day reached slowly. However, this unusual steadiness of the nature doubted Major Lalith Jayasinghe as any other day. He saw his target gradually moving through the bush. Then he witnessed that his team was hardly working. He felt instantly that he was in the accurate team to achieve his target. After few minutes, the team heard a sudden sound of a blast. Staff Sergeant had operated the remote control destroying the enemies. Taking the situational advantage Major

Lalith Jayasinghe's team was able to destroy few leaders of the enemy. This left a doubt for the enemy leaders.

The terrorists who saved their lives were searching the remaining soldiers. Knowing the threat reaching towards the team, Major Lalith Jayasinghe immediately reached to a safe location. But, his journey was delayed to walk with the wounded leg. At the time, the team realised that enemy was chasing them behind. Lieutenant Sameera Herath was the right hand of Major Lalith Jayasinghe. However, at the time as the leader of the team, Major Lalith Jayasinghe had instructed the team that they all had to move faster as the enemy was chasing them behind. However, a team of 50 terrorists had surrounded the team. After a short while, enemy bullets reached them like a rain. At the point, Lalith Jayasinghe's team realised, that there is no alternative other than fighting. Also, the battle was difficult without the assistance of support troops or weapons. It was the members of Special Forces who had vowed to fight until the last breath. At the time, the enemy was fighting with 5 Special Force members. Team Leader Major Lalith Jayasinghe had forgotten his wound at this point as he was so enthusiastically involved in the mission. Major Lalith Jayasinghe stepped in as a leader with the wounded leg to guard his members from the terrorists. The terrorist couldn't not defeat the 7 heroic members of the Special Forces team at that time even they used their maximum.

The war versatility of the team members was able to control the enemy forwarding in. Taking the advantage of the situation, Major Lalith Jayasinghe's team had run for safe house amid the enemy attacks. However, the attack of the enemy troops in reserve escalated abruptly. The, unexpected bullet wounded the leg of Major Lalith Jayasinghe. He fell on the ground. At the time, Major Lalith Jayasinghe ordered Lieutenant Sameera to withdraw the team. But Lieutenant Sameera had no intention to do.

At the time, Major Lalith Jayasinghe was fighting in the front line trying to protect his team members from the enemies. A random bullet flew targeting the right leg of the warrior leaving no opportunity to life. The sudden attack had the courage to weaken the warrior but not the intention.

He fell on the ground losing the balance with the injured leg but he did not let the weapon to leave him. Meanwhile with the broken leg and pain he fired at the enemy and ordered Second Lieutenant Sameera Herath to withdraw immediately. Following the order of his leader, Second Lieutenant Sameera Herath covered his team members and insisted to dress the bleeding wound. Splashing a friendly smile at the beloved young Officer, Major Lalith Jayasinghe continued the firing while safeguarding all the members of his team as an ideal leader. But few bullets released from the enemy injured the warrior.

Firing stopped and the team gradually began



to withdraw with the wounded soldiers. The injuries of Major Lalith Jayasinghe were fatal and eventually caused him death. Carrying the corpse of Major Lalith Jayasinghe, the team walked nearly 40 Km until they meet the forward defence line and handed over it to the camp with the assistance of the air defence.

Due to the meticulous service that he had rendered at the long range patrols, irrespective to the desire for the life, Major J A L Jayasinghe awarded Parama Weera Vibhushanaya for individual acts of gallantry and conspicuous bravery of the

most exceptional order in the face of the enemy performed voluntarily whilst on active service with the objective of safeguarding lives of his comrades or facilitating the operational aim of his force. Accordingly, Parama Weera Vibhushanaya was awarded to his beloved wife Mrs. Kaushalya Rodrigo by His Excellency the President Mahinda Rajapaksa on 15 July 2013.



Extracted From  
"Uththamachara" Published  
by Sri Lanka Army  
Headquarters

## *More Commandos Received Their Graduation at Commando Regiment Training School in Kudaoya*



07 officers and 256 Commandos who followed the Course No: 49 49 A, 49 B and 49 C at the Commando Regiment Training School (CRTS) in Kudaoya received their graduation on 30 July 2022 during a formal ceremony. Major General A K G K U Gnanaratne ndc psc Commander, 1 Corps, and Colonel of the Regiment, Commando Regiment took part in the ceremony as the chief guest, together with the Commandos Brigade Commander and senior Officers.

Captain M S P Rodrigo received the award for the Best Overall Student (Dagger) while Private T K U Sampath was selected as the Best Shooter. Private K P D R Nirmal meanwhile was awarded as the Best in physical fitness. Drill displays, band shows, rappelling shows, real fighting scenes of Commandos, etc showcased were the spectacles, attracted by parents and relatives of those graduates.

During the brief speech, the Colonel of the Regiment extended best wishes to newly graduated Commandos and elaborated on the importance of being a Commando, well committed, highly disciplined and dedicated to the cause. Commando Brigade Commander, Centre Commandant, Commando Regiment, Senior Officers, Officers Other Ranks and well-wishers including parents were associated with the graduation ceremony.





# SRI LANKA MILITARY ACADEMY DIYATALAWA

Military Academy Diyatalawa; the only premier training establishment of the Sri Lanka Army which produces leaders of character, inspired for careers as commissioned Officers of the Army and a lifetime of service to the nation. The establishment first came into military prominence when the British Government installed a camp for Boer prisoners of the war in the early part of the 20th century. Thereafter, Diyatalawa garrison served as an infirmary for the Royal Navy's East-Indies station and a Military training station mainly confined to the training of Other Ranks for the Volunteer units.

At present, the academy conducts several types of military training courses; Bachelor's Degree in Military Studies (Regular Long Course – 3 years) is affiliated with the University of Sabaragamuwa, shorter courses for Volunteer Intakes (09 months), Lady Intakes, Direct Enlisted Officers Basic Military training Course, Military Training for Kotalawala Defence University Cadets to train Officer Cadets from their enlistments to commissioning.

Throughout their cadet period, the cadets complete



By  
*Lieutenant M Katugampola*  
SLAGSC  
*Directorate of Media*  
*Army Headquarters*

many military subjects which are comprised of regular lectures, physical training, field exercises and research work. Among them, Field craft, Map Reading, Tactics, Conventional Operations, International Security Operations, Counter-Insurgency Operations, Signal Communication Training, Field Engineering and Mine Warfare, Service Writing, Leadership, Military Law, Regimental Accounts, Administration in the Field, Peace Time Administration, Professional Military Training, Physical Training, Drill and Weapon training are some of the main subjects they attend.

Not only these Officer cadets complete military subjects they learn several academic subjects such as English, Tamil, French, Information Technology, Political Science, Geography, Economics, Sociology, Mathematics, Statistics, Military History, Human





Resource Management, International Relations, Psychology and Counselling and Research methods.

Further, they complete some compulsory major field exercises during their training period. Among them, Exercise "Frozen Trout" conducts to educate them on conventional war-fighting techniques. This exercise conducts in the general area of Ambewela. It is a week-long exercise which includes planning and sending recce/ fighting patrols to gather intelligence, laying ambushes, launching and repulsing of counter-attacks under extreme weather conditions.

Another such major field exercise is the exercise 'Scorpion' which practices the Officer cadets to expose for roadblocks, VIP protection, CIMIC, Crowd Dispersal and Cordon, search operations etc. Additionally, the annual Inter-company Combat Firing Meet at the Field Firing range in Fox Hill, Boxing Meet, Academy day celebrations, Annual Sports meet, Certificate Awarding Ceremony, Annual Equestrian Festival, Swimming Meet, Games Night, Fox Hill Super-cross, Inter Company Basketball competition are being conducted during this strenuous training.

