

**BASIC MATERIAL REQUIRED FOR SPORTS MEDICINE WING IN SRI
LANKA ARMY 2022**

Sr No	Material & Specification	Annual req. decided by the board 2023	
DAMPS/TENDER/2023/182			
1	Kinesio/ Muscle Tape - Stretch, Adhesive & Water-resistant tape (5cm x 5m) Colors – Black,Blue,Purple,Green, Yellow	2893	Nos
2	Rigid Tape (38mm x 13.8m) - Zinc oxide athletic trainers' tape 100% cotton back cloth high tensile strength (38mm x 13.8m) Colors – Brown	2638	Nos
3	Elastic Adhesive Bandage - Tensoplast, Elastic Adhesive Bandage 5.1 cm x 4.6 m	100	Nos
4	Under Wrap - Pre-taping foam underwrap helps protect skin from tape, Can be used to keep hair out of face, holds pads and socks in place, and as a protective wrap inside athletic footwear Size 6.9 cm x 27.4 m	100	Nos
DAMPS/TENDER/2023/183			
1	Coolant Cold Spray (L) - Non-medicated spray to cool skin fast Helps relieve pain and swelling 255,1g aerosol spray Size: 09 oz	523	Nos
2	Ice Bag - 9 inch Capacity 1qt.946ml, Made of Latex free material, Color: Blue	500	Nos
3	Reusable beaded hot/cold pack - Hot/ cold therapy , Reusable, flexible and shapes to the body	15	Nos
4	Tape & Tuffner Remover Spray - Citrus scent in 283 g	200	Nos
5	Pre Tape Spray - 283 g aerosol spray	50	Nos
6	Muscle Cooling Gel - Sports Power Gel , Support therapeutic sports gel muscle pain relief, It helps to relieve stiff muscle and improve your sports performance before and after the sports activities, Topical application blue color liquid base -150ml	100	Nos
7	Massage Cream - Emollient formula,odourless, greaseless lubrication for massage 437ml	2099	Nos

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DAMPS/TENDER/2023/184			
1	Silicon insoles - Full length soft heel silicon insoles (M)	30	Pair
2	Silicon insoles - Full length soft heel silicon insoles (L)	40	Pair
3	Silicon insoles - Full length soft heel silicon insoles (XL)	30	Pair
4	Silicon insoles - Silicon Heel cups (M)	30	Pair
5	Silicon insoles - Silicon Heel cups (L)	30	Pair
6	Silicon insoles - Silicon Heel cups (XL)	20	Pair
7	Silicon Insoles - Silicon arch pads (M)	10	Pair
8	Silicon Insoles - Silicon arch pads (L)	10	Pair
9	Silicon Insoles - Silicon arch pads (XL)	10	Pair
DAMPS/TENDER/2023/185			
1	Wrist & Thumb Support/Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (Medium) Color - black	5	Nos

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2	Wrist & Thumb Support/Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (Large) Color-- black	5	Nos
3	Wrist & Thumb Support/Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (XL) Color - black	5	Nos
4	Elbow support/ Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (Medium) Color - black	5	Nos
5	Elbow support/ Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (Large) Color- black	5	Nos
6	Elbow support/ Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (XL) Color - black	5	Nos
7	Knee support/ Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (Medium) Color - black	10	Nos
8	Knee support/ Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (Large) Color-- black	10	Nos

Sr No	Material & Specification	Annual req. decided by the board 2023	
9	Knee support/ Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (XL) Color - black	10	Nos
10	Thigh support/Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (M) Color - black	10	Nos
11	Thigh support/Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (L) Color - black	10	Nos
12	Thigh support/Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (XL) Color - black	10	Nos
13	Shin Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (M) Color - black	10	Nos
14	Shin Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (L) Color - black	10	Nos
15	Shin Splint - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (XL) Color - black	10	Nos
DAMPS/TENDER/2023/186			Nos

Sr No	Material & Specification	Annual req. decided by the board 2023	
1	Ankle support/ Splint - Steel springs help support both sides of the ankle Nylon tricot/foam lining with reinforced eyelets Fits left or right (Medium) Coor- black	10	Nos
2	Ankle support/ Splint - Steel springs help support both sides of the ankle Nylon tricot/foam lining with reinforced eyelets Fits left or right (Large) Color- black	10	Nos
3	Ankle support/ Splint - Steel springs help support both sides of the ankle, Nylon tricot/foam lining with reinforced eyelets Fits left or right (XL) Color - black	10	Nos
4	Back splint (Lumbar-sacral support) - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (M) Color - black	10	Nos
5	Back splint (Lumbar-sacral support) - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (L) Color - black	10	Nos
6	Back splint (Lumbar-sacral support) - Extreme comfort and lightweight support with lightweight performance materials to enhance all phases of activity (XL) Color - black	10	Nos
7	Ice Wrap - 4" or 6" plastic film on a roller makes wrapping a one-handed task. Provides compression while clear film allows inspection of injury.	15	Nos
8	Paraffin wax for wax therapy machine (kg)	5	Nos
9	Tear light tapes (Hand tearable) - size : 3" x 7.5m roll Color : white /brown	700	Nos

Sr No	Material & Specification	Annual req. decided by the board 2023	
10	Tear light tapes (Hand tearable) - size :2" x 7.5m roll Color : white /brown	700	Nos
Total Price Rs.			