This is a period of hard working and marking the transformation from a civilian to serviceman or a lady. As mankind would never cease to find better ways to deter each other, the Army remains a vital component of a state. A standing military force, therefore, is inalienable rather than essential for a nation-state.





# ARE YOU A VICTIM OF SBS ?



*By Captain Lakmali Kudaligama SLAGSC  
Directorate of Psychological Operations  
Army Headquarters*





The building is a common place where many people occupy. Today many people work in complex buildings. Some buildings may be new, and some may derelict. But have you ever thought that the building you stay, would make you sick? Well, yes it is !

Sick building syndrome (SBS) is the name for symptoms you get while you're in a particular building. It usually happens in an office, but you can get it in any building when you stay for a long. Significantly, it may also be caused when the ventilation is poor. The poor indoor air quality, many enclosed spaces, irrelevant wooden and building textures are some of the reasons that caused you sick building syndrome.

## Causes of SBS

The symptoms of the SBS are particularly cannot be identified exactly but there are possible causes that may hint you that you are developing SBS.

- high levels of dust
- tobacco smoke
- rooms with poor lighting
- outdated computer displays that cause eye strain
- the presence of mold or fungus
- formaldehyde (mostly found in wood furniture and floors)
- asbestos
- chemicals in the air from cleaning products
- buildings with poor ventilation, such as schools, offices, and public spaces
- pesticides
- carbon monoxide
- ozone from the use of printers and fax machines
- high levels of stress at school or work
- low workplace morale
- heat or low humidity
- noisy work environments
- insect or animal droppings

However, sick building syndrome symptoms may affect the skin, respiratory, and neurological systems of your body. Here are the possible symptoms as it is difficult to understand exactly the symptoms of sick building syndrome. If you have allergies or a current respiratory illness, you may notice an increased severity in your

symptoms.

- throat irritation
- breathing difficulties
- tightness in the chest
- runny nose
- allergy-like symptoms, such as sneezing
- burning sensations in the nose
- dry, itchy skin rashes
- headaches
- dizziness
- difficulty concentrating
- forgetfulness
- fatigue
- irritability
- nausea
- body aches
- fever
- chills



## How SBS to be treated

SBS is primarily treated by alleviating symptoms while reducing your exposure to the causes of these symptoms. Allergy medications can help to alleviate itchy eyes, nose, and skin. Also, some steps to treat SBS can also be taken by employers or employees:

- Use cleaning products with low fumes and no fragrances.
- Vacuum regularly to remove dust.
- Change out air filters every couple of months (or more, if necessary).
- Find the right humidity — (recommends an optimal humidity level of 40% to 70%).





- Get a test for possible indoor mold or fungus.
- Update computer monitors and other display systems.
- Change lights as needed.
- Consider investing in LED or blue lights for less energy output.

If you may not be able to tell if an indoor space has poor air quality factors that can make you feel sick, you be able to take the following preventive measures.

- Taking regular breaks outside of the

building by eating lunch outdoors, for example

- Opening your windows to get some fresh air, if possible (you may want to avoid this during high levels of outdoor pollen)
- Giving your eyes a break by looking away from your computer
- Standing at your desk or walking around your office
- Use caution with any indoor chemicals, such as bleach and insecticides

Leading a healthy life is extremely hard in a busy life schedule. But still a little thing could make a possible change in our everyday lives.



## Celebrating 63rd Anniversary of 1 Sri Lanka Pioneer Corps



The 63rd Anniversary of Sri Lanka Pioneer Corps was proudly celebrated on 5 July 2022 under the patronage of Major U M P Udukumara Commanding Officer, 1 Sri Lanka Pioneer Corps.

The Guard Turnout was offered at the entrance during the event for the Commanding Officer 1 Sri Lanka Pioneer Corps and after the troop address, lunch was arranged for all Officers and Other Ranks in the 1 Sri Lanka Pioneer Corps.





# SRI LANKA ARMY- THE PROTECTOR OF THE ISLAND NATION

Vaccination is the treatment process with a vaccine to produce immunity against a disease. Sri Lankans' whole community familiarised this with the invasion of the COVID -19 outbreak. There, are many benefits of getting vaccinated against COVID-19. COVID-19 vaccines are available worldwide and have proved its effectiveness at shielding people from ill, being hospitalised, and even dying—especially those who are boosted.

In the Sri Lankan context, this vaccination process played a vital role from the beginning of the vaccination. In January 2021, Army medical experts with the support of the government health sector Officials and Public health Inspectors carried out vaccination programmes for front line victims of the COVID- 19 pandemic, including employees of free trade centres, education sector, and general public and school students.

Enhancing this vaccination drive, Sri Lanka Army established different strategies such as day vaccination centres, 24 hours vaccination centres, and Mobile Vaccination Drive in the island to serve the nation as the Protectors of the Nation. Army contributed to this in 1st dose, 2nd dose, and 1st booster, 2nd booster, 3rd booster respectively, for the betterment of the country's general public and to control the situation by decreasing infections, expansions and deaths.

Since the COVID- 19 has different variations, Ministry of Health experts in epidemiology and other senior medical experts in the country have



*By Captain Nisal Rukshan SLR  
Directorate of Media  
Army Headquarters*



decided and recommend further giving 2nd booster for the citizens above the age of 20 in the country. To boost this national drive, with its medical experts, joined their hands further with health sector experts in the country with the vaccination 2nd booster drive around the country.

Vihara Mahadevi Park Colombo, Army Hospital Narahenpita, Army Hospital, Panagoda and 6th Corps of Engineers Service in Maley street are providing service in Colombo district, and 61



Infantry Division field hospital in Bossa-Galle, Army Hospital Diyatalawa-Badulla, Military Hospital-Anuradapura, 62 Infantry Division Headquarters-Galkulama, Army Base Hospital Kilinochchi, Army Base Hospital, Mullaitivu, 4 Medical Corps-Jaffna, Army Hospital Palaly, 22 Division in Trincomalee, Army Base Hospital in Minneriya and 24 Infantry Division headquarters in Ampara are now providing 4th Dose (2nd booster) to the public. Similarly, 1st dose of Pfizer, 2nd Dose of Pfizer and 3rd Dose of Pfizer also can get from the Army vaccination centre in Vihara Mahadevi Park in Colombo. General Public can access these

vaccination centres with their national identity or similar document with a vaccination card to have this service without delay.

All of these vaccination centres are conducted by the Army Directorate of Preventive Medicine and Mental Health under the direction of Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army together with Director-General Army Health Services and Director of Army Preventive Medicine and Mental Health as Protectors of the Nation.



## TRUE HERO OF MY LIFE

Ever since I was a kid, I have always been interested in superheroes and fictional characters that have unbelievable strength and charisma. But now I understand the fact that not all heroes wear capes. From a very young age I was influenced greatly by your actions. It's like many people say, "Children don't follow their parent's advice most of the time. They tend to follow the example that their parents set." Luckily for me Appachchi, you've always given me countless examples that I can always look up to. Your actions have always taught me the importance of dignity, integrity and the importance of believing in yourself no matter what the world throws at you. There have been times when I really wished you were with me, like when it was my birthday. I remember the time when you were overseas and I talked to you via Skype during

my birthday party. I was grateful to be able to see you even if it was virtually. I remember being ecstatic and overcome with joy once you came back home. There were several PTA meetings and school functions that I wish you would have attended. There were several moments when friends would ask me behind every milestone I accomplish in my life; I have understood the fact that you are one of my greatest supporters. You have always been and always will be the unbreakable pillar of strength in my journey throughout life. During every single goal that I accomplish throughout my life, I will always remember the countless sacrifices you made and the effort you put into our little family just so we could live comfortable lives.

Ever since I was a little kid, I have always found peace in making my Appachchi proud, whether it may be scoring well on a test or performing well in any extra-curricular activity. The joy that I get from the realisation that I have made my father proud, will always be something that I cherish within my heart. I have always promised myself that I will definitely make my Appachchi proud no matter what. I will stop at nothing to ensure that every drop of sweat and every drop of blood that he sacrificed for us and the wellbeing of this country will not go unnoticed.

Like I told you before, I have a huge fascination for heroes and now that I'm older, I finally realise that the true hero of my life is you Appachchi. I am forever proud and grateful to have you as my father.

I love you Appachchi.



By  
Kushan Rathnayake





## HOW WILL A PERSON KNOW IF HE SHOULD SEEK COUNSELLING?

Good mental health is the absence of mental illness. That would be similar to saying that good physical health is the absence of physical illness. Most people, especially the young and energetic do not have any physical illness. But most of them are stealthily suffering from some kind of mental ailments. They often look normal, but suffering inside. Most of the psychological diseases are minor in nature and we can overcome by proper psychological counselling. However, many of us don't know the appropriate time to seek the help of the counselor and they get their conditions worst. Hence, if you are experiencing any of the following, it would be better to pursue the help of the qualified psychological counselor.

### **Do you feel helpless and hopeless?**

- Are your personal issues interfering with sleep, eating habits, concentration, academic performance and relationships?
- Are you persistently worried?
- Do you feel depressed, lethargic or apathetic?
- Do you have thoughts of suicide or wanting to harm yourself?
- Have your irritability /angry outbursts increased?



*By  
Major General Keerthi Kottawatta (Rtd)  
RWP RSP USP*

- Are you having difficulty in making decisions?
- Do you feel you have lost control of your life?
- Do you feel harm somebody?
- Are you perpetually sad?





# SPORTS

## We lead the sports too...

### *Sri Lanka Light Infantry Para Beach Volleyball Team Won the Championship of the Tournament*



The Army Para-Beach Volleyball Tournament championship was won by players in the Sri Lanka Light Infantry (SLLI) pushing Special Forces (SF) players to be the Runners-up and Sri Lanka National Guard team to be the 2nd Runner-up. Staff Sergeant Priyankara M W (SLLI) was awarded as Best Setter, Sergeant Bandara H M S (SF) was the Best Attacker and Corporal Gamage G K D (SLLI) was the Best Player of the tournament. The Sri Lanka Engineers organised the Inter Regiment Army Para-beach volleyball competition in the artificially done beach patch at Panagoda inside the 1 Field Engineer Regiment Beach Volleyball Court from 23 to 24 July 2022. The competition coincided with the 23<sup>rd</sup> Inter Regiment Para Competition 2022 of the Army.

Brigadier M P K Madurapperuma RSP USP psc Centre Commandant, Sri Lanka Engineers, Officers and Other Ranks witnessed the final match.

### *A Gold Medal in the 17th National Wushu Championships*



17th National Wushu Championships-2022 which was conducted by the Wushu Federation of Sri Lanka held from 30 March to 2 April 2022 at Sports Complex Indoor Stadium, Rathnapura.

Recruit Bhagya B M H from Sri Lanka Signal Corps represented Army Wushu Team in the competition and won the Gold medal in the Sunshu Optional Event and Bronze Medal for the 3rd place in the Changquan Event.



## Inter Regiment Para Wheelchair and Cycle Competitions Began



The Inter Regiment Para Wheelchair and Bicycle Competition, organised by the Headquarters Battalion of Gajaba Regiment was held at Rambewa, Anuradhapura on 3 July 2022 to coincide with the 23rd Army Para Games. 9 wheelchair competitors and 11 cyclists competed in the events representing 6 Regiments.

1st place of the Wheelchair Marathon was won by Lance Corporal Rathnayake H M of Gajaba Regiment. 2nd Place was won by Corporal Priyangika W R U of Sri Lanka Light Infantry and 3rd place was won by Lance Corporal Galahitiyawa G G S of Gemunu Watch. In the cycling competition, 1st place was won by Corporal Kumara G P I R of Sri Lanka Sinha Regiment. 2nd place was won by Sergeant Wasantha A G N of Gajaba Regiment and 3rd place was won by Corporal Jayasingha J L of Gemunu Watch. Many Officers and Other Ranks witnessed the event.

## Army Canoeing Team Maintained its Unbroken Championship



Sri Lanka Army participants clinched the overall championship at the National Canoeing and Kayaking Competition - 2022. The event was organised by Sri Lanka Canoeing and Kayaking National Association, at Diyawanna waters from 3 to 5 June 2022.

Sri Lanka Army players (male) won 10 Gold medals, 8 Silver Medals and 4 Bronze Medals in the tournament to claim the Championship. Meanwhile, Sri Lanka Army women players grabbed 8 Gold Medals, 2 Silver Medals and 1 Bronze Medal winning the Championship in the national tournament.



## Sri Lanka Signal Corps Became Second Runners-Up at Inter Regiment Netball Championship – 2022



Inter Regiment Netball Team Championship – 2022 held at the Panagoda Army Indoor Stadium from 22 June 2022 to 30 June 2022 with the participants of seven teams. Players of the Sri Lanka Signal Corps won the second runners up in the tournament. Lieutenant General H L V M Liyanage RWP RSP ndu Commander of the Army, graced the event as the Chief Guest, and Major General H M L D Herath RSP USP psc Chief Signal Officer of the Sri Lanka Army and the Colonel Commandant of Sri Lanka Signal Corps witnessed the finals.

## South Asian Cross- Country Championships - 2022



South Asian Cross-Country Championship and 56th National Cross Country Championship were organised by the Nagaland Athletics Association under the Athletics Federation of India on 26 March 2022. S/287005 Sergeant Nidarshani W M N participated in the Women's Cross Country Team Event and won the 2nd place. Sri Lanka Cross Country athletic team was able to secure the 8th place in the overall Championship.



## Wheelchair Tennis Championship Secured by Gemunu Watch



The Gemunu Watch (GW) wheelchair tennis players who competed with their counterparts of the Sri Lanka Artillery, Sri Lanka Sinha Regiment, Gajaba Regiment, Vijayabahu Regiment and Commando Regiment emerged as the winners carrying away the championship in the Army Inter Regiment Tennis Tournament – 2022 which was held at Sri Lanka Light Infantry Regimental Headquarters premises from 11 – 12 July 2022. Tennis players of the Sri Lanka Sinha Regiment and Sri Lanka Artillery won 2nd and 3rd places in the tournament. Brigadier H H K S S Hewage RWP RSP USP psc Centre Commandant, Sri Lanka Artillery (SLA) attended the awarding ceremony as the Chief Guest along with several Staff Officers of the Sri Lanka Artillery Regimental Centre.

## Sri Lanka Sinha Regiment Team Won 23rd Inter Regiment Para Archery Tournament



The final rounds of the Sri Lanka Army's 23rd Inter Regiment Para Archery Tournament was held at the Regimental Centre, Sri Lanka Sinha Regiment (SLSR) in Ambepussa on 08 July 2022. The event was organised by the Headquarters Battalion of the Sri Lanka Sinha Regiment.

The Archery teams of the Sri Lanka Light Infantry (SLLI), Sri Lanka Sinha Regiment, Gemunu Watch (GW), Gajaba Regiment (GR), Vijayabahu Infantry Regiment (VIR) and Special Force (SF) Regiments participated in the finals of the Para Archery Championship.

The Sri Lanka Sinha Regiment Team (SLSR) defeated the Sri Lanka Light Infantry team to secure the trophy as Army Para Archery Champions for 2022.

Brigadier M P N A Muthumala USP psc Centre Commandant, Sri Lanka Sinha Regiment graced the awarding ceremony as the Chief Guest along with all the Officers of the Regimental Centre, Sri Lanka Sinha Regiment. During the awarding ceremony, Major General H R Wickramasinghe (Rtd) and Colonel V V W S Amarasiri Deputy Centre Commandant of Sri Lanka Sinha Regiment gave away the medals to the recipients at the ceremony and Chief Guest presented the award to the Champions of the tournament.



## ***Sri Lanka Light Infantry Grabbed the Para Indoor Rowing Championship***

Sri Lanka Light Infantry Regiment's (SLLI) Headquarters Battalion rowed during the Inter Regiment Para Indoor Rowing Tournament which was held from 19 to 20 July 2022. The event was organised to coincide with the Army Para Games at the Physical Fitness Training School in Army Cantonment, Panagoda with the participation of 29 differently-abled War Heroes of 7 Regimental Headquarters Battalions. Sri Lanka Light Infantry Regiment's (SLLI) Headquarters Battalion won the first place, pushing the Vijayabahu Infantry Regiment's Headquarters Battalion team and the Special Forces Regimental Headquarter's Battalion team respectively as runners up. Sergeant Ruwanthilaka of Vijayabahu Infantry Regiment won the Best Player award.



## ***Gajaba Regiment Players Won Championship in Para Badminton***



Para-Badminton Tournament championship was won by players of the Gajaba Regiment grabbing 03 gold medals, 1 silver medal and 3 bronze medals pushing Vijayabahu Infantry Regiment players to be the Runners-up. The Regimental Headquarter's Battalion of the Gemunu Watch organised the Inter Regiment Para-Badminton Competition at Panagoda indoor stadium from 14 to 15 July 2022 to be in line with the 23rd Inter Regiment Para Competition 2022 of the Army.

Brigadier R B Benjamin RSP USP Director, Directorate of Army Band and Performing Arts attended the awarding ceremony as the Chief Guest on 15 July 2022. Brigadier W B J K Wimalaratne RWP RSP Centre Commandant of Gemunu Watch, Senior Officers, and Other Ranks witnessed the awarding ceremony.

## ***Vijayabahu Infantry Regiment Headquarters Battalion Became Champions at the Table Tennis in Para Games***

The Table Tennis tournament of the Army Para-Games got underway at Army Indoor Gymnasium, Panagoda on 12 July 2022. The event was organised by the Headquarters Battalion of the Sri Lanka National Guard (SLNG).

Competitors representing six regiments participated in the competition. The Vijayabahu Infantry Regiment players of the Headquarters Battalion won the championship. Sergeant Ruwanthilaka H M C of Headquarters Battalion, Vijayabahu Infantry Regiment was adjudged the best player. Headquarter's Battalion, Gajaba Regiment became the runner-up while Headquarters Battalion Sri Lanka Light Infantry awarded as 2nd Runner-up.





## Educative Lecture on War Literature at Signal School, Buwelikada



A lecture on war literature was held at Signal School, Buwelikada on 30 July 2022 with the participation of 137 Other Ranks who had followed Basic Signal Course No. 127. Colonel Dilantha Fernando USP psc Commandant, Signal School, Buwelikada together with the instructors attended to witness the lecture. Lieutenant Colonel Sujith Chaminda Edirisinghe the editor of Ranaviruwa magazine produced by Directorate of Psychological Operations conducted the thought-provoking lecture sharing his first hand experiences he collected as a veteran Army Officer. The lecture was aimed to educate the troops of Sri Lanka Army on the valorous dedication and sacrifices that the Great War Heroes had made over the history. The memorable experiences and act of gallantries of War Heroes which had been forgotten by the community was illustrated during the lecture in an enthusiastic manner.

## *Ode to a Bellator*

Greater and Patriotic as I was told  
The battle of valour as I was heard  
Soldiers marched together with Regiments  
Far away from own to the land of unknown

The bond they shared the family they call  
The lives they saved the pride they earned  
The sky was blue and the grass still green  
The hope so high but the stretches were red

The snipers met armours so does the soldier  
Run far to hide crossing the walls and tunnels  
Laments so heard but not the whisper of hope  
Nights slowly fall though battles never fall

Troops yet march though they heard screams  
Grenade scares the wound while bullets shudders the soul  
Slay roars aloud the thunderbolt shakes dream  
The bodies up in arms to hear their command

Bullets run through while Parades are marching  
Cover no escape when the destiny calls you  
Days are numbered but the hands seek the trigger  
Fire no end while bullets take lives

Someone's beloved son or husband  
Laying buried far away from home  
They died in Battle near Nanadikadal  
War interpreted the meaning of their lives

No books or songs to honour the names  
No walls slay tall no prayers or moun  
No guests no flowers no military bands played  
The dust and uniform comforts the legend

*By Captain Lakmali Kudaligama SLAGSC  
Directorate of Psychological Operations  
Army Headquarters*







# **"I greatly respect the War Heroes those who sacrificed their lives for their motherland"**

*says Veteran Film Director Udayakantha Warnasuriya*

Udayakantha Warnasuriya is a director par excellence of some of the most popular Sri Lankan Sinhala films which became box office hits such as Randiya Dahara, Rajya Sevaya Pinisai, Ġini Aui Saha Ġini Keli, Asai Man Piyabanna, Paya Enna Hiru Se, Hiri Poda Wessa, Yakada Pihatu, Ran Kevita, Bahu Baarya, Rosa Wasanthe, Diya Yata Ġindara, Challengers and etc. Also, he is one of the renowned successful directors related to the Sinhala Cinema Industry. However, with the intention of discussing about the feature film "Ran Diya Dahara" which based



By Lieutenant  
Duminda Senarath  
SLAGSC  
Directorate of Media  
Army Headquarters

on a story script of an Army Officer that he had directed, we did a press interview with him for the benefit of our readers of the "Ranaviruwa" Magazine. This exclusive feature article was written based on the facts which he has given during the press interview with him.



**Question : -**

Aftermath of the World War II, it was observed that number of movies were produced based on the true stories and incidents which occurred during the period of the War. But when compare this situation to Sri Lanka, we also had a humanitarian operation during the ethnic conflict which prolonged nearly 3 decades and simultaneously apart from very few movies, we couldn't see that sufficient numbers of movies has being produced based on true events which happened during that era, so as a veteran film director, how do you describe the situation?

**Answer : -**

Actually I too accept that though there were many movies were being produced after the World War II, there aren't sufficient number of movies which were produced based on the humanitarian operation during the ethnic conflict in Sri Lanka. However, what I noticed is that, there are some reasons behind this. Also, while considering the facts and figures, we could clearly see that the ethnic conflict which was in Sri Lanka was occurred between two groups of the country. Thus it's obvious that both parties inclusive of Tamil community and Sinhalese majority are citizens of Sri Lanka. If I'm going to further elaborate, this could be also considered as a conflict which occurred between two groups of the same country. Therefore, if we are going to produce a movie based on such a situation, definitely we have to face social and righteous issues. Unlike a face to face war, when you are going to make a movie based on such circumstance it is rather sensitive as it is a part of lives of the community in Sri Lanka. Also, when we do a film, then again we have to face the issues related to censoring (Examine officially and suppress unacceptable scenes from the movie) Therefore, it's a great challenge for a film maker to produce a movie related to the war. Also, another biggest challenge for a film director is to find a good producer who can bear up the entire budget of the whole production of the movie. As we all know that there isn't a big market for us in the International Market, we are in a feeling of an uncertainty that we could recover the basic cost of the production that we have spent initially while making the movie. So according to my point of view, these issues could be the reason that there are only few number of war related movies being produced based on the humanitarian operation during the ethnic conflict in Sri Lanka.

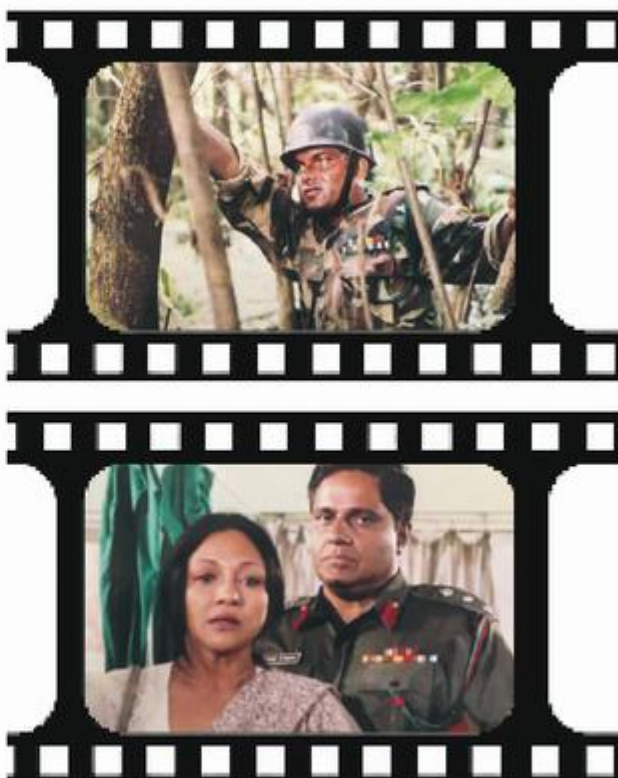
**Question : -**

We know that you have produced number of films which became most popular and box office hits while lifting your name as a successful movie maker in the Commercial Film Trade in Sri Lanka. Also, you are the director of the movie "Ran Diya Dahara" which produced based on a story script which written about an Army Officer in Sri Lanka

Army. So what made you to direct a movie based on such story script?

**Answer : -**

Well, I must mention that the movie "Ran Diya Dahara" was one of the films of my movie making career which I had collected lots of memorable and enjoyable experiences. Also, this movie was made based on some of the true incidents which occurred during the ethnic war in Sri Lanka. However, whether the movie "Randiyadahara" has story which related to Sri Lanka Army, I don't consider that it is a film which has a direct influence or which further elaborate on the Eelam War and also it doesn't have any sort of a connection between the Basic Falk and intellectuality flow of Sri Lanka. But the story script of the movie was created in a sympathetic manner on an Army Officer who was brutally tortured and undergone lots of inhuman harassments after he was captured alive by LTTE Carders. The particular character of the Army Officer was played by the veteran film actor Kamal Addararachchi. Also, the film is basically about a woman who is scrambled with lots of financial issues. She tries to overcome her financial burdens through very risky and inappropriate ways and the film is inclusive of thriller scenes as well. The story script of the film is revealing the bitter reality of the society. The characters of the Movie "Ran Diya Dahara" was played by the most popular and veteran actors and actresses such as Kamal Addaraarachchi, Geetha Kumarasinghe, Tony Ranasinghe, Jackson Anthony, Mahendra Perera, Sanath Gunathilaka, Henri Jayasena, Anula Karunaratne, Buddhika Jayaratne, Udula Dabare, and Milton Jayawardena. The artists inclusive of Jackson Anthony,





Mahendra Perera and Geetha Kumarasinghe won several awards in several film festivals for their contribution towards their characters of the movie "Ran Diya Dahara"

The movie "Ran Diya Dahara" was screened in 19 December 2004 and soon after one week, Sri Lanka was affected by the 'Tsunami' tragedy and also we couldn't screen the film in movie theaters due to this unexpected circumstance. Therefore, I inclusive of the producer of the movie had to bear up the heavy financial loss on the movie. Due to these reasons, film patrons loose the opportunity of watching the movie. But I still consider that the movie "Ran Diya Dahara" is a turning point in my cinematic career. However, the movie "Ran Diya Dahara" became an interesting topic and appreciated by most of the Sri Lankan film critics.

**Question : -**

It is also observed that the most of the film makers in Sri Lanka are producing very limited numbers of movies which based on a story script written on humanitarian operation in Sri Lanka. Also, if they are going to produce a movie, it is noticeable that the story script of the particular movie was written generating a negative impact and tarnishing the image on Sri Lankan Tri Forces. So as a veteran Film maker in the commercial trade, how do you describe the situation?

**Answer : -**

Actually, it's a fact that I too accept that there were only few number of movies were being produced based on the ethnic war in Sri Lanka. Also, among those films too, most of them criticise that there aren't any classic movies for their viewing pleasure. Having an Army for the security of the country can be considered as human and also a social requirement. However, in such situations, it's up to the director of the movie that in which concept and intention that he is going to direct it. Also, as a director of the movie, if he loose the sense of the Basic Falk Intellectuality Flow, there can be possibilities that he could be unsuccessful as a film maker. Personally I too do not have any intention of making movies which would affect its financial interests. However, I too have a dream of making a good movie based on the ethnic war which went nearly for three decades in Sri Lanka. But according to the prevailing financial crisis in the country, I cannot forecast and I'm also having a doubt of that I will be able to make my dream come true of making such a big budgeted movie based on the war in Sri Lanka.

**Question : -**

The Hollywood movies such as 'Commando, Rambo, The Delta Force, Air Force One, An Officer and a Gentleman, Police Academy, Tour of Duty are always boosting the image of the forces in United States of America. Also, to do such kind of movies, the film makers given the entire freedom and the relevant support by the relevant authorities

inclusive of using the helicopters, Air Crafts, Tanks, Submarines, War Ships and sometimes additional troops to use as extra artists by the government of the United States of America.

**Answer : -**

As you mention, not only in America, But I can see the same situation in India as well. But they too, are producing such kind of big budgeted movies in a manner in accordance with the basic Falk intellectuality flow of their countries. Otherwise the movie is going to be an utter failure. Once we see the film, we can observe strictly boosted characters in such Hollywood films. If you take the story script of the movie 'Rambo' as an example, though he is a soldier, it's about a thriller story of an ex-soldier who engaged in a struggle after he was humiliated as a result of side effects of the war. Also, when we try to make such big budgeted movies, the support that we are getting from the government side is not in the satisfactory level. Further, according to the prevailing rules and regulations of the government, most of the times we find really hard and have to undergo lots of difficulties at the time when we try to get a revolver or a pistol for a shooting scene of a movie. Regarding this issue, I too personally had number of experiences. What I believe is that such movies should be made to enhance the image and prestige of the Army as well as its soldiers those who sacrificed their precious lives behalf their motherland. Another good example is the war hero "Hasalaka Gamini" who sacrificed his life after blowing the bulldozer belongs to LTTE by tossing two grenades. So as movie makers, if we can get the support of the government and the necessary equipment's of Tri forces, we could do a great movie from the story of 'Hasalaka Gamini'. However, to make this dream in to reality, we need to have good story script writers as well.

**Question : -**

According to your point of view, what sort of facilities could be granted by the government or the relevant authorities to the film makers to enhance the image of our war heroes and also the prestige of Tri Forces?

**Answer : -**

Actually, the government or the relevant authorities should give their maximum support to anyone that if he is going to make a movie based on a story related to the war or the humanitarian operation in Sri Lanka which will enhance the image of the tri forces. But unfortunately, as I mentioned earlier, it's very hard and sometimes gets long duration for us to get a firearm from the relevant authorities even for a shooting scene of a movie. So, for the convenience of the movie makers, there should be a certain method of getting the necessary support and the permission related to the relevant equipment inclusive of firearms, magazines, uniforms, Army vehicles,



Tanks, air crafts and helicopters in a convenient manner. Specifically, I must mention that the most important fact is that, the film maker should have the opportunity of creating his film in a freely manner. Why I am telling you this is that, there is already a process in progress in order to get necessary war equipment's with the assistance of the troops of Tri Forces after getting the approval for the film script from the relevant authorities of the government.

**Question : -**

As a veteran film maker, how do you define the service which rendered by the members of Sri Lanka Armed Forces during the conflict with the LTTE which nearly went almost three decades?

**Answer : -**

Actually, I must mention that the half of my life inclusive of my youth was spent with the unpleasant incidents of the ethnic war in Sri Lanka. Also, the Sri Lankan Community had to suffer a lot and stayed with lot of pressure with the fear of death due to the inhuman activities of LTTE terrorists in that era. Another thing that what I believe is that, the Sri Lankan minority hadn't that sort of big issues with the majority of Sinhalese community. Also, there could be minor issues, but the majority of Sinhalese community does not have any intention of penalising or

hurting the Tamil community those who live in Sri Lanka. Therefore, according to my point of view, what I can clearly see is that this is an issue, which created by the LTTE and the Tamil Diaspora to fulfill their requirements. Also, I would like to express my gratitude towards the members in Tri Forces for the service that they rendered during the humanitarian operation in Sri Lanka.

**Question : -**

Finally, would you like to tell us something about the films that you are going to direct in near future?

**Answer : -**

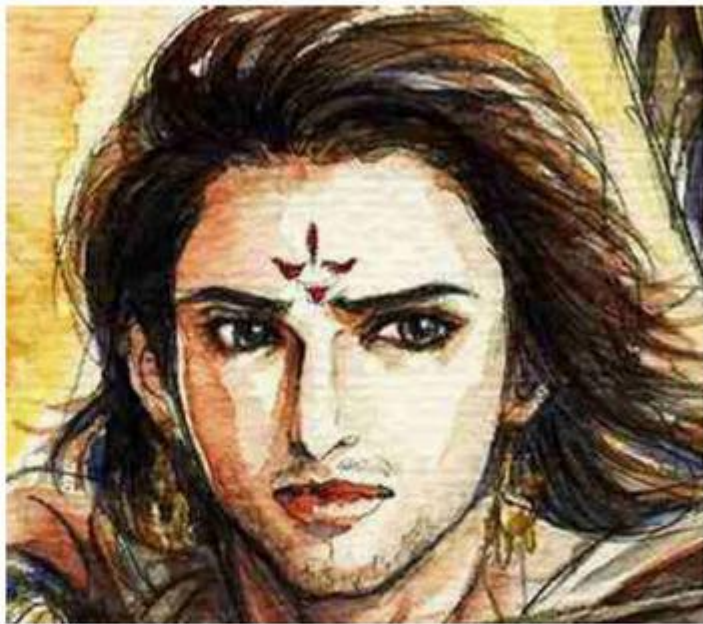
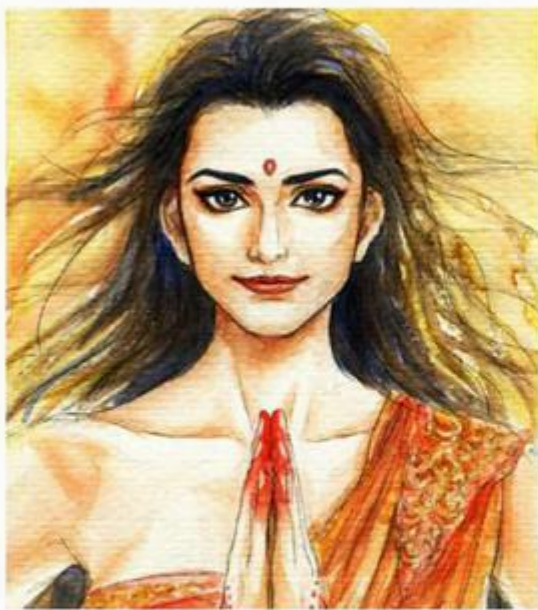
Well, at the moment I have already directed two movies which named as "Gindaree-3" and another movie called "Ridee Seenu" and both the films are lined up in the queue for the screenings. In addition, I have written lots of movie scripts based on the incidents related to the thugs and their activities of Under world. The movies "Gini Avi saha Gini Keli" 1 and 2 which directed by me was made according to the incidents of the underworld and both the films hit the box office records in the Sri Lankan Sinhala Cinema Industry. Once the present financial crisis in the country is over, I am planning to make similar types of exclusive movies out of the incidents from the underworld for the viewing pleasure of our cinema patrons.

## 12 Infantry Division Erected a New House for Deserving Family in Tissamaharama



With financial support given by the Basnayake Nilame of the Kataragama Maha Devalaya, a new house was erected for deserving family in Kawantissapura, Tissamaharama in the Area of Responsible 122 Infantry Brigade and vested in the beneficiaries during a simple ceremony held on 19 June 2022. Major General A H L G Amarapala RWP RSP ndc psc General Officer Commanding, 12 Infantry Division graced the event as the Chief Guest and vested the house key to Mr H S Suwandaratne, the beneficiary of the newly built house. The technical skills and engineering expertise for the construction were provided by the troops of 3 Sri Lanka National Guard. Brigadier P K W W MJ S B W Pallekumbura RWP RSP psc Commander 122 Infantry Brigade also attended the event.





# Karna and Arjuna (My swayamvar not swayamvar moment)

## Chapter Five



By  
Captain J G M R P Kumarihami SLAGSC  
Joint Service Language Training Institute  
Mawathura

The destined day arrived. Still no sign of a war. I breathed calmly while thanking the gods. The day will end as usual, I thought. No one, even myself doubted about it for a single moment. Charu helped me to get dressed for the occasion. Will Karna be there? Will he think I'm beautiful enough? When I saw my reflection on the mirror, I felt my face and ears burning.

"You look gorgeous Your Highness. No need to be shy." Said Charu as if she had read my thoughts.

"I'm not shy. Who says? By the way did Krishna come?"

"Yes your highness. He came early in the morning. He is with your father. I saw him." Said Charu while adjusting my veil.

Today I will put the garland around Karna and

choose him over the others as my husband. No one will be able to stop me from doing that. Not even Krishna. I thought happily.

At that moment the drum beating began and the Swayamvar was about to begin. Still Krishna didn't come to see me. He must be angry or else he has already given up his ridiculous idea of proposing Arjuna to me, I thought while getting down along the steps to the Swayamvar hall.

When I enter everyone except Krishna and my father rose in respect and greeted me. I too greeted back and sat down on the chair near to Krishna. I searched for Karna. But I couldn't find him anywhere.

"Who are you looking for? Arjuna? He is there Panchali. Look." Krishna showed Pandava brothers. They all were dressed like Brahmins. Not Kshathriya warriors. Nice disguise, I murmured to myself and turned to Krishna.

"So you finally came to my Swayamvar hah?" I asked while frowning.

"Of course my baby. How can I stay back when you are about to choose a husband?" Krishna answered smiling mischievously.

"Oh really. I don't know why you are paying this much of attention to my marriage. What's the reason?"

"It is my duty you know. As your best friend, I care for you more than anyone else."

"Hmm... What about your Vrindavan gopi? Has she left you?"

"No. I left her and came here to see you." He said looking at my eyes. I felt the concern in his tone.

"What's that thing? Why is there a pond?" I asked from him while pointing to the middle of the hall.

"Oh that's made for the contestants today. Those



who want to win your hand must shoot an arrow and kill that fish on ceiling. The fish is moving here and there you see. But they have to do it while looking at the reflection of the fish in this pond. They cannot look at the ceiling."

"Nice planning for a Swayamvar. Must be your idea." I said sarcastically.

"Of course you know. Only the best archer here can win your hand." He smiled again and looked at Arjuna.

At the signal of my father, the Swayamvar contest began. One by one except the Pandava brothers came to the middle of the hall and tried to shoot at the fish. But, nobody was able to fulfill the task. All this time, I searched for Karna impatiently. Finally, I saw him entering to the hall with a bow. My heart fluttered as he aimed at the fish. Suddenly, I heard Krishna shouting.

"Stop it Karna. You can't participate in this contest. You are not a Kshathriya. Panchali cannot marry a low born. She is the King's daughter."

Karna froze where he was standing. The shame was too much for him. His handsome face was reddened. Finally he walked away from the hall without looking back.

I rose and looked at Krishna. My body was trembling. I felt the tears in my eyes.

As I tried to spoke on behalf of Karna, my father stood up.

"Panchali sit down. This is not place a for a woman to speak."

I looked helplessly at Krishna. But he ignored me and summoned Pandava brothers for the contest.

Gandivdhari Arjuna took the aim finally. He succeeded while everyone cheered for him. Krishna was shouting happily. My father took my hand to escort me to Arjuna. I walked numbly. I didn't feel or heard anything. My mind was blank. My thoughts were silent as I put the garland around Arjuna's neck.

## Foundation Stone was Laid for New Accommodation Building at 11 Infantry Division



The cornerstone was laid for Other Ranks' Accommodation Building at 11 Infantry Division by Major General P S K Sanjeewa RWP RSP USP General Officer Commanding, 11 Infantry Division on 22 June 2022 amidst the religious observances. Officers and Other Ranks of the 11 Infantry Division participated in the event.

## Method of Instructions Course No. 57 Successfully Concluded

Method of Instructions Course No. 57 which was initiated by the Sri Lanka Army Combat Training School in Ampara with the intention to improve the instructing skills of Non-Commissioned Officers in Sri Lanka Army was concluded on 27 June 2022 successfully. 250 Other Ranks from Volunteer and Regular Forces participated in the course. S/704426 Lance Corporal Karunarathne K P N V 3 Sri Lanka Army General Service Corps was awarded as the best student of the Course. Brigadier J M R N K Jayamanna RWP Commandant of the Sri Lanka Army Combat Training School in Ampara graced the event and addressed the troops.





# Ranaviruwa Extends Heartiest Wishes for the Newly Appointed Officers



**Major General  
D B S N Bothota RWP RSP  
USP psc**

assumed the office as the  
Military Secretary of  
Sri Lanka Army  
Headquarters  
on 18 July 2022



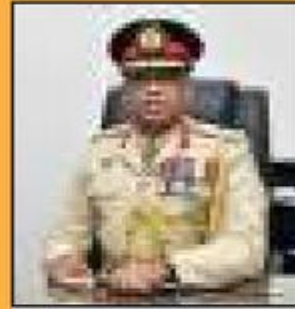
**Major General  
E A D P Edirisingha psc**

assumed the duties  
as the General Officer  
Commanding of  
65 Infantry Division  
on 1 July 2022



**Major General  
K P S A Fernando RWP RSP  
ndu**

assumed the duties  
as the General Officer  
Commanding of  
52 Infantry Division  
on 20 July 2022



**Major General  
M G W W M C B  
Wickramasinghe RWP RSP  
ndu psc**

assumed the office as the  
Adjutant General of  
Sri Lanka Army  
Headquarters  
on 20 July 2022



**Major General  
H M U Herath RWP RSP  
USP psc Hdmc**

assumed the duties  
as the General Officer  
Commanding of  
53 Infantry Division  
on 17 June 2022



**Brigadier  
S J Priyadarshana RWP  
RSP USP**

assumed the duties  
as the General Officer  
Commanding of  
66 Infantry Division  
on 20 June 2022



**Brigadier  
G W A Senevirathne  
USP psc**

assumed the office as the  
Director of  
Directorate of Research  
Concepts and Doctrine  
on 19 July 2022



**Brigadier Y A B M  
Yahampath RWP RSP psc**

assumed the duties as  
Commandant of  
Sri Lanka Army War  
College  
on 18 July 2022



**Brigadier  
M P N A Muthumala  
USP psc**

assumed the duties as  
the Centre Commandant  
of Sri Lanka Sinha  
Regiment  
on 15 June 2022



**Brigadier  
E M G A Ambanpola**

assumed the duties as  
the Director of  
Supply and Transport  
on 15 June 2022



**Brigadier  
K M N Kulasekara RWP  
RSP psc**

assumed the duties as  
the Commander,  
122 Infantry Brigade  
on 28 June 2022



**Brigadier  
I D D Fernando**  
assumed the duties  
as the Brigadier  
(Coordinating) (V)  
Security Forces  
(Mullaitivu)

on 15 June 2022





**Brigadier  
H M L K Amunugama**  
assumed the duties  
as the Brigadier  
(Coordinating) (V),  
Security Forces  
Headquarters (East)  
on 1 July 2022



**Colonel  
H A M Premaratne psc Lsc**  
assumed the duties as  
the Centre Commandant  
of Sri Lanka Army  
Service Corps  
on 29 June 2022



**Colonel  
K A S K Siriwardena RWP  
RSP USP**  
assumed the duties as  
the Commander of  
523 Infantry Brigade  
on 1 June 2022



**Colonel  
M P K L Amarasinghe  
WWV RWP RSP**  
assumed the duties as  
the Commander of  
572 Infantry Brigade  
on 10 June 2022



**Colonel  
Y M S C B Jayathilaka RSP  
USP**  
assumed the duties as  
the Colonel (Coord),  
58 Infantry Division  
on 2 June 2022



**Colonel  
U V W S Amarasiri**  
assumed the duties  
as the Deputy Centre  
Commandant,  
Sri Lanka Sinha  
Regiment  
on 13 June 2022



**Colonel  
E W M W K B Abeyratne  
RWP RSP USP psc**  
assumed the duties  
as the Deputy Centre  
Commandant,  
Sri Lanka Sinha  
Regiment  
on 11 July 2022



**Colonel  
C Wadusinghearachchi  
USP**  
assumed the duties as  
the Colonel General  
Staff,  
Security Force  
Headquarters (Central)  
on 11 July 2022



**Colonel  
L A R Gunaratne RSP USP  
IG**  
assumed the duties as  
the Deputy Director of  
Directorate of  
Psychological Operations  
on 1 July 2022



**Colonel  
D S N Jayawardena psc**  
assumed the duties as  
the Commandant,  
Independent Transport  
Squadron  
on 11 July 2022



**Colonel  
G A M Wickramasinghe**  
assumed the duties as  
the Colonel (Coord) (V),  
Security Force  
Headquarters  
on 9 June 2022



**Colonel  
T S B R Fernando**  
assumed the duties as  
the Civil Coordinating  
Officer,  
Security Force  
Headquarters (East)  
on 19 June 2022





**Lieutenant Colonel  
R M H P K Ratnayake**

assumed the duties as the  
General Staff Officer 1  
Directorate of  
Psychological Operations  
on 11 July 2022



**Lieutenant Colonel  
M M D S K Bandara psc**

assumed the duties as  
the Commanding Officer  
4 Sri Lanka Army Corps  
of Agriculture and  
Livestock  
on 02 June 2022



**Lieutenant Colonel  
G R R K S Jayarathne RSP  
psc IG**

assumed the duties as  
the General Staff 1  
Security Forces (Central)  
on 05 July 2022



**Lieutenant Colonel  
W D C C B Dissanayake**

assumed the duties as  
the General Staff 1  
(Quartermaster) Security  
Forces Headquarters  
(Mullaitivu)  
on 05 July 2022



**Major  
K E H Wickramanayake  
RSP USP psc**

assumed the duties  
as the Commanding  
Officer,  
6 Vijayabahu Infantry  
Regiment  
on 31 May 2022



**Major  
A A Ekanayake RWP RSP  
psc Lsc**

assumed the duties  
as the Commanding  
Officer,  
8 Sri Lanka Sinha  
Regiment  
on 27 May 2022



**Major  
M S A Wijayadasa RSP psc**

assumed the duties  
as the Commanding  
Officer,  
17 Gemunu Watch  
on 2 June 2022



**Major  
K N Indrajith USP Lsc**

assumed the duties as  
the Commanding Officer  
4 Sri Lanka Corps of  
Military Police  
on 9 July 2022

## 211 Infantry Brigade Gifted a New House for Deserving Family in Medawachchiya



The newly built house for Mrs. R Kumuduni Sriyani Rathnapala in Angunochchiya, Medawachchiya was vested in the beneficiary on 20 June 2022 during a simple ceremony, attended by Brigadier H W K N Eriyagama RWP RSP General Officer Commanding, 21 Infantry Division and Brigadier A M C R Wijayarathna RWP RSP Commander, 211 Infantry Brigade. The generous assistance to construct the house was extended by troops of 2 (V) Vijayabahu Infantry Regiment. Corps of Engineer Services provided technical and engineering expertise to the project. Medwachchiya Divisional Secretariat funded for the generous task. Commander, 211 Infantry Brigade, Officers and Other Ranks attended the warming ceremony with state officials.



**Vidusha Trishen**

son of S/11Q01930 Corporal  
Senarathne KDJ (11 SLNG) is  
celebrating his 6<sup>th</sup> Birthday



**Pahasara and Dineth**  
sons of S/21G00241 Corporal  
Rathnasiri AHBJ (2 GR) are  
celebrating their Birthdays



**Vinuka Gaweessa**  
daughter of Major RMAB Rathnayaka  
(DPA) son celebrating 7<sup>th</sup> Birthday

**Imesh Sashmitha**

son of S/21G0051 Cpl Kumara RMJC  
(2 (V) GR)  
celebrating his 5<sup>th</sup> Birthday

**Sandali Chethana**

daughter of S/2001710 Cpl  
Karunathilaka HANP (2 (V) SLAGSC)  
celebrating her the 10th Birthday and

**Dinith Idusara**

son of S/2001710 Cpl Karunathilaka  
HANP (2 (V) SLAGSC)  
celebrating his 3rd Birthday

**Gaurawa Ransith**

son of S/752158 WO Senarathne JC  
(3 CES)  
is celebrating his 4<sup>th</sup> Birthday

**Upek Senhiru**

Son of Lieutenant Colonel GD  
Wimalasiri RSP (Laya Waves-  
Kalkuda)  
celebrating his 7<sup>th</sup> Birthday

**Savinya Methsiluni**

daughter of Major DDS Lokukatagoda  
(ITC Minneriya) celebrating her 2<sup>th</sup>  
Birthday

**Dikshithya Suhasna**

daughter of Major MABU Morapitiya  
(HQBN) celebrating her 4<sup>th</sup> Birthday



# Happy Birthday to You.....



## 55 Infantry Division Helped Children in Kevil and Kaddeikadu to Improve Language Proficiency



With the intention to improve the English language proficiency of students in Kevil and Kaddeikadu villages in the Jaffna peninsula, troops of 55 Infantry Division initiated 'English Language Skill Development' programme to teach English for students of Grade 6 – 9 on 16 July 2022. The programme came into reality under the conceptual layout of Major General M K U P Gunaratne RSP ndu psc IG. The programme was held by Captain Suneth Rathnayake English Instructor at 55 Infantry Division.

### RANAVIRUWA

COMPUTER FONTS, COVER DESIGN AND PAGE LAYOUT

S/ 752158 WO11 Senarathna GC - 3 CES  
S/ 753797 Cpl Kumarasinghe MGAM - 11 CES  
S/ 754676 L/Cpl Lakshilina WR - 11 CES

#### RANAVIRUWA ADDRESS

Ranaviruwa  
Directorate of Psychological Operations  
Army Headquarters  
Sri Jayawardenepura, Sri Lanka.

#### EMAIL

dtepsyops@army.lk  
ranaviruwa@yahoo.com

#### TELEPHONE

+ 94 011 2993076

#### ARMY MICRO

51445/51446

#### READ ONLINE



#### PUBLICATION

Directorate of Psychological Operations  
Sri Lanka Army



#### SUPERVISION

Brigadier  
KTP de Silva RSP psc



#### ADVISOR

Lieutenant Colonel  
RMHPK Ratnayake



#### EDITOR

Captain  
KVN Lakshika SLAGSC



#### SUB EDITOR

Captain  
HLU Lakshika SLAWC



## *Inter Regiment Netball Team Championship – 2022*

The finals of the Inter Regiment Netball Team Championship – 2022 which was held with the participation of 7 Netball teams from 22 – 30 June 2022 at the Army Indoor Stadium, Panagoda on 30 June 2022. Lieutenant General H L V M Liyanage RSP USP ndu Commander of the Army, graced the event as the Chief Guest and witnessed the sporty event of energy.

Sri Lanka Army Women's Corps A and B teams competed each other in the finals in an impressive manner. However, the Sri Lanka Army Women's Corps 'A' team players after a neck-to-neck encounter scored the victory to 21/15 qualifying to claim the Championship for the year. Meanwhile, Sri Lanka Army Women's Corps 'B' Team was the runner-up of the event and Sri Lanka Signal Corps was the second runner up.

Lieutenant General H L V M Liyanage RSP USP ndu Commander of the Army together with Mrs Janaki Liyanage President, Army Seva Vanitha Unit joined in the award of trophies to the winners in all categories.

Chief of Staff, Deputy Chief of Staff, Commandant, Sri Lanka Army Volunteer Force, Commander, Security Forces (West), Senior Officers, Spouses of Senior Officers and Other Ranks witnessed the final match.







## *Unshaken Bond of Aid at the Tough Hour*

The challenges have no prior alarm. There is no room for delay at the earnest hour when the challenges are knocked at the door step of the soldier. They had to stand and take the right decision instantly without any delay in such occasion. Presently, our victorious War Heroes are engaged in such task. Their sincere attempt is exclusively to protect us all.